RURAL COLLEGE STUDENTS: BASIC NEEDS INSECURITY



EXECUTIVE SUMMARYCompared to students attending four-year public or private colleges or universities in cities, suburbs, or towns, students attending colleges in rural communities

- experience higher rates of recent homelessness.
- are less confident they could come up with \$500 or \$2,000 in the next month if an unexpected need arose.

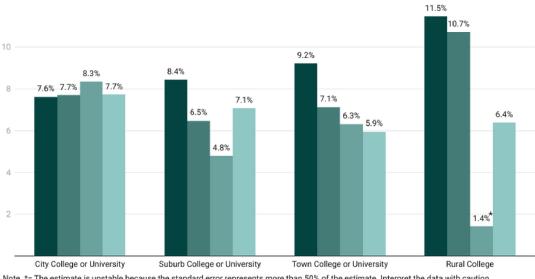
Furthermore, close to one-in-five students attending fouryear public or private colleges or universities in rural communities experience low or very low food security.

HOMELESSNESS

City Home Suburb Home Town Home Rural Home

Students attending four-year public or private colleges or universities in rural communities experience higher rates of homelessness within the last 30 days (Figure 1).

Figure 1. Percent of Four-Year College Students Experiencing Homelessness in the Last 30 Days, by Location of Home Community and Urbanization of College or University



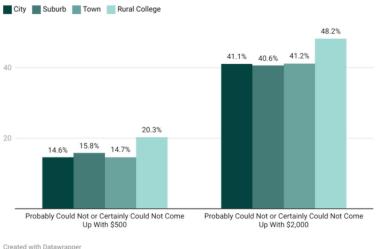
Note. *= The estimate is unstable because the standard error represents more than 50% of the estimate. Interpret the data with caution. Created with Datawrap

AVAILABLE EMERGENCY FUNDS

One-in-five students attending fouryear colleges or universities in rural communities would be not be able to come up with \$500 in the next month if an unexpected need arose (Figure 2).

The gap widens as the needed money increases: close to half (48.2%) of students attending fouryear colleges or universities in rural communities would not be able to come up with \$2,000 in the next month if an unexpected need arose.

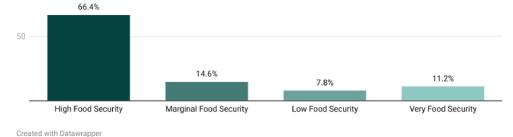
Figure 2. Percent of Four-Year College Students Who Could Not Come Up With Emergency Funds in the Next Month, by **Urbanization of College or University**



FOOD SECURITY

One-in-five (20.0%) students attending fouryear colleges or universities in rural communities experience low or very low food security (Figure 3).

Figure 3. Percent of Four-Year College Students Attending Public or Private Rural Colleges or Universities Experiencing Different Levels of Food Security



Recommended citation:

Soria, K. M., Friery, K., & Standley, E. (2024). Rural college students: Basic needs insecurity. AREAS Consortium.

Methodology:

We analyzed data from the 2019-2020 National Postsecondary Student Aid Study (NPSAS). The National Center for Education Statistics has overseen data collection for the NPSAS every 3-4 years since 1987. The NPSAS offers a representative cross-sectional study of students enrolled in postsecondary education. Learn more about the NPSAS at https://nces.ed.gov/surveys/npsas/.

Our research is funded by the Ascendium Education Group and the University of Idaho. Ascendium Education Group is a 501(c)(3) nonprofit organization committed to helping people reach the education and career goals that matter to them. Ascendium invests in initiatives designed to increase the number of students from low-income backgrounds who complete postsecondary degrees, certificates and workforce training programs, with an emphasis on first-generation students, incarcerated adults, rural community members, students of color and veterans. Ascendium's work identifies, validates and expands best practices to promote large-scale change at the institutional, system and state levels, with the intention of elevating opportunity for all. For more information, visit https://www.ascendiumphilanthropy.org.





