

MOVEMENT SCIENCES



MEd

Physical Education



Moscow

Face-to-Face
Teacher
Certification



Online

Advanced
Practice

University of Idaho

College of Education,
Health and Human Sciences

**MOVEMENT SCIENCES**

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The [Department of Movement Sciences'](#) (MVSC) faculty and staff welcome you to the [University of Idaho](#) MEd Physical Education Program. We are excited that you have chosen to advance your professional knowledge in order to explore, discover, and engage in the MVSC profession. Your professional advancement and personal wellness are of high priority to faculty and staff, as your success and joy in life are central to the department. As our vision and mission statements indicate, we aspire to cultivate healthy and physically active lifestyles of all people in both their professional and personal lives. It is our desire that you will recognize these fundamental core aspects in the personal and professional lives of the faculty and staff, as we live our mission and seek our vision.

MVSC has a rich history at the University. Since 1909, the University has had a Department of Physical Education. In its early history, the men and women's departments were separate. In 1978, the men and women's physical education departments joined, thus the Division of Health, Physical Education, Recreation and Dance (HPERD) was established. HPERD was the department name until 2011, and the department name changed to Movement Sciences. In 2017, the college changed its name to the College of Education, Health and Human Sciences. In the 1960s and 1970s, the department's first master's degree programs were established. In the 1980s, the department developed its first specialization in the PhD in Education. Our most recent graduate program additions were the Doctorate in Athletic Training (2011), and the Master of Science in Athletic Training (2013). We are grateful to be a part of the great tradition of Physical Education and HPERD, and continue the outstanding tradition of preparing graduate students for advanced and scholarly practice.

The overarching goal of our graduate programs is for graduates to fulfill the departmental mission and to catch the vision. Graduate studies in MVSC will provide engagement in nationally and internationally recognized research, advanced content, leadership, and authentic environments. In order to connect with our students, we offer online, residential and combined program options. Graduate program options are at the master's and doctoral levels. All of our faculty have the background, skills and training to teach, research, and/or outreach in MVSC. We celebrate the diversity of background and knowledge our graduate students bring to the University of Idaho.

The department, [College of Education, Health and Human Sciences](#), and the [College of Graduate Studies](#) are here to foster and guide your educational experience at the University of Idaho. Contact us if you have questions about your graduate program of study.

Sincerely,

Philip W. Scruggs, PhD
Department Chair

MVSC GRADUATE DEGREES

The MVSC Department offers graduate degree programs at the master's and doctoral levels. Master's degrees offered are: MEd Physical Education (MEd PE); MS Athletic Training; and MS Movement and Leisure Sciences with specializations in Exercise, Sport and Health Sciences, Recreation, Sport and Tourism Management, and Physical Activity Pedagogy. Doctoral degrees offered are: PhD in Education with specializations in Exercise Science, and Healthy Active Lifestyles; and Doctorate in Athletic Training. This handbook will focus on the MEd PE with the program option of a master's plus teaching certification, and the option of online study for practicing teachers.

MEd PHYSICAL EDUCATION

Purpose

The MEd PE Program was designed for currently certified teachers or for those who are seeking physical education teaching certification. The MEd PE plus certification program prepares students to become highly qualified and certified K-12 physical education teachers. The MEd PE option for current teachers is 100% online and allows practicing teachers to complete advanced coursework at a distance.

Mission

We prepare physical education professionals to create, deliver and evaluate evidence-based programming aligned with professional standards that develops skillful movement, physical activity, fitness, health, and literacy.

Vision

To lead in developing the highest quality physical education professionals that cultivate healthy and physically active lifestyles within school-based settings.

Goal

Depending on your plan of study (i.e., certification and advancement, or advancement), physical education teaching certification or advanced practice, you will become more highly qualified to improve the physical activity behaviors, fitness and health of students, as well as school faculty and staff. Evidence-based and practice-based outcomes are central to learning experiences in the MEd PE Program.

Outcomes

The learning outcomes of the MEd PE Program are to:

1. Critically consume, produce and disseminate scholarship related to health active lifestyles, schools and communities;
2. Appreciate research and scholarly engagement related to healthy active lifestyles, schools and communities;
3. Identify and evaluate curriculum and instructional value orientations and models in relation to physical activity pedagogy; and
4. Analyze multiple assessment techniques, tools and technologies that inform teaching, learning and effective programming.

Uniqueness

The MEd PE plus certification program is a part of the Western Regional Graduate Programs, whereby students in WICHE states can attend the University of Idaho and pay resident tuition rates. The certification option provides rich authentic learning experiences in school settings. In addition, the MEd PE online option is available for practicing teachers to work on a master's degree from a distant location.

Non-Thesis

Students completing the MEd PE non-thesis, must complete a culminating project. The culminating project (e.g., PEP 502, 3 credits) will require students to: a) identify and summarize scholarly work on a current topic that must be approved by the major professor, b) develop and implement a program or intervention, c) generate scholarly work, and d) disseminate the findings (e.g., article). If a MEd student is seeking teacher certification, then an internship is required, in addition to a culminating project of 3 credits for the MEd PE. A thesis option is not available for the MEd PE Degree.

Major Professor

Physical Education Teacher Education Program faculty can serve as major professors in the MEd PE. A major professor is assigned upon acceptance into the MEd PE Program and a major professor is required for acceptance. A major professor change can take place anytime during a student's course of study. Changing a major professor may result in required changes to a plan of study. If a MEd PE student is awarded a departmental teaching assistantship, the student must have a MVSC faculty member as a major professor. See the [Major Professor and/or Committee Form](#)

Committee

Not applicable, See Major Professor

Faculty and Doctoral Teaching Assistants

Name	Contact Information	Specialization
Cate Egan, PhD	eganca@uidaho.edu	Physical Activity Pedagogy, Whole Community, School, Child
Philip Scruggs, PhD	pwscruggs@uidaho.edu	Physical Activity Pedagogy, Active Transport, Workplace Activity
Chris Merica, MEd PE	cmerica@uidaho.edu	
Andy Martin, MEd PE	akmartin@uidaho.edu	

Key Points for MEd Plus Certification

Students seeking teacher certification concurrently with the MEd PE should schedule a meeting with the Physical Education Teacher Education Program Coordinator as soon as possible upon acceptance into the program. The application to the Teacher Education Program can be obtained by emailing: coestudentservices@uidaho.edu. It is recommended that an application to teacher education be submitted as soon as possible upon meeting the entry requirements. Entry requirements for students with a baccalaureate degree are an overall GPA ≥ 2.75 and a "C" or better in the following coursework: 1) ENGL 102, 2) Core Math/Statistics, 3) COMM 101, and 4) EDCI 201. In addition, applicants will need to complete the following: 1) Cover Page, 2) Essay, 3) Interview with Advisor, 4) Recommendations, 5) Youth Protection Trainings, and 6) Code of Behavior and Background Check with Fingerprinting (includes a fee). Teacher education information can be found at: <https://www.uidaho.edu/ed/student-services/teacher-education-programs>. In addition to required coursework, students seeking teacher certification must pass the Praxis II exam.

Application Due Dates

Applications for the MEd Physical Education are accepted anytime during the calendar year. Priority application review deadlines are Feb. 1st, Sept. 1st and Feb. 1st for fall, spring and summer terms, respectively. U.S. applicant materials received after the priority deadline and prior to the term in which coursework is intended to commence can be reviewed, if additional students can be accepted into the program. International applicants must follow application submission deadlines due to the additional time required for processing materials. International application deadlines are May 1st, Oct. 1st and March 15th for fall, spring and summer terms, respectively.

Study Plans

The MEd online and MEd plus certification options have similar but unique study plans. Use the following links to access study plans: [MEd PE Online](#) or [MEd PE Teacher Certification](#). Students should meet with their major professor prior to registering for classes each semester/term. During the first semester, the student should meet with the major professor to develop and submit a study plan (see sample study plans below).

MEd IN PHYSICAL ACTIVITY PEDAGOGY

With K-12 Physical Education Certification

Location: Moscow Campus



University of Idaho

Department of Movement Sciences

WANT TO BE A PHYSICAL EDUCATION TEACHER?

The University of Idaho MEd in Physical Activity Pedagogy & Idaho K-12 Physical Education Certification is the newest addition to the Western Regional Graduate Program (WRGP). This means any student who is a resident of one of WICHE's 16 member states/U.S. territories, and is accepted into our program, will be **eligible for the resident tuition rate**.

Curricular Requirements:

Total Credits for Graduation: 30 Plus Certification

GRADUATE AND CERTIFICATION COURSES

PHYSICAL EDUCATION AND HEALTH (13 CRS)

PEP 412* Elementary Methods in Physical Activity Pedagogy *prereq: PEP 413* 3

PEP 421* Secondary Methods in Physical Activity Pedagogy *prereq: PEP 413* 3

PEP 424* Inclusive Physical Education and Recreation 3

H&S 523* School Health Methods & Administration 3

MVSC 486/586* Healthy Active Lifestyle Assessment and Intervention 3

EDUCATION (10CRS)

EDCI 201 Contexts of Education 3

EDCI 301 Learning, Development and Assessment 3

EDCI 563* Literacy Methods for Content Learning *prereq: EDCI 302* 3

EDCI 401 Internship Seminar 1

ADVANCED PEDAGOGY (12 CRS)

ED 574* Survey of Qualitative Research **OR**
ED 571* Introduction to Quantitative Research **OR**
ED 573* Action Research 3

PEP 502* Directed Study 3

PEP 523* Physical Activity Assessment and Enrichment 3

PEP 544* Program Development **OR**
PEP 522* Pedagogy Applied to Health, Physical Education, Recreation, and Dance 3

PRE-REQ CERTIFICATION COURSEWORK (37 CRS)

PEB 108 Water-Based Sports & Fit Act 1

PEP 107 Movement Fundamentals 1

PEP 132 Skill and Analysis of Striking and Net/Wall Activities 1

PEP 133 Skill and Analysis of Target and Invasion Activities 1

PEP 134 Skill and Analysis of Recreation and Outdoor Activities 1

MVSC 201 Physical Activity, Wellness & Behavior Change for Healthy Active Lifestyles 3

PEP 300 Applied Human Anatomy and Biomechanics *prereq: BIOL 120* 3

PEP 360 Motor Behavior *prereq/coreq: BIOL 120* 3

PEP 413 Foundations & Assessment in Physical Activity Pedagogy *prereq: MVSC 201, PEP 132, PEP 133, PEP 134* 3

PEP 418 Exercise Physiology *prereq: BIOL 121, MVSC 201* 3

PEP 484 Internship in Physical Education Teaching 1-14

H&S 245 Introduction to Athletic Injuries 3

First Aid & CPR current certification

Praxis in Physical Education

* These courses must be identified on a graduate study plan in order to count for graduation credit. Note. Credits beyond the 30 required for the MEd are dependent on previous coursework.

For More Information, Please Contact:

Dr. Cate Egan
eganca@uidaho.edu
(208) 885-1053

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CURRENT PHYSICAL EDUCATION TEACHERS

The **MEd Degree in Physical Activity Pedagogy** prepares graduates with the necessary skills to improve the physical activity behaviors, fitness, and health of K-12 students. Courses explore necessary subjects such as the teaching and evaluation of physical activity, exercise, fitness, and promotion of healthy lifestyles at school and in the community. This program is available 100% online and may be completed while employed.

Curricular Requirements:

Total Credits for Graduation: 30

RESEARCH (3 CRS)

ED 574 Survey of Qualitative Research OR	3
ED 571 Introduction to Quantitative Research OR	
ED 573 Action Research	

SPECIALIZATION COURSEWORK (15 CRS)

PEP 523 Physical Activity Assessment and Enrichment	3
PEP 522 Pedagogy Applied to Health, Physical Education, Recreation, and Dance	3
PEP 544 Program Development	3
H&S 523 School Health Education Methods and Administration	3
MVSC 586 Healthy Active Lifestyle Assessment and Intervention	3

ELECTIVES (9 CRS)

EDCI 524 Models of Teaching	3
PEP 530 Contemporary Issues in Health and Activity	3
PEP 570 Ethical Practice and Communication in Physical Activity	3
RSTM 525 Programming and Marketing in Movement in Leisure Sciences	3
RSTM 590 Experience and Event Management in Recreation, Sport, and Tourism Management	3

CULMINATING PROJECT (3 CRS)

PEP 502 Project	3
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MOVEMENT SCIENCES TEACHING ASSISTANTSHIPS

The awarding of teaching assistantships (TA) in MVSC is a competitive process. MVSC TA applications are obtained using the following link: <https://www.uidaho.edu/ed/mvsc/funding>. TA applications are due by **February 1st** for a fall start date. Applications are reviewed by the department chair and then made available to the department program faculty. Before awarding a teaching assistantship, the TA must be accepted into one of departmental graduate programs, with an assigned major professor; and have no conditions placed on admissions status (e.g., conditional admissions based on first semester GPA). All complete and eligible TA applications will be made available to the general faculty at least one week prior to the winter meeting.

For departmental TA awards, master's and doctoral students are competing for the same awards, and students enrolled in non-MVSC degrees are not eligible for a MVSC TA award.

The departmental TA for a master's student is intended to be a 1 to 2 year financial support mechanism, and yearly renewal is contingent upon satisfactory evaluation.

GENERAL GRADUATE STUDENT INFORMATION

Graduate Student Resources

COGS Website:	https://www.uidaho.edu/cogs
General Catalog:	https://catalog.uidaho.edu/colleges-related-units/graduate-studies/
Forms:	https://www.uidaho.edu/cogs/forms
GPSA:	https://www.uidaho.edu/cogs/resources/student-resources/gpsa
VandalCARE:	https://www.uidaho.edu/student-affairs/dean-of-students/vandalcare
TA Handbook:	https://www.uidaho.edu/-/media/UIDaho-Responsive/Files/cogs/BrochuresHandbooksGuides/Teaching-Assistant-Handbook.pdf
Library Services:	Interlibrary Load - https://www.lib.uidaho.edu/services/ill/ UI Library Search - https://www.lib.uidaho.edu/

Academic Performance

See the COGS [Probation, Disqualification, and Reinstatement](#) information in the General Catalog. Graduate students remain in good standing if the semester GPA and the cumulative GPA are 3.00 or higher, and receives a satisfactory annual review.

In order to be eligible for graduation, a candidate for an advanced degree must have a cumulative GPA, based on all grades on his or her graduate transcript, of at least 3.00 (A = 4.00) and at least a 3.0 overall GPA across all courses listed on the approved study plan. The relevant GPA is calculated as stated in regulation E. Courses in which grades of D or F are received may not be counted toward the satisfaction of degree requirements; however, those grades are included in the GPA.

Annual Review

The graduate student is responsible for initiating the annual review process with the major professor. Annual review form link for master's students: [Master's Student Annual Review Form](#). Annual review form link for doctoral students: [Doctoral Student Annual Review Form](#). The annual review should be completed and submitted by Mid-April. If a warning or a recommendation for dismissal has been issued, then the department chair will send the report COGS for review.

Safety and Integrity in Research

Protocol Approval: <https://www.uidaho.edu/cogs/student-resources/research/before-starting>

Conduct of Research: <https://www.uidaho.edu/apm/45/21>

Research Assurances: <https://www.uidaho.edu/research/faculty/research-assurances>

Conflicts of Interests: <http://www.webpages.uidaho.edu/fsh/5600.html>

<http://www.webpages.uidaho.edu/fsh/5650.htm>

Graduate Student Conduct and Conflict Resolution

Information concerning student conduct can be found using the following link:

<https://www.uidaho.edu/student-affairs/dean-of-students/student-conduct>

If a concern or conflict arises between a student and faculty member, or between a student and another student, the student with the concern should schedule a meeting with the given course professor or departmental employee in which there is a question and/or issue. If the issue is not associated with a given course, then the student should schedule a meeting with the major professor. If the student and other party in the department are not able to satisfactorily resolve the issue, then either the student and/or the other party can schedule a meeting with the Department Chair. If the student's issue is with the Department Chair, then the student should contact the College of Education, Health and Human Sciences Deans' Office. The student and/or department employee may also contact the Dean of Students Office and/or the [University Ombuds Office](#) concerning the issue at any step in trying to resolve an issue.

If the departmental employee and/or student is not able to resolve the issue with the Department Chair mediating, then either party may schedule a meeting with the College of Education, Health and Human Services Dean's Office.

FREQUENTLY ASKED QUESTIONS

Q 1. Is there a departmental attendance policy for all graduate students?

A. No. Each course instructor sets an attendance policy for a given course, or each degree program will set a specific attendance policy for the given program. Whether the policy is for a given course or program, it will be specifically stated in the course syllabus. The department follows the attendance policy outlined in the General Catalog. It is the student's responsibility to work with each course instructor concerning any absences from scheduled class sessions.

Q 2. For students in the MEd PE plus certification option, what is the approximate completion duration?

A. Students entering the MEd PE plus certification program, come from a variety of degree programs. Students with a baccalaureate degree in a Movement Sciences field of study, typically are able to complete the degree and certification requirements in less time. The typical range for completion duration is 1.5 to 2.5 years (i.e., assuming a full course load), including the culminating internship requirement. This range is typical for the completion of a master's degree.

Q 3. Can undergraduate courses be counted towards the MEd PE degree requirements?

A. Yes. The MEd PE Degree is a 30 credit hour program. Of the 30 credits, 18 credits must be 500 level courses. Twelve (12) credits of undergraduate coursework can be counted towards the MEd PE for the students in the plus certification option. The same 12 credits would also be coursework required within the certification requirements. See the example study plans for specific course work requirements.