

## WHAT TO BRING IN WINTER/SPRING

MOSS is at an elevation of 5,021 feet and program participants will be outdoors for long periods of time in potentially inclement weather. Expect cold temperatures during the day (10-20s) and even colder temperatures at night (below 0). Be prepared for varied weather! We have compiled a list of suggested clothing needed for a week of mountain weather in the winter. Dressing in **LAYERS** is most important in this climate. Outer layers can be shed during warm afternoons and layered back on during the cool nights. Program participants will be on campus for 5 days with no opportunity to launder clothes. Pack accordingly!

### FEET:

- 1 pair of waterproof winter boots
- Thick socks (wool or synthetic for 3 field days & 2 travel days)
- Slippers for the cabin, if desired
- Sneakers to wear around campus
- Flip flops or shower shoes

**HANDS:** 2 pairs of warm & waterproof gloves or mittens

**HEAD:** Insulated or wool hat which covers ears

### FOR THE FIELD:

- Day pack for carrying water, lunches, etc.
- Lunch box (optional)
- WATER BOTTLE or Two! (very important!!)

### MISC:

- Flashlight (IMPORTANT!)
- Pens or pencils and a notebook
- Personal reading material
- Camera (optional)
- Sunglasses
- Money for the MOSS Store!

### What Not to Bring:

- Fireworks, lighters, etc.
- Pocket knives, Leatherman® tools etc.
- Cell phones, radios, video games, personal computers, etc. (MOSS is not liable for lost property)
- Snacks = no food in the bunkhouse rooms, please!
- Pets
- Tobacco, alcohol, or illegal drugs

### UPPER-BODY:

- Waterproof winter coat or rain jacket with insulating layer
- Heavy weight insulated jacket
- Fleece sweatshirt, wool sweater, flannel shirts
- Wool or synthetic long underwear top
- Long or short sleeved T-shirts for on campus

### LOWER-BODY:

- Waterproof snow pants (or rain pants with warm insulating layer)
- Wool or synthetic long underwear

### SLEEPING GEAR:

- Heavy sleeping bag & pillow
- Fitted sheet (optional- MOSS does not provide sheets 2021-22)
- Extra blanket (optional)
- Pajamas

### PERSONAL GEAR

- Soap & shampoo/conditioner
- Toothbrush & toothpaste
- Towel
- Comb or brush
- Sunscreen and lip balm with sunscreen
- Alarm clock (for chaperones)

### Contact for Questions:

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