

Deer Resistant Native Plants

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Compiled by Cedar Mountain Perennials

There has been extensive research compiled on deer resistant plant varieties, but the results are mixed. What is called deer resistant in one study is called deer food in another. It is also stated that no matter how resistant a plant can be in one location, in another, that plant may be devoured. In other words, deer will eat just about anything, if it suits them. The following list may be used as a guideline for plants that are not generally favored by deer.

Ferns

Maidenhair Fern	<i>Adiantum spp.</i>
Lady Fern	<i>Athyrium spp.</i>
Shield Fern, Wood Fern	<i>Dryopteris spp.</i>
Sword Fern	<i>Polysticum spp.</i>

Grasses

Idaho Fescue	<i>Festuca idahoensis</i>
Needlegrass	<i>Stipa comate</i>

Perennials

Yarrow	<i>Achillea millefolium</i>
Monkshood	<i>Aconitum columbianum</i>
Hummingbird Mint	<i>Agastache cana</i>
Western Giant Hyssop	<i>Agastache occidentalis</i>
Wild Ginger	<i>Asarum caudatum</i>
Wild Onion	<i>Allium spp.</i>
Pearly Everlasting	<i>Anaphalis margaritacea</i>
Windflower	<i>Anemone spp.</i>
Littleleaf Pussytoes	<i>Antennaria microphylla</i>
Golden Columbine	<i>Aquilegia chrysantha</i>
Rocky Mountain Columbine	<i>Aquilegia caerulea</i>
Yellow Columbine	<i>Aquilegia flavescens</i>
Broadleaf Arnica	<i>Arnica latifolia</i>
Fringed Sage	<i>Artemisia frigida</i>
Prairie Sage	<i>Artemisia ludoviciana</i>
Milkweed	<i>Asclepias spp.</i>
Aster	<i>Aster spp.</i>
Bluebells	<i>Campanula rotundifolia</i>
Coreopsis	<i>Coreopsis spp.</i>
Purple Coneflower	<i>Echinacea purpurea</i>
Fleabane	<i>Erigeron spp.</i>
Sulphur Buckwheat	<i>Eriogonum umbellatum</i>
Wild Strawberry	<i>Fragaria spp.</i>
Blanketflower	<i>Gaillardia aristata</i>

Perennials (cont.)

Prairie Smoke	<i>Geum triflorum</i>
Orange Mountain Daisy	<i>Hymenoxys hoopsii</i>
Alum Root	<i>Huechera spp.</i>
Western St. Johnswort	<i>Hypericum scouleri</i>
Scarlet Gilia	<i>Ipomopsis aggregate</i>
Iris	<i>Iris spp.</i>
Blue Flax	<i>Linum lewisii</i>
Lupine	<i>Lupinus spp.</i>
Bluebells	<i>Mertensia spp.</i>
Monkeyflower	<i>Mimulus spp.</i>
Bee Balm	<i>Monarda spp.</i>
Coyote Mint	<i>Monardella odoratissima</i>
Evening-Primrose	<i>Oenothera spp.</i>
Lambert's Locoweed	<i>Oxytropis lambertii</i>
Penstemon	<i>Penstemon spp.</i>
Spreading Phlox	<i>Phlox diffusa</i>
Jacob's Ladder	<i>Polemonium spp.</i>
Cinquefoil	<i>Potentilla spp.</i>
Primrose	<i>Primula spp.</i>
Buttercup	<i>Ranunculus spp.</i>
Yellow Coneflower	<i>Ratibida columnifera</i>
Black-Eyed Susan	<i>Rudbeckia spp.</i>
Sage	<i>Salvia spp.</i>
Saxifrage	<i>Saxifraga spp.</i>
Stonecrop	<i>Sedum spp.</i>
Blue-Eyed Grass	<i>Sisyrinchium spp.</i>
Canada Goldenrod	<i>Solidago Canadensis</i>
Meadowrue	<i>Thalictrum spp.</i>
Golden Banner	<i>Thermopsis montana</i>
Violet	<i>Viola spp.</i>
Beargrass	<i>Xerophyllum tenax</i>

Shrubs

Kinnikinnick	<i>Arctostaphylos uva ursi</i>
Sagebrush	<i>Artemisia tridentate</i>
Mountain Mahogany	<i>Cercocarpus montanus</i>
Redstem Dogwood	<i>Cornus sericea</i>
Common Juniper	<i>Juniperus communis</i>
Oregon Grape	<i>Mahonia spp.</i>
Shrubby Cinquefoil	<i>Pontetilla fruticosa</i>
Sumac	<i>Rhus spp.</i>
Currant, Gooseberry	<i>Ribes spp.</i>
Woods Rose	<i>Rosa Woodsii</i>
Elderberry	<i>Sambucus spp.</i>
Buffaloberry	<i>Shepherdia spp.</i>
Spiraea	<i>Spiraea spp.</i>
Snowberry	<i>Symphoricarpos albus</i>

Trees

Boxelder	<i>Acer negundo</i>
Paper Birch	<i>Betula papyrifera</i>
Western Larch	<i>Larix occidentalis</i>
Spruce	<i>Picea spp.</i>
Pine	<i>Pinus spp.</i>
Douglas-fir	<i>Pseudotsuga menziesii</i>
Western Red Cedar	<i>Thuja plicata</i>
Western Hemlock	<i>Tsuga heterophylla</i>