**Log of Professional Development Activities and Experiences**

To add additional lines or rows, highlight a row, right click, select “Insert,” and make the appropriate choice.

|  |  |  |  |
| --- | --- | --- | --- |
| **Experiences**  **(Volunteer or paid: shadowing, patient exposure, community service, clubs, work)** | **Dates/hours**  **(Avg hrs./week, total hrs. to date)** | **Contact Person**  **(Name, Title, Email Address, Phone Number)** | **What did you do and what did you learn?**  **(roughly one paragraph describing what you gained from this experience)** |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |