



## Ada County Leader's Association Wristwatch Award

This award is presented to the outstanding 4-H member in Ada County to recognize outstanding achievement and stimulate interest among older 4-H youth. Qualified applicants must complete this application and return to the Ada County Extension Office by **October 4, 2013**.

### APPLICATION

Name \_\_\_\_\_ Age \_\_\_\_\_ Birthdate \_\_\_\_\_  
Address \_\_\_\_\_ Phone \_\_\_\_\_  
City \_\_\_\_\_ Zip \_\_\_\_\_ Years in 4-H \_\_\_\_\_  
Name of 4-H Club(s) \_\_\_\_\_  
Name of Parents/Guardian \_\_\_\_\_  
Approved by \_\_\_\_\_  
*Leader Signature*

### ELIGIBILITY

- 1) Member must have completed 3 or more years in 4-H and have passed his/her 14<sup>th</sup> birthday at the time of application.
- 2) The 4-H member's leader must approve and sign the application. A recommendation should be attached.
- 3) The member should have as close to 200 points as possible with the last 2 years to be eligible (2 year period may be any recent 2 year period. **200 points is a guideline, not a minimum.**)
- 4) A brief statement of the member's greatest leadership achievement in 4-H. 100 words or more.
- 5) Previous winners of this award are not eligible.
- 6) A selection committee will determine the wristwatch winner. Their decision does not have to be based solely on the grand total of points accumulated by applicants.

### PROCEDURE

- 1) Read the instructions in each section carefully before recording your achievements.
- 2) Include your most important achievements up to the maximum number allowed in each section.
- 3) Record appropriate points for your level of participation in the boxes behind each contest, activity, etc. Total points for each line in right hand column, then use the "TOTAL" column.







4. Project Participation

You may list 10 4-H projects taken in the last 2 years. Refer to the *First Security Foundation Wristwatch Award 4-H Project Points, #91807*.

YEAR	PROJECT	POINTS

TOTAL \_\_\_\_\_

5. If you were an officer in any 4-H organization and points were not earned elsewhere in this application, you may add the following:

Club (CL) 3 points    County (CO) 3 points    District (D) 4 points    State (S) 4 points

OFFICE	CL	CO	D	S	TOTAL

TOTAL \_\_\_\_\_

6. Attach a statement of 100 words or more about your greatest leadership achievement in 4-H during the last 2 years. A maximum of 30 points may be awarded by the committee.

Committee Awarded Points \_\_\_\_\_

POINT GRAND TOTAL \_\_\_\_\_

4-H Leader's Recommendation

It is suggested the leader's recommendation be submitted in a sealed envelope. Please be frank about the qualifications of this member. Thank you.

Issued in furtherance of cooperative extension work in agriculture and home economics, Acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture, A. Larry Branen, Acting Director of Cooperative Extension, University of Idaho, Moscow, Idaho 83844. We offer educational programs, activities and materials without regard to race, color, religion, national origin, gender, age or disability, or status as a Vietnam-era veteran, as required by state and federal laws.



## Wristwatch Award Program 4-H Project Points

Note: Projects are grouped according to the 8 project categories as listed in the *4-H Project Code for Idaho*. Points for each project or unit are indicated after the project. More advanced projects/units are worth more points. Projects recommended for members younger than 12 are not listed and should not be used to earn points. County projects may be listed if they are recommended for members over 12. County Office should assign points appropriate to the amount of time and effort needed to complete the project, using this list as a guideline.

### **Citizenship and Civic Education**

Exploring Citizenship, My Government  
(KYG), 1st or 2nd year, 20 pts.

Advanced Citizenship (KYG), 20 pts.

Power of the Press, 20 pts.

Exploring Citizenship, National Focus, 20 pts.

MY AMERICA: Building a Democracy  
(Video Series), any project, 12 pts.

Handwork from our Heritage (any topic),  
Units 1 or 2, 12 pts.; Units 3 and up, 16  
pts.

Bustin' the Barriers – Unit 1, 16 pts.; Units 2,  
3, 4, 20 pts.

Teen Leader (see Personal Development and  
Leadership Category)

### **Communications and Expressive Arts**

Public Speaking, 12 pts.

Leathercraft – Unit 1, 10 pts.; Unit 2, 12 pts.;  
Unit 3, 16 pts.

ABC's of Art – Unit 1, 12 pts.; Unit 2, 16 pts.

Photography – Adventures with Your  
Camera, Unit B, 12 pts.; Exploring  
Photography, 16 pts.; Optional focus  
Areas, 20 pts.

Theater Arts – Quest for Expression, 16 pts.;  
Voyaging Beyond, 20 pts.

### **Consumer and Family Sciences**

Child Development – Growing in  
Communities, 16 pts.

Clothing and Textiles – Ready, Set, Sew, 10  
pts.; Sew Some More, 12 pts.; Seams Sew  
Easy, Sew What, Favorites, Expressions,

16 pts.; Explorations, Outdoorwear,  
Western Wear, Tailoring, 20 pts.  
Sew and Have Fun!, 10 pts.; Sew Much More,  
12 pts.; Sew on and Sew Forth, 16 pts.  
Knitting – Phase 1, 10 pts.; Phase 2, 12 pts.;  
Phase 3, 4, 5, 6, 16 pts.  
Crochet – Phase 1, 10 pts.; Phase 2, 3, 12 pts.;  
Phase 4, 5, 6, 16 pts.; Phase 7, 8, 20 pts.  
Consumer Education – Discovering Choice,  
12 pts.; Managing Choice, 16 pts.

### **Environmental Education & Earth Science**

Geology – Pebble Pups, Unit 1, 10 pts.; Unit  
2, 12 pts.; Unit 3, 16 pts.

Forestry – Trees, 12 pts.; Forests, Find a Big  
Tree, Developing a Nature Trail, 16 pts.;  
Urban Forestry, Forestry Careers, Making  
Forestry Pay; 20 pts.

Wildlife – Unit 2, 12 pts.; Unit 3, 16 pts.; Unit  
4, 20 pts.

Survival – Unit 1, 10 pts.; Unit 2, 12 pts.;  
Unit 3, 16 pts.

Sportsfishing, 16 pts.

Shooting Sports (any topic) - Advancement  
Step 1, 10 pts.; Step 2, 3, 12 pts.; Step 4, 5,  
16 pts., Step 6, 7, 20 pts.

Waste Management – EM\* Power, 20 pts.;  
Recycle for Reuse, 16 pts.

### **Healthy Lifestyle Education**

Foods and Nutrition – Tasty Tidbits, You're  
the Chef, Yeast Breads, 16 pts.; Food  
Science, Int. Cake Decorating, 16 pts.;  
Foodworks, Specialty Breads, Adv. Cake  
Decorating, 20 pts.

Health –Teen Talk, 12 pts.; The Future, 16 pts.

Safety - ATV Rider Safety, 16 pts.

**Personal Development and Leadership**

High School Financial Planning Program, 20 pts.

Self-Determined (any subject), 20 pts.

Teen Leadership – Unit 1, 16 pts.; Units 2, 3, 4, 20 pts.

Advanced Leadership (4-H District and State Officers), 20 pts.

**Plants and Animals**

Beef - Stocker Feeder, 12 pts.; Market Beef, On the Moove, 16 pts.; Breeding, Leading the Charge, 20 pts.

Poultry – Turkey, Duck and Goose, Market Broilers, Testing Your Wings, 12 pts.; Egg Production, Flocking Together, 16 pts.

Cats – Climbing Up!, 12 pts.; Cat Connection, 16 pts.

Dogs – Unit 1, 10 pts.; Unit 2, 3, Canine Connection, 12 pts.; Unit 4, 5, 6, Leading the Pack, 16 pts.; Guide Dog Puppy, 20 pts.

Dairy Cattle – The Cow and Yearling, Mooving Ahead, 16 pts., The Cow, Leading the Way, 20 pts.

Goats – Unit 1, 2, 12 pts., Unit 3, 4, Stepping Out, 16 pts.; Unit 5, Showing the Way, 20 pts.

Horse – Pleasure Trail Riding, 12 pts.; Advancement Program Phase 2, Intermediate Pleasure Trail Riding, Competitive Trail, Hunter/Jumper, Horse and Pony Driving, Working Ranch Horse Unit 2, Galloping Ahead!, 16 pts.; Advancement Program Phase 3, Working

Ranch Horse Unit 3, Blazing the Way, 20 pts.

Rabbits – Pet, 10 pts.; Market, A Jump Ahead, 12 pts.; Breeding, Leaps and Bounds 16 pts.

Sheep – Market Lamb, Shear Delight, 16 pts.; Breeding, Flock, Leading the Flock, 20 pts.

Small Animals/Pocket Pets – Scurrying Ahead, 12 pts.; Scaling the Heights, 16 pts.

Swine – Market, 16 pts.; Breeding, Breeding Herd, 20 pts.

Crops – Small Grains Beginner, Field Beans Beginner, 16 pts.; Small Grains Advanced, Field Beans Advanced, 20 pts.

Gardening – Take Your Pick, Branching Out, 16 pts.; Digging Deeper, Growing Profits, 20 pts.

**Science and Technology**

Entomology – What’s bugging You? 12 pts.; Dragons, Houses, and Other Flies, 16 pts.

Veterinary Science – Unit 1, 12 pts.; Unit 2, 16 pts.; Unit 3, 20 pts.

Aerospace – Reaching New Heights, 12 pts.; Pilot in Command, 16 pts.

Bicycle – Bicycle Adventures, Unit 3, 16 pts.

Computer – Booting up, Unit 1, 12 pts.; Adding On, Unit 2, 16 pts.; Reaching Beyond, Unit 3, 20 pts.

Electricity – Wired for Power, 12 pts.; Entering Electronics, 16 pts.

Small Engines – Warm It Up, 12 pts.; Tune It Up, 16 pts.

Woodworking – Nailing It Together, 16 pts.; Finishing Up, 20 pts.

Arc Welding – 16 pts.

Issued in furtherance of cooperative extension work in agriculture and home economics, Acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture, LeRoy D. Luft, director of Cooperative Extension System, University of Idaho, Moscow, Idaho 83844. We offer educational programs, activities and materials without regard to race, color, religion, national origin, gender, age or disability, or status as a Vietnam-era veteran, as required by state and federal laws.