# **CURRICULUM VITAE**

## University of Idaho

NAME: Melanie J. Meenan

DATE: January 2025

RANK OR TITLE: Clinical Associate Professor

**DEPARTMENT:** Movement Sciences, Dance Program

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## **EXAMPLES OF CREATIVE WORK:**

https://vimeo.com/album/5921514 (Password: mjmdance)

## DATE OF FIRST EMPLOYMENT AT UI: August 2013

## DATE OF PRESENT RANK OR TITLE: August 2020

## **EDUCATION BEYOND HIGH SCHOOL**

#### Degrees

*MFA Dance*, University of Oregon, Eugene, OR, June 2013 Specializations/Focuses: Pedagogy, Dance Science, Dance Composition, Somatics, Modern Dance Thesis: *Exploring the Modern Dance Technique Class as a Somatic Practice* 

*MA Dance Performance*, Laban (City University of London), England, December 2005 Specializations/Focuses: Training Techniques, Dancer in the Creative Process, Performance Practices Thesis: *Investigating Nonverbal Communication and Sensory Awareness in Dance Performance* 

*BFA Theatre & Dance*, University of Wyoming, Laramie, WY, August 2003 Specializations/Focuses: Dance Performance, Dance Science, Pedagogy, Dance Composition

*BA Journalism*, University of Wyoming, Laramie, WY, August 2003 Specializations/Focuses: Public Relations, Advertising, Writing for the Arts

#### **Certificates & Licenses**

*Infant Development Movement Educator* (In progress), Body-Mind Centering® (August 2015-present) Anticipate completion delayed by pandemic: Summer 2025 anticipated completion date

*Somatic Movement Educator*, Body-Mind Centering®, July 2024 500-hour certificate program focused on experiential anatomy, movement development, and somatic approaches to pedagogy; specific course work from August 2015-June 2024 listed under Professional Development

CPR Certification, University of Idaho, Moscow, ID, September 2017

*Cecchetti Method of Ballet Grade One Certificate*, Cecchetti Council of America, Belliston Academy of Ballet, Littleton, CO, April 2010

Pre-Natal Pilates Certification, The Center for Women's Fitness and Pilates Denver, Denver, CO, November 2009

*Comprehensive Pilates Teacher Certification (500-hour program)*, Body Arts & Science International (BASI Pilates®), Pilates Denver, Denver, CO, June 2008

Pilates Mat Certification, Body Arts & Science International (BASI Pilates®), Pilates Denver, Denver, CO, March 2008

YMCA Strength & Conditioning Instructor Certification, January 2007 FiTour Primary Group Exercise Certification, January 2007 SilverSneakers® Cardio Circuit Certification, December 2006 YMCA Cardio & Step Aerobics Instructor Certification, October 2006 YMCA Active Older Adult Instructor – Land Certification, October 2006 YMCA Group Cycling Instructor Certification, July 2006 FiTour Primary Pilates Certification – Mat, March 2006 YMCA Foundations of Group Exercise Certification, February 2006 YMCA Healthy Lifestyles Certification, February 2006 SilverSneakers® Muscular Strength & Range of Motion Certification, January 2006

## EXPERIENCE

#### Academic Teaching, Extension & Research Appointments

August 2020-present	Clinical Associate Professor, Dance, University of Idaho Promotion process completed with approval notification March 2020
August 2013 – May 2020	<i>Clinical Assistant Professor, Dance, University of Idaho</i> Department of Movement Sciences in the College of Education, Health, and Human Sciences
Fall 2016 – Spring 2021	Physical Education Course Instructor (PEB/IFIT 106), Pilates, University of Idaho, Department of Movement Sciences
September 2010 – June 2013	<i>Graduate Teaching Fellow (GTF), Dance, University of Oregon</i> Full course responsibilities including course content, syllabi, grading, mentoring and tutoring during office hours; research assistant in biomechanics lab
Spring & Fall 2002	Modern I & I/II Instructor, University of Wyoming, Laramie, WY Instruction of modern dance for beginning level dancers during final year of undergraduate school with full course responsibilities in content preparation, grading, and overall class management (Faculty mentor: Margaret Wilson)

#### Academic Administrative Appointments

May 2021 – Present	Integrated Pilates Movement Lab Director, University of Idaho Responsibilities include purchasing and maintaining equipment and supplies, scheduling and hosting teacher training programs, supporting scheduling of student practice hours, developing and providing client services, instructor hiring, client scheduling, payment tracking
March 2014 – Present	Dance Program Co-Coordinator & Dance Laboratories Co-Director Responsibilities include studio space equipment upgrades and renovations, program review and assessment, curriculum changes and development for dance major and minor, course scheduling, website updates, program and event publicity, hiring committees (dance instructors/adjuncts, musicians, production support staff), monitor dance budgets and course fee use, dance laboratory space request approvals and scheduling, organizing guest artists and master classes, work study supervision (1-3 per semester), facility needs assessments and quotes, collaboration with Festival Dance and other campus partners in creating opportunities for UI students
August 2013 – March 2014	Dance Program Administrative Work, University of Idaho Responsibilities increased to an equal division of Dance Program Coordinator responsibilities with dance faculty colleague

September 2010 – June 2013	<i>GTF Administrative Work, Department of Dance, University of Oregon</i> Graduate Teaching Fellow administrative assignments included video archive protocol development, video archive projects, dance concert video documentation, website maintenance, studio floor taping, production preparation/crew, assisting with class registration, dance floor research for new flooring purchase
Non-Academic Professional Employ	yment & Experience
September 2007 – August 2010	Professional Dance Parformer & Outreach Instructor

September 2007 – August 2010	Hannah Kahn Dance Company, Denver, CO Performed in company productions and outreach school shows in the greater Denver area, instructed outreach workshops for elementary through high school age, attended company classes and rehearsals
May 2008 – August 2010	<i>Pilates Instructor, Pilates Denver, Greenwood Village, CO</i> Private, duet, and group Pilates sessions utilizing mat and equipment repertoire for beginning to advanced Pilates and rehab clients
September 2008 – August 2010	<i>Pilates Instructor, Higher Health Chiropractic, Parker, CO</i> Private Pilates sessions utilizing equipment and mat repertoire with rehabilitative focus
January 2010 – August 2010	<i>Instructor Supervisor, Pilates Denver, Denver, CO</i> Supervised instructors and managed studio in owner's absence, BASI student contact for instructor certification program, new instructor development, assisted desk manager with daily administrative tasks
September 2009 – July 2010	Pointe & Repertory Instructor, Belliston Academy of Ballet, Littleton, CO Advanced level Pointe technique; rehearsed Pointe repertory/variations for Ballet Guild competition; choreographed for spring production
July 2010	Modern Dance Intensive Instructor, Belliston Academy, Littleton, CO One week intensive, ages 11-18; restaged work for informal concert
August 2008 – June 2010	Ballet & Jazz Instructor, Dual Star Dance Academy, Highlands Ranch, CO Ballet technique classes, ages five through adult; adult modern/jazz technique classes
September 2007 – May 2009	Jazz Instructor, Younger Generation Players, Englewood, CO Jazz technique classes, 3 levels, ages 7-18; choreographed for recitals
September 2007 – May 2008	Mat Pilates Instructor, Fitness One, Cheyenne, WY Open level, twice per week, 1 hour length
September 2005 – May 2008	Dance Instructor, En Avant Dance Studio, Cheyenne, WY Modern, Ballet, Pointe, and Hip-Hop for beginning to advanced levels, ages 10 and older; choreographed class recital dance works for spring productions
December 2005 – June 2007	Dance Program Coordinator, Cheyenne Family YMCA, Cheyenne, WY Administrative tasks included maintaining class rosters, invoicing, attendance records, and budgeting; devised scholarship program; organized annual dance recital; developed and co-taught 2006 summer dance camp; solicited scholarship and costume funds; instructed beginning jazz dance and hip-hop

December 2005 – March 2007	Health & Fitness Director, Active Older Adult Program Director Cheyenne Family YMCA, Cheyenne, WY Supervised health and fitness staff; instructed fitness classes; developed youth fitness program; supervised older adult fitness and social event programming; organized special events, fundraising activities, and fitness trainings; mentored fitness staff; maintained budget; assisted with marketing strategies, health fair promotions, and membership growth and retention
May 2005 – July 2005	<i>Coordinator &amp; Instructor, Dance to Cure ALS, Bismarck, ND</i> Developed, publicized, and managed a four-day dance camp and social dance celebration with dinner, a two-part benefit, which raised funds for Lou Gehrig's disease research and the Craig S. Thomas Fund
January 2005 – July 2005	<i>Ballet Director, Let's Dance Studio, Bismarck, ND</i> Taught all ballet classes for ages six through adult (including pointe), choreographed class works for spring production, critiqued competition solos, conducted private ballet lessons, developed an incentive ballet test of achievement for various levels
May 2003 – August 2003	Assistant Director, Snowy Range Summer Dance Festival, Laramie, WY Assisted with planning, PR, scholarship scanning, class placement, student/faculty/staff festival packets, intern and counselor liaison
Summer 2001	Publicity & Arts Administration Intern, Minnesota Dance Theatre, MN Writer of news releases, provided newsletter and brochure suggestions, organized publicity folder, assisted with benefit concert proposal, freelance writer with Christmas in July article published in Dance Spirit Magazine, December 2001
Summer 2000	Publicity Intern, Snowy Range Summer Dance Festival, Laramie, WY Writer/distributor of PSAs, feature stories, community calendar information, paid advertisements, and press releases

## TEACHING ACCOMPLISHMENTS

Areas of Specialization: Contemporary/Modern Techniques, Ballet, Somatic Practice, Experiential Anatomy, Dance Kinesiology, Dance Composition, Dance Improvisation, Dance Conditioning, Pilates, Dance History & Appreciation, Dance Production/Performance, Arts Administration

## **Courses Taught:**

University of Idaho: (Semester System) Dance in Society (DAN 100): Fall 2013, Spring 2014, Spring 2015, Spring 2017, Spring 2018, Spring 2019 Dance Seminar (DAN 101): Fall 2014, Fall 2016, Fall 2018 Dance Improvisation (DAN 284): Fall 2015 (half semester), Fall 2017, Fall 2022 Dance Composition I (DAN 384): Fall 2013, Spring 2015, Spring 2017, Spring 2019, Spring 2021, Spring 2023 Choreography Lab (DAN 412): Fall 2014, Spring 2016, Spring 2018, Fall 2018, Spring 2020 (co-teach), Spring 2021 (co-teach), Spring 2022 (co-teach), Spring 2023 (co-teach), Spring 2024 (co-teach), Spring 2025 (co-teach) Dance Performance (DAN 210): Fall 2014, Fall 2016, Fall 2018, Fall 2019, Spring 2020 (co-teach), Spring 2021 (co-teach), Spring 2022 (co-teach), Spring 2023 (co-teach), Spring 2024 (co-teach), Spring 2025 (co-teach) Pre-Professional Dance Performance (DAN 410): Fall 2015, Spring 2016, Fall 2016, Fall 2017, Fall 2018, Fall 2019, Fall 2020, Fall 2021, Fall 2022, Fall 2023, Fall 2024, Spring 2025 Dance Theatre/Pre-Professional Dance Theatre (DAN 210/410): Spring 2014 Dance History & Contemporary Views (DAN 421): Fall 2015 (2/3 semester, maternity leave), Fall 2017, Fall 2019, Fall 2021, Fall 2023 Senior Project (DAN 490): Spring 2015, Fall 2015, Spring 2017, Spring 2020, Spring 2022, Spring 2024 Integrated Movement Practices (DAN 324): Fall 2018, Fall 2020, Fall 2022, Fall 2024

ST: Integrated Movement Practices (DAN 404): Fall 2014, Fall 2016

- Dance Conditioning (DAN 211): Spring 2019, Spring 2021 (Pilates with general conditioning principles), Spring 2022 (Pilates equipment repertoire focus), Spring 2024 (Pilates equipment repertoire focus)
- ST: Dance Conditioning (DAN 204): Summer 2014 (co-taught, Pilates focus), Spring 2016 (Pilates focus)
- Teaching Creative Dance & Dance Integration (DAN 360): Fall 2022, Spring 2023, Fall 2023, Spring 2024, Fall 2024, Spring 2025

Teaching Creative Dance (DAN 360): Spring 2020, Fall 2020, Spring 2021 (2 sections), Fall 2021, Spring 2022 Children's Dance (DAN 360): Fall 2013, Spring 2014

- Practicum: Student Intern/Practicum (DAN 495): Fall 2015 (Modern & Ballet), Spring 2016 (Pilates),
  Fall 2016 (2 sections: Pilates & Composition), Spring 2017 (Arts Admin), Fall 2017 (2 sections:
  Pilates & Arts Admin), Spring 2018 (Pilates), Spring 2019 (Conditioning), Fall 2019 (2 sections:
  Pilates & Dance Techniques), Spring 2020 (2 sections: Pilates & Dance Technique), Fall 2020 (Ballroom),
  Spring 2021 (Ballroom), Fall 2021 (Ballroom), Spring 2022 (Ballroom), Fall 2022 (Pilates),
  Spring 2023 (Pilates), Fall 2024 (2 sections: Pilates & Ballet), Spring 2025 (Pilates)
- DS: Pilates Teacher Training (DAN 499): Fall 2022, Fall 2023, Spring 2024, Fall 2024, Spring 2025
- DS: Practices in Pilates Instructor Mentorship (DAN 502): Fall 2024
- DS: Practices in Teaching Dance Conditioning (DAN 502): Spring 2024
- DS: Research in Movement Development (DAN 502): Spring 2023
- DS: Teaching Creative Dance (DAN 502): Fall 2022
- DS: Advanced Choreography (DAN 499): Fall 2019
- DS: Child Choreography & Pedagogy (DAN 499): Spring 2016
- ST: Graduate Dance Technique (DAN 504): Fall 2017
- PD: Embodying Healthy Practices (DAN 505): Fall 2017
- Contemporary Modern I/II (DAN 105): Spring 2025

Modern II (DAN 216/105/116/516): Fall 2015 (half), Spring 2016 (half), Fall 2018 (half), Fall 2020, Fall 2021

Contemporary Modern III (DAN 116/216/516): Spring 2024

- Modern III (DAN 416): Fall 2016 (half semester)
- Modern IV (DAN 416/116): Spring 2016 (half), Fall 2016 (half), Spring 2017 (half), Spring 2019, Spring 2020, Spring 2021, Spring 2022
- Beginning Modern (DAN 216/105): Fall 2013
- Advanced Modern Dance (DAN 416): Spring 2014, Fall 2014 (half semester)
- Beginning/Intermediate Modern (DAN 216/105): Spring 2015
- Intermediate Modern (DAN 216/105): Fall 2014 (half semester)
- Ballet IV (DAN 416/105/116/516): Fall 2015, Fall 2016, Fall 2018 (half semester), Fall 2019, Spring 2023, Spring 2024
- Ballet III/IV (DAN 416/105/116): Fall 2017, Spring 2018
- Ballet III (DAN 216): Spring 2020, Spring 2021
- Ballet II (DAN 116/216/516): Fall 2023, Fall 2024
- Ballet II/III (DAN 216/105/116): Fall 2017, Spring 2018
- Ballet II (DAN 216/105): Spring 2016, Spring 2017
- Intermediate/Advanced Ballet (DAN 216/105): Fall 2014
- Advanced Ballet (DAN 416/105): Spring 2015

Contemporary Dance Practices (DAN 216): Summer 2014 (Co-taught; Ballet focus)

- Intermediate Jazz (DAN 216/105): Fall 2013, Spring 2014
- Advanced Jazz (DAN 416): Spring 2014 (Teaching focus)
- Pilates (PEB/IFIT 106): Fall 2016, Fall 2017, Spring 2018, Fall 2019, Spring 2020, Fall 2020 (1<sup>st</sup> quarter), Spring 2021 (2<sup>nd</sup> quarter)
- University of Oregon: (Quarter System)
  - Ballet III (DANC 372): Spring 2013, Fall 2012, Spring 2012
  - Ballet II (DANC 272): Winter 2013, Fall 2012, Spring 2012, Winter 2012, Fall 2011
  - Ballet I (DANC 172): Winter 2012, Winter 2011, Fall 2010
  - Modern II (DANC 270): Spring 2013, Winter 2012
  - Modern I (DANC 170): Winter 2011
  - Dance Improvisation (DANC 271): Fall 2012

Contact Improvisation (DANC 171): Spring 2011		
Jazz I (DANC 175): Winter 2013		
Ballroom I (DANC 184): Spring 2013, Spring 2012, Fall 2011, Spring 2011		
University of Oregon: (Quarter System)		
Teaching Assistant/Intern:		
Dance Kinesiology, under Steven Chatfield: Winter 2011-2013		
Looking at Dance, under Walter Kennedy: Summer 2012		
Modern III, under Shannon Mockli: Spring 2012		
Ballet III, under Brad Garner: Spring 2011		
Substitute Instructor:		
Modern Dance Laboratory (DAN 394/494/594): 1 class		
Looking at Dance (DAN 251): 1 class		
Dance Composition I (DAN 351): 2 classes		
Improvisation (DANC 251): 2 classes		
Modern III (DAN 370): 1 class		
Modern II (DAN 270): 3 classes		
Lane Community College		
Teaching Assistant/Intern:		
Body as Knowledge, under Mary Lou Seereiter: Fall 2012		
University of Wyoming: (Semester System)		
Modern I (THEA 1430): Spring 2002, Fall 2002		
Teaching Assistant/Intern:		
Pilates, under Margaret Wilson: Fall 2002		
Intermediate Modern, under Patricia Tate: Spring 2002		
Students Advised:		

#### **Students Advised:**

Undergraduate Students Advised at University of Idaho: Approx. 5-15 dance majors & 5-10 dance minors advised each semester
Mentor for MVSC Teaching Assistants in Dance 1 student, Fall 2023-Spring 2024
Major Professor for MS MLS/Kinesiology Graduate Program Students: 1 student, Spring 2024-Fall 2024

#### **Materials Developed:**

- Canvas utilized for supplementation of all courses: development of multiple rubrics, assignment links, course content, etc., Spring 2022-ongoing
- Canvas migration; redevelopment of all course materials, Spring 2022-Fall 2024
- Idaho Dance History Preservation Project materials, Fall 2021-ongoing
- Course packet for Integrated Movement Practices (DAN 324), in progress
- Course packet for Choreography Lab (DAN 412, Fall section), in progress
- Rubrics for Performance courses (DAN 210 & 410) with Belle Baggs, ongoing
- Dance Major & Minor Curricular Change documents, major contributor, Fall 2014-present
- Dance Major upper division elective curriculum change documents, Fall 2022
- DAN 360 course title and variable credit curriculum change documents, Fall 2021
- General Education DAN 100, addition of American Diversity curriculum change documents, Fall 2018
- Course Fee additions and changes documents for DAN courses, major contributor, Fall 2015-present
- Dance Activity course addition and change curricular documents, DAN 116 & 105 courses, Fall 2016
- UI-Dance Majors and Minors Handbook, developed in collaboration with Belle Baggs, 2016-17
  - 2<sup>nd</sup> edition 2017-18; 3<sup>rd</sup> edition 2018-19; 4<sup>th</sup> edition 2019-20, 5<sup>th</sup> edition 2020-21, 6<sup>th</sup> edition 2021-22, 7<sup>th</sup> edition 2022-23, 8<sup>th</sup> edition 2023-24, 9<sup>th</sup> edition 2024-25
    - 2021-22, / <sup>a</sup> edition 2022-23, 8<sup>a</sup> edition 2023-24, 9<sup>a</sup> edition 2024-25
- Edit support for Dance Activity Instructor Handbook (DAN 105 & 116), developed by Belle Baggs, ongoing

- Extensive BbLearn (Blackboard) site development for Dance in Society (DAN 100), Fall 2013-Spring 2019
- BbLearn utilized for supplementation of all courses: development of multiple rubrics, assignment links, course content, etc., Fall 2013-Fall 2021
- Assessment criteria and rubrics developed for assignments in all courses, ongoing
- Management of digitizing video teaching tools for history-based courses (DAN 100 & 421), ongoing
- Expansion of program's video documentary teaching materials (DAN 100 & 421), ongoing
- UI-Dance Program Web content contributor: <u>https://www.uidaho.edu/ed/mvsc/academics/dance</u>, ongoing
- UI-Dance Program Calendar of important dates, created and managed annually, Fall 2014-ongoing

• *Focus for the Future*, assisted Belle Baggs with preparation of university program assessment documents for State Board of Education, Fall 2013

## **Courses Developed:**

- All Dance Technique courses (DAN 116/216/416/516/105) involve creation/development of new course content each semester; all levels of Ballet and Modern dance, Fall 2013-present.
- Dance Intern/Practicum Credit (DAN 495): Creation of multiple internship and practical learning experiences in Dance and Pilates instruction, Choreography, and Arts Administration. Fall 2015-present.
- Creative Dance & Dance Integration (DAN 360) development of practicum experiences, required for dance majors/minors, electable for EE majors, Fall 2021-present.
- Directed Study Course for Pilates Teacher Training (DAN 499), Fall 2022-present
- Directed Study Course in Mentoring Pilates Instructors (DAN 502), Fall 2024
- Directed Study Course in Teaching Practices in Dance Conditioning (DAN 502), Spring 2024
- Directed Study Course in Movement Development Research (DAN 502), Spring 2023
- Creative Dance for Children (DAN 360) new preparation and hybrid course development, Spring 2020
- Dance in Society (DAN 100): Redevelopment of course content to focus on both humanities and diversity content, 2018-19; new edition of text book utilized Spring 2019.
- Dance Conditioning (DAN 211): New dance major course designed to support healthy practice and crosstraining for dancers, Spring 2019. Taught twice initially as DAN 204 while course was developed; focuses on cross-training practices and embodied understanding of physical principles related to dancers' wellbeing.
- Dance History & Contemporary Views (DAN 421): Significant new preparation and course restructuring for Fall 2015; New preparations in contemporary trends for Fall 2017.
- Integrated Movement Practices (DAN 324): New lecture-lab based course designed and implemented into the curriculum starting 2017-18. Taught two semesters as DAN 404 in developing course; focuses on applying body knowledge to practice through the consideration and embodiment of dance kinesiology, anatomy, and somatic-based movement practices utilized to support healthy training for dancers.
- Professional Development Course (DAN 505) for teachers and early childhood educators, offered in conjunction with coordination of the IDEO conference, Fall 2017.
- Dance Improvisation (DAN 284): New dance major and minor lab-based course, designed as pre-requisite to DAN 384, Fall 2015.
- Dance Seminar (DAN 101): New preparation and course redesign to support success in major, variety of learning levels, and career preparation, Fall 2014.
- Choreography Lab (DAN 412): Restructuring dance program's advanced level dance composition experience to two credit course and to include production curriculum in fall even years; New preparation and course redesign, Fall 2014.
- Dance Performance courses (DAN 210 & 410): Restructuring DAN 210 experience to involve dance rehearsal and performance of student created choreography; DAN 410 restructured to be pre-professional experience involving dance rehearsal and performance of faculty and guest artist work, 2014-15.
- Teaching Creative Dance for Children (DAN 360): New preparation under title Children's Dance during Fall 2013 and Spring 2014; Redesigned curriculum transitioning course to Teaching Creative Dance for Children during Summer and Fall 2014; Education standards work in support of Arts & Literacy Elementary Education block, Summer 2017; Mentoring of adjuncts annually on course instruction, Fall 2014-Fall 2019. Course redevelopment and new preparation for adding to instruction load semesterly, Spring 2020.
- Dance in Society (DAN 100): Significant new preparation and course development, 3-credit University humanities course with enrollment of 40, Fall 2013.

#### Non-credit Classes, Workshops, Seminars, Invited Lectures

Arts & Literacy Block (EDCI 409) Support: Attend 409 class meetings to support Elementary Education students also taking DAN 360; has included support for organizing guest teacher panel events. Spring 2020-present.

*Creative Movement.* A movement workshop delivered at the University of Idaho Lionel Hampton Jazz Festival Dance Clinics. April 18, 2024.

*Embodiment of Sound 2.0.* A movement and sound workshop, to be delivered twice in collaboration with musicians, Brandon Meyer and Cate Frederick at the University of Idaho Lionel Hampton Jazz Festival Dance Clinics. April 20 & 22, 2023.

*Embodiment of Sound*. A movement and sound workshop, to be delivered in collaboration with dance musician, Brandon Meyer at the University of Idaho Lionel Hampton Jazz Festival Dance Clinics. February 25, 2022.

*Pandemic Pedagogy in the Performing Arts: Perspective from Dance, Music, & Theatre (Dance)*: An invited lecture segment for the University of Idaho Malcom M. Renfrew Interdisciplinary Colloquium, in collaboration with colleague Belle Baggs. Presented virtually September 22, 2020.

*Modern Dance Technique*: An invited movement class taught during the Northwest Regional High School Dance Festival in Vancouver, WA, February 16, 2019.

*Dance Making Through Interdisciplinary Collaboration*: An invited lecture provided for the University of Idaho Malcom M. Renfrew Interdisciplinary Colloquium in collaboration with colleague Belle Baggs. Presented October 16, 2018.

*Social Dance Through the Decades*: A movement workshop, delivered twice in collaboration with Ginny Robinson at the University of Idaho Lionel Hampton Jazz Festival Dance Clinics. February 23 & 24, 2018. (Invited Presenter – 50 minutes).

*The Interconnection of Jazz Dance and Music*: A lecture workshop provided for the 2017 & 2018 Lionel Hampton Jazz Festivals, University of Idaho in collaboration with colleague Belle Baggs. Presented February 23 & 24, 2018 and February 24 & 25, 2017.

*Incorporating Wellness into Dance Training*: A panel discussion presenting wellness challenges in dance training, as well as ways in which to create a healthy wellness focused environment. Northwest American College Dance Association Conference, Eugene, OR. Presented Mar. 31, 2017. (Invited Panelist – 90 minutes).

*Dance Science Panel*: A panel discussion focused on current trends and developments in dance science at Northwest American College Dance Association Conference in Laramie, WY. March 10, 2016. (Invited Panelist – 60 minutes).

*Arts & Literacy Block (EDCI 409) Lectures*: Supported course content during five class meetings each semester, attended multiple student practicums for elementary education majors, assisted lead instructor with student feedback. Fall 2013 & Spring 2014.

*Somatic Exploration of Modern Dance Technique*: MFA movement project research class; level 2 to advanced. Taught eight class meetings (2 hours each). University of Oregon, Sept. – Nov. 2012.

*Modern Dance Technique, Level II*: Substitute instruction of two 90-minute classes. Lane Community College, August 2012.

*Modern Dance*: Instructed adult open-level modern dance technique classes University of Oregon, non-credit offering, Summer 2011

Modern Dance I: Guest/substitute instruction of two 90-minute classes. University of Wyoming, October 2007.

Ballet III/IV: Guest/substitute instruction of one 90-minute class. University of Wyoming, October 2007

#### **Honors & Awards**

Alumni Award for Excellence, Honored Faculty Mentor, Univ. of Idaho, 2021 Alumni Award for Excellence, Honored Faculty Mentor, Univ. of Idaho, 2020. Alumni Award for Excellence, Honored Faculty Mentor, Univ. of Idaho, 2016. Outstanding Dance Graduate Award, Univ. of Oregon, 2013. Graduate School Research Award, Dance, Univ. of Oregon, 2013. Georgianne Teller Singer Dean's Fellowship in Dance, Univ. of Oregon, 2012-13, 2011-12, 2010-11.

## SCHOLARSHIP ACCOMPLISHMENTS

#### Peer Reviewed/Evaluated

Meenan, M.J. (2024). *Finding North*. Quartet dance work created on four University dance students. Premiered November 15-16, 2024 in *Elevate*, UIdaho Dance Ensemble main stage production. Chosen to be adjudicated at the 2025 Northwest Region ACDA conference by renowned professional dance choreography respondents (George Staib, Deborah Wright Knapp, Gerald Casel).

Miller, C., Reed, C. **Meenan, M.J.**, Sielert, V., Dreikosen, J., Higgins, S. (2022). *Cabaret*. A musical theatre production, produced by Theatre Arts, Music, and Dance at the University of Idaho. Directed by Craig Miller, Choreography by Melanie Meenan and Shaleyna Higgins, Music Direction by Christian Reed, Conducted by Vern Sielert, Set Design by Jesse Dreikosen. Performed October 28-30 and November 4-6, 2022. Production evaluated by regional KCTF respondent. Choreographed scenes: *Wilkommen, Mein Herr, It Couldn't Please Me More, Two Ladies, Money*, with choreographic support for *Don't Tell Mama, Engagement Party Scene, and If You Could See Her*.

Brown, K.N., Little, M.Y., **Meenan, M.J.**, Brown, A.F. (2020). Increased Female Athlete Triad Knowledge Among Collegiate Dancers Following a Brief Video Educational Intervention. *Journal of Dance Medicine and Science*. 24(4), 161-167.

Brown, A.F., Brooks, S.J., Smith, S.R., Stephens, J.M., Lotstein, A.K., Skiles, C.S., Alfiero, C.J., **Meenan, M.J.** (2020) Female collegiate dancers body composition, macronutrient and micronutrient intake over two academic years: A longitudinal analysis. *Journal of Functional Morphology and Kinesiology*. 5(1), 17.

Meenan, M. J. (2019). *Around & Through*. Dance work created in a collaborative creative research process with three University of Idaho dance majors and Dramaturg Sarah Campbell. Premiered November 14-17, 2019 in *Breaking Boundaries*, University of Idaho Dance Program's faculty concert in the Dance Studio Theatre, Moscow, ID. Adjudicated at the 2020 Northwest Region ACDA conference by highly regarded professional respondents in the dance field (Svi Gotheiner, K.T. Niehoff).

Meenan, M.J. (2015). *Ethan & Louie*. A dance-theatre-based duet created in a collaborative research process with the dancers, utilizing improvisation, text, and movement prompts to question societal views and limitations women have experienced. Sound by John Seely, Terry Dismore, Len Stevens, Glamourdaze, Billy Idol, Album Leaf, with text by dancers; edited by Melanie Meenan. Set and lighting design by Melanie Meenan and Aurora Cody. Adjudicated by three internationally known respondents (David Dorman, Tiffany Mills, Virginia Johnson) at the 2016 Northwest American College Dance Association conference. Premiered November 5-8, 2015 in *Rising Momentum*, University of Idaho Dance Program's faculty choreographed main stage production at the Hartung Theatre, Moscow, ID.

Meenan, M.J. (2013). *that moment when*... A dance work choreographed on eight University of Idaho dancers, premiered November 7-9, 2013 in the UI-Dance Production *Colliding Contrasts* at the Hartung Theatre, Moscow, ID. Adjudicated by three internationally known respondents (by Bebe Miller, Svi Gotheiner, and Susan Douglas Roberts) at the 2014 Northwest Region ACDF conference and chosen to be presented in the Gala Concert.

**Meenan, M.J.** & Chatfield S. J. (2013). Dance in the 21st Century: The Neuroscience of Mindfulness and its Presence in Dance. Abstracts of the 23rd Annual Meeting of the International Association for Dance Medicine and Science, 67-68.

#### **Other Publications**

Meenan, M.J. (2013). Exploring the Modern Dance Technique Class as a Somatic Practice. MFA Thesis, University of Oregon. ProQuest/UMI Dissertation Publishing.

Shultz, M.J. (2005). Investigating Nonverbal Communication and Sensory Awareness in Dance Performance. MA Thesis, Laban (accredited by University of London).

## **Professional Presentations**

Meenan, M.J. & Baggs, B.B. (2024). Cultivating Healthy Practice in Dance Performance. An integrated lecture and movement presentation on presenters' research and development of the 4 C's of healthy creative process and dance performance (Care, Climate, Connection, Creativity). National Dance Education Organization (NDEO) Conference: REVITALIZE: Breathing New Life into Your Dance Programs and Teaching Methods. Presented October 1, 2024. (Experiential Workshop – 60 minutes)

Meenan, M.J. (2024). Bone-Voyage: Exploring the expressivity of bones through experiential anatomy and improvisational practices. Northwest American College Dance Association Conference, Ogden, UT. Presented March 9, 2024. (Movement Presentation – 75 minutes).

Meenan, M.J. (2024). Bending the Floor: A contemporary modern dance experience focusing on a dynamic relationship with the floor. Northwest American College Dance Association Conference (ACDA), Ogden, UT. Presented March 8, 2024. (Movement Presentation – 75 minutes).

Meenan, M.J. (2023). MindBody Ballet: Pathways through Bones & Muscles. A movement session researching Body-Mind Centering bone and muscle concepts in support of ballet practices, vocabulary, and performance execution. Idaho Dance Education Organization (IDEO) Conference: *Healthy Mind and Body with Wellness*. Presented October 14, 2023. (Movement Presentation – 60 minutes).

Meenan, M.J. & Baggs, B.B. (2023). Generating/Cultivating Healthy Practices in Dance Performance. A lecture-lab movement presentation focused on presenters' developing research in healthy practices in creative process and dance performance. Idaho Dance Education Organization (IDEO) Conference: *Healthy Mind and Body with Wellness*. Copresented October 14, 2023. (Experiential Presentation – 60 minutes).

Meenan, M.J. (2021). Moving with Mindfulness. A movement research session focused on engaging mindfully to engage creativity, feedback, and community. Idaho Dance Education Organization (IDEO) Conference: *A Life in Dance: Lessons in Creativity, Possibility, & Community.* Presented October 2, 2021. (Movement Presentation – 60 minutes).

Meenan, M.J. (2020). Bending the Floor: A contemporary modern dance experience focusing on a dynamic relationship with the floor. Northwest American College Dance Association Conference (ACDA), Spokane, WA. Presented March 15, 2020. (Movement Presentation – 75 minutes).

Meenan, M.J. (2019). Creating & Witnessing through our Senses: Researching the role of the senses in enhancing creative play, observation skills, and presence in movement experiences. Idaho Dance Education Organization (IDEO) Conference: *Building Bridges Through Collaboration and Composition* in Rexburg, ID. Presented October 11, 2019. (Movement Presentation – 75 minutes).

Meenan, M.J. (2019). Outer Reaches, Inner Spaces: Investigating inner-outer connectivity, spatial relationships, and sensation utilizing improvisation and experiential anatomy practices. Northwest American College Dance Association Conference, Salt Lake City, UT. Presented Mar. 13, 2019. (Movement Presentation – 90 minutes).

Meenan, M.J. (2019). Contemporary Modern Dance Technique: A contemporary approach to modern dance technique with a focus of researching the use of weight, release, a dynamic relationship to the floor, sensation, and spatial clarity while in movement dialogue. Northwest American College Dance Association Conference, Salt Lake City, UT. Presented Mar. 15, 2019. (Movement Presentation – 90 minutes).

Brown, A.F., Brooks, S.J., Meenan, M.J. (2019). A Longitudinal Analysis of Dietary Intake and Body Composition in Female Collegiate Dancers. Northwest American College of Sports Medicine Conference, Bend OR. (Poster). Meenan, M.J. (2018). Reframing Pilates through Movement Dialogue: Researching Pilates mat repertoire through language, imagery, and inner dialogue. Idaho Dance Education Organization (IDEO) Conference: *Deepening through Dialogue* in Twin Falls, ID. Presented Sept. 15, 2018. (Movement Presentation – 60 minutes).

Smith, S.R., Brooks, S.J., Meenan, M.J., Brown, A.F. (2018) Changes in Diet, Body Composition & Performance in Collegiate Dancers Across an Academic Semester. Northwest American College of Sports Medicine Conference, Bend, OR. (Poster).

Smith, S.R., Brooks, S.J., Meenan, M.J., Brown, A.F. (2018) Changes in Diet, Body Composition & Performance in Collegiate Dancers Across an Academic Semester. University of Idaho Office of Undergraduate Research Symposium, Moscow, ID. (Poster).

Meenan, M.J. (2017). Healthy Practices in Ballet: Embodying strategies for improving physical and mental health in the ballet technique class. Idaho Dance Education Organization (IDEO) Conference: *Embodying Healthy Practices* in Moscow, ID. Presented Oct. 28, 2017. (Movement Presentation – 60 minutes).

Brown, A. F., Little, M. S., Brown, K. N., & Meenan M. J. (2017). Prevalence and knowledge of Female Athlete Triad among collegiate dancers. A poster presentation accepted to be presented at the International Association for Dance Medicine and Science annual conference, October 12-15, Houston, TX. (Poster). Meenan, M.J. (2017). Reframing Pilates: Researching Pilates mat repertoire through experiential anatomy practices. Northwest American College Dance Association Conference, Eugene, OR. Presented Mar. 31, 2017. (Movement Presentation – 90 minutes).

Meenan, M.J. (2017). Modern Dance: A modern dance technique class researching the use of weight, momentum, release, a dynamic relationship to the floor, sensation, and abandonment while in movement dialogue. Northwest American College Dance Association Conference, Eugene, OR. Presented Mar. 31, 2017. (Movement Presentation – 90 minutes).

Meenan, M.J. (2016). Stop, Go, YIELD: An improvisational research session exploring relationship to floor and other through ideas of yield and push. Idaho Dance Education Organization (IDEO) Conference: *The Language of Dance* in Boise, ID. Presented Sept. 26, 2016. (Movement Presentation – 50 minutes).

Meenan, M.J. (2016). Dynamic Pilates: A Pilates mat class based on the BASI Pilates® method. Northwest American College Dance Association Conference, Laramie, WY. Presented March 10, 2016. (Movement Presentation – 60 minutes).

Meenan, M.J. (2016). Stop, Go, YIELD: An improvisational research session exploring relationship to floor and other through ideas of yield and push. Northwest American College Dance Association Conference, Laramie, WY. Presented March 9, 2016. (Movement Presentation – 90 minutes).

Meenan, M.J. (2015). Moving with Mindfulness: A movement research session focused on engaging mindfully with environment through movement experiences. DanceBARN Festival, Battle Lake, MN. Presented July 23, 2015. (Movement Presentation – 90 minutes).

Meenan, M.J. (2015). Outer Reaches, Inner Spaces: Investigating inner-outer connectivity, spatial relationships, and sensation utilizing improvisation and experiential anatomy practices. Northcentral American College Dance Conference, Ames, IA. (Movement Presentation – 90 minutes).

Meenan, M.J. (2014). Moving with Mindfulness: Researching dance practices and strategies for staying present in the moment of movement without judgement. Northwest American College Dance Festival Conference, Missoula, MT. Presented April 3, 2014. (Movement Presentation – 80 minutes).

Meenan, M.J. & Chatfield S. J. (2013). Dance in the 21st Century: The Neuroscience of Mindfulness and its Presence in Dance. International Association for Dance Medicine and Science Conference, Seattle, WA. Presented October 19, 2013. (Lecture Presentation – 20 minutes).

Meenan, M. J. (2013). Exploring Dance as a Somatic Practice. A multi-media research presentation. University of Oregon 2013 Graduate School Research Forum, *Research for Tomorrow*, May 9, 2013.

Meenan, M. J. (2013). *Improvisation in Technique, Technique in Improvisation*: A contemporary modern dance based movement research session utilizing improvisation practices to explore technique and technique practices to explore improvisation. Baja Region American College Dance Festival Conference, Torrance, CA. Presented twice, April 12 & 14, 2013 (Movement Presentations – 90 minutes).

## **Choreographic Work**

*Finding North.* A quartet created in collaborative creative process with UIdaho Dance Ensemble student performers. Premiered November 15-16, 2024 in *Elevate*, UIDE 2024-25 season opening production in Hartung Theatre, Moscow, ID. Original music by Brandon Medford. Restaged spring 2025 for adjudication at ACDA to music by Michael Wall.

*Constellation.* A full company dance piece co-created with Belle Baggs with creative contributions from the dancers for 2<sup>nd</sup> annual UIdaho Dance Ensemble's main stage performance. Performed November 15-16, 2024 in *Elevate,* UIDE's season opening concert in the Hartung Theatre, Moscow, ID.

*Being and Becoming*. A full company dance piece co-created with Belle Baggs with creative contributions from the dancers for the inaugural year of UIdaho Dance Ensemble (UIDE). Performed November 11, 2023 in (*E*)*MERGE*, UIdaho Dance Ensemble's premiere concert in the Hartung Theatre, Moscow, ID.

*Cabaret.* A musical theatre production, produced by Theatre Arts, Music, and Dance at the University of Idaho. Directed by Craig Miller, Choreography by Melanie Meenan and Shaleyna Higgins, Music Direction by Christian Reed, Conducted by Vern Sielert, Set Design by Jesse Dreikosen. Performed October 28-30 and November 4-6, 2022. Choreographed scenes: *Wilkommen, Mein Herr, It Couldn't Please Me More, Two Ladies, Money*, with choreographic support for *Don't Tell Mama, Engagement Party Scene, and If You Could See Her.* Evaluated by regional KCTF respondent.

*[un]common ground.* A duet with company chorus created in a collaborative creative research process with the dancers with concept and creative support from Dramaturg and Theatre Arts faculty, Sarah Campbell. Sound Rene Aubry, Peter Jones, Max Richter and Grace Davidson; music edited for this performance. Process involve set design and construction. Performed November 11-14, 2021 in *Bridging Divides*, University of Idaho Dance Program's faculty concert in the Dance Studio Theatre, Moscow, ID.

*A New Day*. A filmed dance work comprised of seven sections, created through a creative research process with five dancers along with screendance collaborator and videographer, David Harlan. Sound by The Lounge Lizards, Michael Wall, Olafur Arnalds, Garth Stevenson, and David Harlan. Premiered December 4 & 6, 2020 in *[A]Part*, University of Idaho Dance Program's fall virtual dance event series.

*Around & Through.* A trio created in a collaborative creative research process with the dancers with support from Dramaturg Sarah Campbell. Sound by Mary Ellen Childs, The Beatles, Pale White Moon, text by the performers, and edited by Melanie Meenan. Premiered November 14-17, 2019 in *Breaking Boundaries*, University of Idaho Dance Program's faculty concert in the Dance Studio Theatre, Moscow, ID. *Work chosen to appear at the 2020 Northwest Region ACDA conference for adjudication*.

Adaptation. Co-created/directed with Belle Baggs in creative collaboration process with 17 students in response to the UI Borah Symposium theme *Climate & Conflict*. Included performance preview in the Pitman Center prior to Borah Symposium lecture, October 8. Performed November 14-17, 2019 in *Breaking Boundaries*, University of Idaho Dance Program's faculty concert in the Dance Studio Theatre, Moscow, ID.

*Always Already*. A quintet created in a collaborative creative process with the dancers. Text derived from a collaborative process with creative writer, Sarah VanGundy. Sound score composed by Ruby Fulton with text excerpts from the dancers and VanGundy's essay, "Borrowed Division." Performed October 25-28, 2018 in *Convergence*, University of Idaho's faculty produced main stage dance concert at the Hartung Theatre, Moscow, ID.

"The Flamenco Dancer" in *Carmen*, an opera by Georges Bizet produced by UI Opera Workshop, directed by Christopher Pfund. Performed April 5 & 7, 2018 at the Administrative Auditorium, Moscow, ID.

*Beneath the Surface*. A multimedia solo created in a collaborative research process through researching the consequences of labelling others based on external features, drawing attention to resulting questions about identity, race, gender, and acceptance of difference. Projection and sound edited by Melanie Meenan. Performed November 2-5, 2017 in *Form & Transform*, University of Idaho Dance Program's faculty produced main stage dance concert at the Hartung Theatre, Moscow, ID.

*The Art of Compromise.* A duet created and coached on Moscow community members for a benefit for Festival Dance, a non-profit dance organization in residence at the University of Idaho. Performed April 29, 2017 in *Dancing with Stars of the Palouse* at the Kenworthy Theatre, Moscow, ID. Received "People's Choice" award.

*The Agenda*. A quartet created through the investigation of the meeting of sound and dance. Performed March 23-25, 2017 in *DancersDrummerDreamers: Conversations* in the Hartung Theatre, Moscow, ID.

*(Un)familiar*. A quintet researching over-meeting, under-meeting, and meeting. Performed October 27-30, 2016 in *Defining Balance*, University of Idaho Dance Program's faculty produced main stage dance concert at the Hartung Theatre, Moscow, ID.

"The Mandores," "The Florentines," and "The Dream Fairy" in *Cendrillon*, an opera by Jules Massenet, directed by Christopher Pfund, and presented in collaboration by UI Opera Workshop, UI Opera Orchestra, and UI-Dance. Performed April 1 & 3, 2016 at the Administrative Auditorium, Moscow, ID.

*Ethan & Louie.* A dance theatre-based duet created in a collaborative research process with the dancers, utilizing improvisation, text, and movement prompts to question societal views and limitations placed on women. Sound by John Seely, Terry Dismore, Len Stevens, Glamourdaze, Billy Idol, Album Leaf, with text by dancers; edited by Melanie Meenan. Performed November 5-8, 2015 in *Rising Momentum*, University of Idaho Dance Program's faculty choreographed main stage production at the Hartung Theatre, Moscow, ID. *Work was chosen locally to be adjudicated at the 2016 Northwest Region ACDA conference in Laramie, WY*.

*Nexus Points (2015).* A quintet based on original 2011-12 work, re-staged on five University of Idaho dance majors and minors. Music by Phoenix, The Rogue Element, & Hybrid and text from YouTube. Performed November 5-8, 2015 in *Rising Momentum*, University of Idaho Dance Program's faculty choreographed main stage production at the Hartung Theatre, Moscow, ID.

*Gray Matter*. A duet re-worked on two dance majors based on *Corpus Callosum*, a work created in 2011. Music by Mary Ellen Childs. Performed in Informal Concert at North-Central ACDA conference at Iowa State and in a First Thursday outreach event at Prichard Art Gallery in Moscow, ID in Spring 2015.

*Then I Linger Here.* A dance work including a solo and trio, created on four University of Idaho dance majors. Music by Trent Reznor and Atticus Ross, and Arvo Pärt performed by David Troy Francis. Performed November 6-9, 2014 in *Pulse*, a University of Idaho Dance Program faculty choreographed main stage production in the Hartung Theatre, Moscow, ID.

*S(HE)*. A site-specific improvisation score and performance directed and developed in collaboration with advanced modern dance students, questioning gender stereotypes. Performed as the pre-show to BASK Art Collective production *Play Like a Girl* at University of Idaho Administrative Building, Spring 2014.

*that moment when*... A dance work choreographed for eight University of Idaho dancers, premiered November 7-9, 2013 in the UI-Dance production *Colliding Contrasts* at the Hartung Theatre, Moscow, ID. *Work was locally chosen to be adjudicated at the 2014 Northwest Region ACDF conference and was chosen by 3 internationally known respondents to be presented in the Gala Concert.* 

*Humdrum*. A dance created with ten University of Oregon female dancers in recognition of the 100<sup>th</sup> anniversary of the *Rite of Spring* with music by Mary Ellen Childs, Mychael Danna, Igor Stravinsky, and text by the dancers. Performed May 9-11, 2013 in Dougherty Dance Theatre, Eugene, OR.

*Pull.* A quartet comprised of two duets created in collaboration with music composer David Eisenband. Performed March 15, 2013 in Dougherty Dance Theatre, Eugene, OR.

*The Prokofiev Project.* A 30-minute work choreographed to eight movements of Prokofiev's *Romeo & Juliet*, directed in collaboration with Laura Black, under the music direction of Tyler Hendrickson. Music by Sergei Prokofiev/V. Borisovsky and performed by Tyler Hendrickson on Viola and Nattapol Tantikarn on Piano. Performed in Aasen-Hull Hall in the UO School of Music (date) and in Dougherty Dance Theatre, Eugene, OR, Spring 2012.

*Not yet known*. An improvised dance & music collaboration conceived and performed with Andrew Enders and musician Sean Meenan in Dougherty Dance Theatre, Eugene, OR, Winter 2012.

*Nexus Points*. A dance work created with five University of Oregon dancers with music by Phoenix, The Rogue Element, & Hybrid and text from Youtube. Premiered in Spring Loft 2011. Re-stage for three invited performances: UO School of Music and Dance *Emerging Artist Series*, Beall Hall in Winter 2012; *Dance For A Reason* (2012), an annual benefit concert at the Hult Center, Eugene, OR; *Dance Oregon Benefit Concert*, a concert in the Dougherty Dance Theatre in Winter 2012 to support student attendance of ACDF conference.

*Dual.* A two-hour collaborative art installation & performance piece involving still art, sound, video, and movement creation by 12 collaborating artists held in the Laverne Krause Gallery on the University of Oregon campus, June 17, 2011.

*Corpus Callosum*. A duet created with two University of Oregon female dancers to music by Malcolm Lindsay. Performed in Dougherty Dance Theatre, Eugene, OR, Winter 2011.

*Pas de Neuf.* A dance for nine advance pointe students created for Belliston Academy's annual dance production with music by Peter Tchaikovsky. Denver, CO, Spring 2010.

"On Broadway" (Jazz 3, Music by George Benson) and "Mission Impossible" (Jazz 1 & 2, Music by Lalo Schifrin). Group dance works created for *Younger Generation Players 2009 Dance Recital*, Denver, CO.

"Bye Bye Black Bird" (Jazz 3, Music by Ray Henderson) and "Take Five for Seven" (Jazz 2, Music by Paul Desmond). Group dance works created for *Younger Generation Players 2008 Dance Recital*, Denver, CO.

"Euphoric Revelation" (Modern 2, Music by B-tribe), "Sleeping Beauty Finale" (Ballet 6, Music by Tchaikovsky), and "Sleeping Beauty Fairies" (Pointe 3, Music by Tchaikovsky). Group dance works created for *En Avant Dance Studio 2008 Production*, performed at Cheyenne Civic Center Theatre, Cheyenne, WY.

"Seismic Phenomenon" (Modern 1, Music by Brent Lewis), "Limited Visibility" (Modern 2, Music by Enigma), "Diamonds in the Rough" (Hip-Hop 1 & 2, Music by DynaMix). Group dance works created for *En Avant Dance Studio 2007 Production*, performed at Cheyenne Civic Center Theatre, Cheyenne, WY.

*Man of La Mancha.* Choreographed three scenes for community theatre musical, performed at the Mary Godfrey Playhouse, with music by Mitchell Leigh. Cheyenne, WY, Spring 2007.

"Fires of Mordor" (Modern 1 & 2, Music by Howard Shore). Group dance work created for *En Avant Dance Studio 2006 Production*, performed at Cheyenne Civic Center Theatre, Cheyenne, WY.

#### **Performances & Creative Collaborations**

*Wispers*. A trio created and performed with alumni Lauren Hovik and Charena Branscum in *Ghostlight*, a Kindling *Dance* Productions event at the Glover Mansion, Spokane, WA. Performed multiple times on October 25, 2024.

*Through the Shadows*. An adaptation of a duet created with colleague Belle Baggs in 2017 with inspiration from lighting designer Aurora Cody. Developed into a quartet through a collaborative process with colleagues, Belle Baggs, Colleen Bialis, and Rachel Winchester. Performed November 11, 2023 in *(E)MERGE*, UIDE premiere concert event at the Hartung Theatre, Moscow, ID.

*Just Wait There's More*. A screendance collaboration reflecting on pandemic challenges, created under the collaborative direction of Rachel Winchester Einertson. Premiered December 4 & 6, 2020 in [A]Part, University of Idaho Dance Program's fall virtual dance event series. \*Film accepted for presentation at the Idaho Screendance Festival in Spring 2021.

*Turning Leaves*. A trio created and performed in collaboration with colleagues Belle Baggs and Rachel Dodson. Film created and edited by Melanie Meenan. Music by Michael Wall, edited by Belle Baggs. Performed in *Convergence*, UI dance faculty produced main stage concert, Fall 2018.

"I Got HERE through being a Body." A movement score and written response created and performed in collaboration with Belle Baggs and creative writer, Sarah VanGundy. Performed in *20x2: Twenty Speakers, One Question, Two Minutes Each* at OneWorld Café, Moscow, ID. October 13, 2018.

*Shade & Shadow.* A duet created and performed collaboratively through a creative process with colleague Belle Baggs in *Form & Transform*, UI-Dance Program's faculty produced main stage concert, Fall 2017. Light Design by Aurora Cody.

*Grain of Sand*. A duet created through a collaborative research process involving movement challenges and interviews with colleagues focused on *balance*; created and performed with colleague Belle Baggs in *Defining Balance*, UI-Dance Program's faculty produced main stage concert, Fall 2016.

A Summers Day Outside a Not So Big House. A duet created and performed in collaboration with dance artist Molly Everts for the closing concert of the DanceBARN Festival, Battle Lake, MN, July 25, 2015.

*Experimental Forces*. A trio created and performed in collaboration with colleagues Belle Baggs & Rachel Winchester during *Pulse*, UI-Dance Program's Fall 2014 main stage production.

*Play Like a Girl.* BASK Art Collective Performance. Performed two works: "She wanted to Dance but did not Dance," a duet created in collaboration with Belle Baggs and "Sideline(r)," a group improvisation score. Performed at University of Idaho, Administrative Auditorium, Spring 2014.

*Converging Communities Faculty Performance*. A work created in collaboration by faculty from Northwest Region universities. Performed in the Opening Concert for the NW Region 2014 ACDA Conference at University of Montana, Missoula, MT.

*Definition of Place*. An improvised movement score created and performed in collaboration with Belle Baggs in response to Robert S. Neuman's {definition of place} at Prichard Gallery, Moscow, ID in October 2013.

*GIRL POOL*. A choreographic research work utilizing six women and literary referencing with choreographed by Rachel Winchester. Performed in Dougherty Dance Theatre, University of Oregon, Spring 2013.

*Parade*. A restaging of a large ensemble work choreographed by Mark Haim, performed in the Robinson Theatre, University of Oregon campus February 14-16, 2013.

*Bruit.* A collaborative movement process between musicians and dancers directed and choreographed by Shannon Mockli, performed in the Dougherty Dance Theatre, University of Oregon, November 9-10, 2012. *The Ecstasies Above.* Choreographed by Walter Kennedy. Performed in Dougherty Dance Theatre, University of Oregon, February 2012.

*Fahrenheit 451 Collaboration*. A site-specific dance work collaboration, inspired by Ray Bradbury's book. Contributions as both choreographer and performer. Performed in the Eugene Public Library for the Big Read Finale, April 6, 2012.

*Laundromattinee*. A site-specific dance work choreographed by Heidi Duckler, Marissa Labog, and Carlos Rodriguez. Performed May 26, 2011 at Emerald Laundromat in Eugene, OR.

*In Precarious Tandem*. Choreographed by Shannon Mockli. Performed in Dougherty Dance Theatre, University of Oregon, February 2011.

Hannah Kahn Dance Company Member. September 2007–August 2010. Multiple performances in greater Denver, CO of new works and historical repertoire choreographed by Hannah Kahn.

Transitions Dance Company Member. 2003-2004. Multiple performances with tours throughout England, Scotland, and Amsterdam. Choreography by Rafael Bonachela, Willi Donner, Roger Sinha, and Miguell Pereira under the artistic and rehearsal direction of David Waring.

*The Nutcracker*. Choreography by Marsha Knight. Roles performed: Merliton, City & Court Doll, Snow Corp. University of Wyoming, Fall 2002.

*Near Far In Out*. Choreographic process guided by Peter DiMuro and Michelle Pearson from Dance Exchange, American Dance Festival, Durham, NC, Summer 2002.

Velerio: A Vigil for the Deceased. Choreography by Bill Evans. Performed at the Kennedy Center, May 2002

Carmina Burana. Choreography by Patricia Tate. Company performer. University of Wyoming, Fall 2001.

*Life in the Balance: Vertical Dance at Vedauwoo.* Choreography by Margaret Wilson and Neil Humphrey. University of Wyoming, Fall 2001.

Blues Explosion. Choreography by Kent De Spain. Performed at University of Georgia, Fall 2000.

*Dance Y2K*. Choreography by Margaret Wilson and Fred C.L. Mann III. Company performer. University of Wyoming, Spring 2000.

*Orpheus in the Underworld.* Choreography by Marsha Knight. Dance company performer in opera production. University of Wyoming, Spring 2000.

Snowy Range Summer Dance Festival Repertory Concerts – 1999, 2000, 2001 Choreography by Peter Pucci, Patricia Renzetti, Patricia Tate, Bella Lewitsky (staged by John Pennington), and Martha Graham (*Panorama*).

#### **Other Creative Activities: Dance Production & Design Experience**

Technical Director & Lighting Design, one faculty work and one student informal work, Northwest ACDA, Fall 2025 Production & Technical Director, Dance Research Showcase, Univ. of Idaho, Spring 2024 Lighting Design Support, student adjudicated work (Mines Uncanny), Northwest ACDA, Spring 2023 Lighting Support, Dance Research Showcase, Univ. of Idaho, Spring 2023 Production & Technical Director, (Re)Connect, Dance Research Showcase, Univ. of Idaho, Spring 2022 Lighting Designer & Technical Director, Bridging Divides, included 5 faculty works, Univ. of Idaho, Fall 2021 Lighting Designer & Technical Support, The Movement in the Music (virtual), 4 student + 1 guest works, Spring 2021 Lighting Design, 2 faculty dance works (A New Day and Sunder), Univ. of Idaho, Fall 2020 Technical Support, [A]Part, virtual dance event and performance series, Univ. of Idaho, Fall 2020 Technical Support, Evolving Practices, Bridging Perspectives, 2-part virtual senior research showcase, Spring 2020 Lighting Design & Technical Direction, one faculty and one student adjudicated works, ACDA, Spring 2020 Lighting Designer & Technical Director, Breaking Boundaries, included 5 faculty works, Univ. of Idaho, Fall 2019 Lighting Design for one student choreographed work, Artificial Reciprocity, Northwest ACDA, Spring 2019 Lighting design assistance, *Sliver of Light* faculty adjudicated dance work, Northwest ACDA, Spring 2019 Technical Director for Unraveling Motion, Revealing Intention, student choreographed production, Fall 2018 Costume Design for Always Already, Fall 2018 Filmed and Edited projected film for Turning Leaves, Fall 2018 Projection, Costume, & Sound Design for Beneath the Surface, Fall 2017 Technical Director for Emerging: Beyond Motion, senior projects concert, Spring 2017 Light design assistance and tech support for faculty work, Stronger Shines the Light Inside, NW ACDA, Spring 2017 Lighting Design for student choreographed work, When the dawn hits, Northwest ACDA, Spring 2017 Costume Design for (Un)familiar, Fall 2016 Lighting Design support for Defining Balance production, Univ. of Idaho, Fall 2016 Scenic, Costume, & Sound Design, and assisted with Lighting Design for Ethan & Louie, Fall 2015, Spring 2016 Technical Director for Looking Close, Expanding Perception, senior project concert, Spring 2015 Lighting Design support for faculty work, and one student choreographed work, Northcentral ACDA, Spring 2015 Costume, sound, and projection design for Then I Linger Here, Fall 2014 Technical Director, The Truth About..., student choreographed production, Fall 2014 Dance Theatre Production Class Instructor (DAN 210/410), DancersDrummersDreamers 2014, Univ. of Idaho Lighting Designer, Looking Close Reaching Under, Spring Student Dance Concert, Univ. of Oregon, Spring 2013 Costume Design & Sound Editing for Humdrum, Spring 2013 Stage Manager, (Un)Familiar, Graduate Loft, Univ. of Oregon, Winter 2013 Assistant Lighting Designer, (Un)Familiar, Graduate Loft, Univ. of Oregon, Winter 2013 Stage Manager, Dance Oregon Benefit Concert, Univ. of Oregon, Winter 2013 Light Board Operator, Spring Loft, Univ. of Oregon, Spring 2012

Light Board Operator, *Spring Loft*, Univ. of Oregon, Spring 2011 Assistant Stage Manager and Backstage Crew, *Songs by Artist*, Univ. of Oregon, Fall 2010

#### Grants: Awarded, Pending, Denied

Meenan, M.J., Baggs B. (co-investigators). *Inspiring Engagement & Making Connections through Dance*, Fine Arts Fee Grant, University of Idaho, 2023-24. Awarded: \$3,000

Meenan, M.J. *Professional Development in pursuit of SME Body-Mind Centering® credentials for enhancing pedagogy and research endeavors*. Diane B. Walker Dance Faculty Professional Development Endowment & Diann L. Haslett Education Faculty Excellence Endowment of the Dean's Excellence Fund. University of Idaho, Summer 2023. Awarded: \$2,800.

Meenan, M.J, Baggs B. (co-investigators). *Diversity, Accessibility, Collaboration, and Community through Dance*, Fine Arts Fee Grant, University of Idaho, 2022-23. Awarded: \$5,000

Meenan, M.J., Baggs, B. (co-investigators). *Dance Equity, Accessibility, & Inclusion*. Fine Arts Fee Grant, University of Idaho, 2021-22. Awarded: \$5,000

Meenan, M.J. *Professional Development in Brain Compatible Dance Education: Supporting Teaching Creative for Dance Curriculum.* Diane B. Walker Dance Faculty Professional Development Endowment, University of Idaho, Summer 2019. Awarded: \$625.00.

Meenan, M.J., Baggs, B. (co-investigators). *Healing Through Dance*. Fine Arts Fee Grant, University of Idaho, 2020-21. Awarded: \$3,750

Meenan, M.J., Baggs, B. (co-investigators). *Bridging Divides Through Dance*. Fine Arts Fee Grant, University of Idaho, 2019-2020. Awarded: \$2,500.

Meenan, M.J. Professional Development in pursuit of SME Body-Mind Centering<sup>®</sup> credentials for future research endeavors and pedagogic enhancement. Diane B. Walker Dance Faculty Professional Development Endowment, University of Idaho, Summer 2019. Awarded: \$1,000.

Meenan, M.J., Baggs, B. (co-investigators). *Interdisciplinary Dance Making & Performance*. Fine Arts Fee Grant, University of Idaho, 2018-19. Awarded: \$2,263.

Brown, A.F. Meenan, M.J., Bailey, J. Baker, R.T., Larkins, L. *Exercise Performance Training and Intervention Trials Using a Pilates and Performance Laboratory*. Submitted to University of Idaho Office of Research and Economic Development Equipment Infrastructure Support Award. 2018. Requested Funds: \$28,557.96. (Denied)

Meenan, M.J., Baggs, B. (co-investigators). *Impacting the Future of Dance*. Fine Arts Fee Grant, University of Idaho. Fine Arts Fee Grant Recipient with colleague Belle Baggs. Univ. of Idaho, 2017-18. Awarded: \$3,100.

Meenan, M.J. *Professional Development in Somatics: Supporting development of new course, Integrated Movement Practices.* Diane B. Walker Dance Faculty Professional Development Endowment, Univ. of Idaho, Summer 2016. Awarded: \$1,000.

Meenan, M.J., Baggs, B. (co-investigators). *Enhancing Dance Education and Pre-Professional Dance Performance with Guest Dance Artist & Lighting Designer*. Fine Arts Fee Grant, University of Idaho, 2016-17. Awarded: \$4,000.

Meenan, M.J. Summer Graduate Research Grant Recipient, Dance, University of Oregon, 2012 & 2011.

## Funded & Managed Projects

Meenan, M.J., Brown, A.F. (2021). *Pilates Equipment in Support of Educational Programing and Collaborative Research Opportunities*. Equipment and infrastructure support awarded by the College of Education, Health and Human Sciences, University of Idaho. Awarded \$29,000. Project completed Summer and Fall 2021.

Meenan. M.J., Baggs B. (2017). *Dance Flooring in Support of Healthy Practice and Dance Lab 212 Renovation Project*. Awarded \$40,000 from the College of Education, Health and Human Sciences toward \$60,000 project. Additional funding support from DAN. Project completed Summer 2018.

Meenan, M.J., Baggs B. (2016). *Theatrical Seating in Support of Safe & Professional Standards in Dance Performance*. Awarded \$40,000 from College of Education toward \$55,000 project. Additional funding support from DAN & MVSC. Project completed Spring 2018.

Meenan, M.J., Hall, C., Baggs. B. (2016). *Technology Enhancements in Dance: Theatre Lighting in Dance Theatre Lab 110, Sound Upgrades in Dance Labs 212 & 110, Audio-Video Station for Digital Dance Archiving & Video Editing.* Awarded approx. \$130,000 from the Doceo Center and EHHS as part of an Albertson's Foundation grant for EHHS, working in collaboration with Cassidy Hall, Classroom Media Services, and Facilities. Total project approximately \$150,000 with additional funding support from DAN & MVSC. Project completed Summer 2017.

## **Choreographic Honors & Awards**

Dance work, *Finding North*, selected locally for adjudication at Northwest ACDA Conference, 2025 Dance work, *Around & Through*, selected locally for adjudication at Northwest ACDA Conference, 2020 Dance work, *Art of Compromise*, received "People's Choice" award in *Dancing with the Stars of the Palouse*, 2017 Dance work, *Ethan & Louie*, selected locally for adjudication at Northwest ACDA Conference, 2016 Dance work, *that moment when...*, selected locally for adjudication at Northwest ACDA Conference, 2014 \*Paceived high honor of being selected for Cola Concert

\*Received high honor of being selected for Gala Concert

## SERVICE

## **Committee Assignments**

- Dance Program Hiring Committees (Adjunct Instructors, Musicians, Production Assistants), Department of Movement Sciences (December 2013-Present)
- Dance Program Scholarship Panel & Committee (Spring 2014-Present)
- Program Coordinators, Department of Movement Sciences (Shared Responsibility; Fall 2014-Present)
- Ad Hoc Committee for Memorandum of Agreement with Festival Dance (Fall 2017-Present)
- Student Success Support Committee, Department of Movement Sciences (Fall 2022-Dec 2024)
- MVSC 201 Course Ad Hoc Committee (Fall 2022-Spring 2023)
- Dean's Advisory Committee, College of Education, Health, and Human Sciences (Fall 2020-Spring 2022)
- Movement Sciences Interim Chair Search Committee (Summer 2020)
- Festival Dance/UI-Dance Adjunct Search Committee, Department of Movement Sciences (Spring 2015, 2016, 2017, 2018, 2020)
- Newsletter Committee, Department of Movement Sciences (Fall 2017-Spring 2018)
- 3<sup>rd</sup> Year Review Committees, Department of Movement Sciences (Fall 2014, Spring 2018)
- Dean's Advisory Committee, College of Education (2016-2017)
- Policies/Procedure/By-laws Committee, Department of Movement Sciences (Fall 2013-Spring 2017)
- Scholarship Committee, Department of Movement Sciences (Fall 2014, Spring 2015)
- Finance Technician Search Committee, Department of Movement Sciences (Fall 2014)
- Biomechanics/Applied Anatomy (PEP 300) Course Curriculum Committee, Department of Movement Sciences (Spring 2014)

## **Professional & Scholarly Organizations**

- Body-Mind Centering® Association, professional member (October 2024-Present)
- Idaho Dance Education Organization, Board Member: 2025 Conference Co-Chair & Executive Board Member (September 2024-Present), Director of Development (January 2021-Present), Independent Artist Representative (January 2018-December 2020), 2017 Conference Chair & Executive Board Member (October 2016-2017)
- Idaho Dance Education Organization, member (September 2015-Present)
- National Dance Education Organization member (April 2016-Present)
- International Association for Dance Medicine & Science (IADMS) member (April 2013-Present)
- Professional peer reviewer of one professional movement presentation, ACDA (Spring 2020)
- Professional peer reviewer of one choreographic work, American College Dance Association (Spring 2019)
- UI Dance Program liaison to IADMS Education Committee (September 2013-Present)
- American College Dance Association, member (Spring 2014-Present)

#### **Outreach Service**

BASI Pilates® Host Liaison & UI Pilates Educational Coordinator, September 2015-Present

Organize, publicize, and support running the BASI Pilates® Mat Program at UI.

Mat Certification hosted with additional mentorship provided for students and community, Spring 2016, Fall 2017-Spring 2018, and Fall 2019-2020.

Additional free tutorials/workshops provided in preparation for testing.

Became Comprehensive (equipment) training host location with BASI in 2022 with opening of equipment lab space spring 2022.

- Launched Comprehensive program in 2022 with Foundation, Mat, and Graduate program offerings in Fall 2022 and Spring 2023.
- Organized and assisted with BASI Pilates® Comprehensive Teacher Training Certification (CTTC) Program, Summer 2023.

Organized and assisted with BASI Pilates® CTTC and Mat Programs, Fall 2024-Spring 2025.

Pilates Lab Director, May 2021-Present

Development of Pilates equipment lab space; work has included securing quotes and discounts with BASI Systems, organizing shipping, equipment installation, facilities liaison, scheduling trainings and student practice hours. Space opening for public client services tentatively in Spring 2023.

Provide free Pilates mat classes and promotional events for all students, Spring 2014-Present.

Support of Dance Off Hand, Fall 2013-Present

Student Dance Majors/Minors Club, Terspichore, fundraiser and informal production each semester with staging of movement excerpts from dance technique classes for performance.

Creative Dance & Dance Integration Outreach Teaching:

3<sup>rd</sup> Grade, Lena Whitmore Elementary, 5 sessions, F24 1<sup>st</sup>/2<sup>nd</sup> Grade Combo Class, Lena Whitmore Elementary, 4 sessions, F24 1<sup>st</sup> Grade, Lena Whitmore Elementary, 4 sessions, F24 4<sup>th</sup> and 2<sup>nd</sup> Grace (Art Day), Lena Whitmore Elementary, 2 sessions, S24 2<sup>nd</sup> Grade, Lena Whitmore Elementary, 5 sessions, S24 Kindergarten, Lena Whitmore Elementary, 4 sessions, F23 Kindergarten, Lena Whitmore Elementary, 3 sessions, F23 3<sup>rd</sup>, 4<sup>th</sup>, & 2<sup>nd</sup> Grade (Art Day), Lena Whitmore Elementary, 3 sessions, S23 2<sup>nd</sup> Grade, Sorenson Magnet School, 2 sessions, S23 1<sup>st</sup> Grade (two classrooms), Lena Whitmore, 6 sessions, S23 1<sup>st</sup> Grade (two classrooms), Lena Whitmore, 2 sessions, F22 Kindergarten, Lena Whitmore Elementary, 5 sessions, F22 Kindergarten, Lena Whitmore Elementary, 5 sessions, F22 Kindergarten, Lena Whitmore Elementary, 5 sessions, S23

Organization and support of Creative Dance Practicums for dance students with Festival Dance Academy or area elementary schools, Spring 2020-present

Co-Founder & Co-Artistic Director, UIdaho Dance Ensemble (UIDE), Fall 2023-present

UIDE is a pre-professional student dance performance company with the goal of supporting hands-on educational and inclusive experiences in professional dance practices for UI students, while increasing awareness of dance in Idaho through touring performances and outreach workshops. Responsible for managing budget, publicity efforts, hiring crew, and organization of all events and production needs related to the work of this ensemble, in collaboration with Belle Baggs.

Spring 2025: Future Engagements

- Mar 7-8, 2025: UIDE performance with Ripple Dance (Coeur d'Alene)
- Mar 20-22, 2005: UIDE performance in DancersDrummersDreamers (Moscow)
- April 18, 2025: UIDE performance at Jazz Festival (Moscow)

## Fall 2024:

- Co-Directed *Elevate*, featuring two performances by UIdaho Dance Ensemble in work created by dance faculty professional choreographers and invited guests Ripple Dance of Coeur d'Alene, ID. November 15-16, 2023 in the Hartung Theatre.
- Co-organized residency with guest artist Juan Carlos Claudio in collaboration with Belle Baggs, included: 1 contemporary class, 1 Afro-Caribbean class, 1 presentation related to dance for aging populations, creation of one choreographic work to remain in repertoire with UIDE. Spring 2024:
- Feb 24, 2024: UIDE performed and tabled at Shadle High School Dance Competition (Spokane)
- Apr 12-13, 20204: UIDE performance with Vytal Movement Dance Company (Spokane) Fall 2023:
- Co-organized residency with Nick Cendese of Repertory Dance Theatre in collaboration with Festival Dance & Performing Arts Association and Belle Baggs, included: four technique class with RDT members available for all DAN students, one Michio Ito movement lab for DAN 421 students, one Theatre Motion workshop open to all, DAN 421attendance of RDT's lecture-demonstration performance *Journeys*, creation of one choreographic work to remain in repertoire with UIDE, and a performance opportunity for UIDE students in-concert with RDT.
- Co-Directed *(E)MERGE*, dance concert involving dissemination of 3 works performed by UIDE (premiere concert), 1 work performed by dance faculty, and 2 works performed by invited guest artists of Vytal Movement Dance Company of Spokane. November 11, 2023 in the Hartung Theatre.

Alumni performance and engagement (Spokane, WA), Fall 2024.

- Collaborated with Disability Action Center NW (Moscow) in organizing *Capturing Grace* event, Spring 2024 Film shared at Kenworthy Performing Arts Center in Moscow followed by virtual Q&A with David Leventhal of Mark Morris Dance Group and director of Dance for PD, included personally gathering multiple event sponsors (Dance Program, IDEO, FD&PAA, CDHD, EHHS), recruiting a D4PD instructor and U of I student volunteers.
- Organized *DancersDrummersDreamers* in-reach performance for area elementary schools with support of FDPAA, Spring 2024 (Lena Whitmore, West Park Elementary)
- Rehearsal Director for Cleo Parker Robinson Dance Ensemble artist residency with Cedric Hall, Fall 2022 Developed and supported scheduling of 3 master classes, 1 open rehearsal, and 20-hours of rehearsal in a 5-day residency with guest artist; provided technical support with dance floor and costume cleaning for U of I student performance of *Springtime in Mourning*, a guest work performed in concert with CPRDE hosted by Festival Dance & Performing Arts Association.

Co-Artistic Director/Assistant Director, Fall Faculty & Guest Artist Concert, 2014-2021

Reconceived focus of fall main stage concert in collaboration with Belle Baggs to provide pre-professional dance performance and hands-on learning experiences for dance majors and minors. Responsible for managing budget, publicity efforts, hiring crew, and all events and production needs related to this event, in collaboration with Belle Baggs.

- Bridging Divides, Fall 2021 4 performances (3 live, 1 virtual)
  - Organized, scheduled, funded and provided housing for guest artist residency with guest artist, Aaron Wood (Casper, WY) included: support of Diverse Dialogue panel (*Finding Community Through Movement & Health*), instruction of 5 technique classes, one history lecture, two history labs, one lecture-demonstration on outreach education; and multiple rehearsal hours setting work on select dance students.
  - Organized 6 outreach events at Lena Whitmore Elementary School, attend 4 events, reaching approx. 120 participants; Supported outreach series with 4<sup>th</sup> grade class at Palouse Prairie Elementary School: events involved coaching and supervising 11 UI students in teaching dance outreach experiences.

Co-produced two Dance Program films: *Looking Back, Moving Forward: University of Idaho* Dance Program through the Covid-19 Pandemic (premiered at Borah Symposium events); UI Dance Outreach 2021, both presented in concert events.

Co-taught master class for community and prospective students.

Participated in Q&A with choreographers and dancers following Sunday matinee.

[A]Part, Fall 2020 – 4 virtual performance events

Organized, scheduled, and funded guest artist residency, Dance Exchange (Washington, DC); included 5 virtual engagements with 3 company artists, co-supporting the creation of 2 student screendances, an engagement with community partners, and a performance and engagement open to all University students and community

Developed and ran UI Marketplace online store for ticket sales.

Created webinars in Zoom and supported publicity efforts.

Coordinated and participated in Q&A following Sunday evening event.

Breaking Boundaries, Fall 2019 - 4 performances

Co-organized guest artist residency, Michael Schumacher (Amsterdam): included 4 master classes and a lecture-demonstration open to all University students and community.

Co-directed performance at Borah Symposium.

Organized Dine & Dance event, collaboration with Bloom restaurant, Moscow, ID (29 attendees). Organized catered Reception for Students, Parents, & Alumni following Saturday night performance. Co-taught master class for community and prospective students (28 attendees).

Participated in Q&A with choreographers and dancers following Sunday matinee.

Convergence, Co-Director, Fall 2018 – 4 performances

Organized, scheduled, funded and provided housing for guest artist residency with guest artists of DanceBARN (Molly Johnston & Ayumi Hori of Minnesota): organized one community dance class, one lecture-demonstration, one community dance event at Moscow Farmer's Market, and multiple rehearsals setting work on select dance students; shared rehearsal direction responsibility following residency.

Organized Dine & Dance event, collaboration with Bloom restaurant in Moscow, ID (23 attendees) Organized catered Reception for Students, Parents, & Alumni following Saturday night performance. Co-taught master class for community and prospective students.

Participated in Q&A with choreographers and dancers following Sunday matinee.

*Form & Transform*, Co-Director, Fall 2017 – 4 performances

Organized, scheduled, funded and provided housing for two guest artist residencies, Vincas Greene (Spokane, WA) and Faith Morrison (Portland, OR): included lecture-demonstrations, multiple master classes, and setting work on select dance students; acted as rehearsal director for Morrison's piece following residency.

Organized catered Reception for Students, Parents, & Alumni following Saturday night performance. Co-taught master class for community and prospective students.

Participated in Q&A with choreographers and dancers following Sunday matinee.

- Defining Balance, Co-Director, Fall 2016 4 performances
  - Organized, scheduled, and funded two guest artist residencies, Sarah Ebert (Eugene, OR) and Jamie Minkus (Portland, OR): provided housing for one guest artist; included multiple master classes and setting work on select dance students; acted as rehearsal director for Ebert's work following residency.

Organized catered Reception for Students, Parents, & Alumni following Saturday night performance. Co-taught master class for community and prospective students.

Participated in Q&A with choreographers and dancers following Sunday matinee.

- Rising Momentum, Assistant Director, Fall 2015 4 performances
  - Organized and funded guest artist residency with Nahn Ho (Sacramento, CA): included lecturedemonstration, multiple master classes, and setting a work on select dance students; shared rehearsal direction responsibility following residency.
  - Organized and publicized master class with UI faculty, included creation of new brochure with mailing to regional studios and additional publicity efforts.
  - Organized catered Reception for Students, Parents, & Alumni following Saturday night performance.

Pulse, Assistant Director, Fall 2014 – 4 performances

- Organized guest artist residency with Louis Kavouras (Las Vegas, NV): included lecturedemonstration, multiple master classes, and setting work on select dance students; shared rehearsal direction responsibility following residency.
- Organized guest lighting designer residency with Peter Jakubowski (Las Vegas, NV): included organization of lecture-demonstration for theatre and dance students.

Organized catered Reception for Students, Parents, & Alumni following Saturday night performance. Co-taught master class for community and prospective students.

Participated in Q&A with choreographers and dancers following Sunday matinee.

Lecture-Demonstration for 5<sup>th</sup> grade classes of Sorenson Magnet School, CDA include DAN 416 student performance and dance faculty lead activities, Spring 2023

Idaho Dance History Preservation Project Coordinator, Fall 2021-Present Involves working with UI Library, Idaho Dance Education Organization, and UI dance students in developing an archive of oral and written history tracking historical contributions to dance in Idaho.

Mentoring MVSC 586 grad student dance-focused project, Spring 2022.

Facility improvement work, Fall 2013-Present

Volunteered countless hours for supporting dance lab space improvements: laying and taping marley dance floor, cleaning and prepping spaces for new vinyl and sprung floor, cleaning and organizing costume and tech closet, organizing storage spaces, re-purposing storage cabinets, small equipment enhancement (ballet barres, student cubbies, shoe cubbies, etc.). Work often completed during summers or weekends.

Archive organization and management, Fall 2013-Present

Digitizing performance video archives and dance history video footage for use in lecture courses. Organizing storage of program photos, programs, and other publicity archives.

Organize and co-teach new annual Placement Class for dance technique levels, Fall 2014-Present

Director for Choreography Lab, student choreographed concerts, typically produced Fall even years Spring 2021: Co-directed: *Movement in the Music*, a virtual student choreographed production including collaboration with music composers, videography, and a virtual guest residency with Pat Taylor of Jazz Antiqua to set work a new work on 11 dance students. Premiered April 10, 2021 – ran virtually through summer 2021.

Fall 2020: Not produced due to Covid-19

Fall 2018: Unraveling Motion, Revealing Intention, first fully produced student choreographed production held in the newly renovated Dance Studio Theatre. Nov 29-Dec 1, 2018 – 3 performances
Fall 2016: Two student dance works, produced and performed in Dance Off Hand, student run concert
Fall 2014: The Truth About..., produced in Studio Theatre 110. December 13, 2014

Guest artist master class scheduling and publicity:

Ballet Victoria, in collaboration with Festival Dance & Performing Arts, F24 Collision of Rhythm Tap class, in collaboration with Festival Dance & Performing Arts, F24 Repertory Dance Theatre, in collaboration with Festival Dance & Performing Arts, S23 Michael Schumacher, three dance improvisation guest lecturer experiences, F22 Ballet Fantastique, in collaboration with Festival Dance & Performing Arts, S22 & F22 Cleo Parker Robinson Dance Company, virtual class in collaboration with Festival Dance, S21 Ballet Victoria, in collaboration with Festival Dance & Performing Arts, F19 Eric & Encarnación' Duo Flamenco, in collaboration with School of Music World Music Celebration, S19 Repertory Dance Theatre, in collaboration with Festival Dance & Performing Arts, S19 Nawany Cathy Dunlap, African (Uganda) Dance Artist, S19 London Handal Players, Baroque Dance Specialists, in collaboration with Festival Dance & ACMS, F18 Cleo Parker Robinson Dance Company, in collaboration with Festival Dance & Performing Arts, S17 Rejoice Diaspora Dance Theatre, in collaboration with Festival Dance & Performing Arts, S17 Rejoice Diaspora Dance Theatre, in collaboration with Festival Dance & Performing Arts, S17 Okaidja & Shokoto, in collaboration with School of Music World Music Celebration, S16 Rainbow Dance Theatre, in collaboration with Festival Dance & Performing Arts, S15 Eugene Ballet Company, in collaboration with Festival Dance & Performing Arts, F15 Paul Taylor II, in collaboration with Festival Dance & Performing Arts, S14 Repertory Dance Theatre, in collaboration with Festival Dance & Performing Arts, F14

- Respondent for choreography adjudication process for annual *DancersDrummersDreamers* (DDD) production, support of 1-4 showings annually, Spring 2014-2020, 2022-present
- Organized and co-taught music in dance workshop for 30 high school music students, Fall 2019
- Mentoring MVSC 486 dance student community-focused needs assessment project, Spring 2019 Collaborating with Festival Dance to create a Summer Dance Intensive
- Organized two 30-minute dance outreach events for students participating in the *EXPO Extended Experience* coordinated by College of Engineering. Involved eight UI students in supporting and delivering outreach experiences one for 3<sup>rd</sup> & 4<sup>th</sup> graders (33 students) and one for 6<sup>th</sup> & 8<sup>th</sup> grades (47 students), Spring 2019
- Organized and publicized free informal showing of Dance Composition I (DAN 384) student works, Spring 2019, Spring 2017, Spring 2015, Fall 2013
- Organized and co-taught annual spring dance program and scholarship auditions for new and returning students, in collaboration with Belle Baggs, Spring 2014-2020
- Organized and instructed master class for prospective students and community, collaborating with DDD and UIdaho Bound/Vandal Friday events, Spring 2015-2018, Spring 2022
- Support of UIdaho Bound, Envision Idaho, and Vandal Friday events with attendance, tours, and advising, Spring 2014-present.
- Recruiter and guest faculty at Northwest Regional High School Dance Festival, February 15-18, 2019.

Festival Dance Academy Recital Support: Organizing and training support staff. May 2019, 2021, 2022.

- Malcom Renfrew Interdisciplinary Colloquium guest lecture with Belle Baggs, Fall 2018, Fall 2020
- Organized guest speaking seminars, open to all dance students

Nutrition for Dance seminar with colleague and guest speaker, Dr. Ann Brown, Fall 2018.
 Nutrition for Dance seminar with colleagues and guest speakers Dr. Ann Brown, Dr. Katie Brown, and nutrition student Michelle Little, as well as campus dietician Marissa Rudley, Fall 2016.
 Nutrition for Dance Athletes, Stop the Hate, Student Exchange & Study Abroad, Fall 2014.

Supported UI Opera Workshop production *Carmen*, with choreography and rehearsal of solo dance segment performed by a dance major alumni, Spring 2018

Jazz Festival Guest Lectures & Movement Sessions

Creative Movement & Pilates Open Lab, Spring 2024.

*Embodiment of Sound 2.0*, collaboration with dance musicians Cate Frederick and Brandon Meyer, presented twice, Spring 2023.

Embodiment of Sound, collaboration with dance musician Brandon Meyer, Spring 2022.

- *The Interconnection of Jazz Dance and Music*, collaboration with Belle Baggs, presented twice both in Spring 2017 & Spring 2018.
- Social Dance through the Decades, collaboration with MVSC graduate student Ginny Robinson, dance clinic instructed twice in Spring 2018.
- Organized and hosted annual Dance Program Welcome Back social event for dance majors, minors, and faculty, Fall 2016-2019, 2021-2024
- Idaho Dance Education Organization 2017 Conference Coordinator, Spring & Fall 2017 Coordinated conference in collaboration with IDEO president: recruited keynote speaker, developed call for proposals, worked with IdahoSTARS to offer licensing hours for childcare providers, presenter

scheduling, booked facilities, set up technology support, managed student interns and volunteers, organized catered lunch meeting, publicity, supported registration, recruited performers and production staff for Gala concert, organized dinner reception at local restaurant, Nectar, for presenters and UI alumni.

Coordinated guest lecturer residency with Mary Lou Seereiter, included four workshops for students across the university (Dance, Movement Sciences, Elementary Education, Psychology), Fall 2017

Director for Senior Project Showcase productions

*Embodying Nature*, presentation of research by one dance major, Spring 2024 *Insert Title*, presentation of research by four dance majors, Spring 2022 *Evolving Practices, Bridging Perspectives*, virtual presentations by five dance majors, Spring 2020. *Emerging: Beyond Motion*, presentation of research by three dance majors, Spring 2017. *Looking Close, Expanding Perceptions*, presentation of research by four dance majors, Spring 2015.

Coordinated local outreach event at Prichard Art Gallery in conjunction with Moscow First Thursday and *Circuitous* (MFA Thesis art show) which involved three DAN courses (DAN 384, DAN 422, DAN 216); showed choreographic work; guided *Spontaneous Art Making*, an improvisation session open to all, Spring 2017.

Served on discussion panel focused on Dance Science & Somatics at Northwest ACDA, Spring 2017 & 2016

- Arranged and assisted master class for prospective students, instructed by Belle Baggs, at Idaho Arts Charter School (Nampa), Fall 2016
- Organized and instructed two master classes (Idaho Arts Charter in Nampa & Fine Arts Academy in Eagle) in association with DDD tour, Spring 2016
- Collaborated with UI Opera Workshop & Festival Dance to support *Cendrillon* production with choreography, costuming, and staging of three choreographic segments (involving six UI dance students and one Festival Dance Academy professional instructor in performing); worked with Festival Dance to procure use of dance flooring for production, Spring 2016
- Provided feedback and mentorship for DAN/ESH student presenting biomechanical dance research at IADMS conference, poster presentation, Fall 2015
- Created a semester-long internship experience for a student double majoring in Dance and Exercise Science for ESH practicum credit, which involved one-to-one mentorship for 30+ hours in arts administration, publicity and production tasks, teaching feedback/discussions, curriculum discussions, ACDA planning, graduate school research, etc., Fall 2014

Assistant Director, Colliding Contrasts, Univ. of Idaho Dance Theatre Production, Fall 2013. - 3 performances

Supported First Thursday event at Prichard Gallery with three 15-minute scored performances, Fall 2013

Community Service: (non-academic unrelated to employment)

Backstage volunteer for Festival Dance Academy's annual recital, Spring 2019, Spring 2021, Spring 2023 Created & Rehearsed duet for Festival Dance Academy & Performing Arts Association benefit (15 hours), Dancing with Stars of the Palouse, Spring 2017

## **PROFESSIONAL DEVELOPMENT**

## Workshops, Master Classes, and Seminars supporting Teaching & Scholarship

BASI Pilates Comprehensive Teacher Training Program Flex Program Modules 105-106 (Audit)	Dance Program & Integrated Pilates Movement Lab University of Idaho BASI Faculty: Lauren Hovik January 18-19, 2025
BASI Pilates Comprehensive Teacher Training Program Flex Program Modules 103-104 (Audit)	Dance Program & Integrated Pilates Movement Lab University of Idaho BASI Faculty: Lauren Hovik October 12-13, 2024

National Dance Education Organization (NDEO) Conference Presentations, experiential workshops, and keynote sessions focused on *REVITALIZE: Breathing New Life into Your Dance Programs and Teaching Methods* 

*BASI Pilates Comprehensive Teacher Training Program* Flex Program Modules 101-102 (Audit)

*Infant Development Educator (IDME) 1 Course* BMC<sup>SM</sup> Infant Development Movement Education Program Course

*Endocrine System* BMC<sup>SM</sup> Somatic Movement Education Program Course

Idaho Dance Education Organization 2023 Conference Workshops, seminars, lectures, membership meeting, and presentations focused on *Healthy Mind and Body with Wellness* 

BASI Pilates Comprehensive Teacher Training Program Global Comprehensive Modules 1-12

*Muscular System* BMC<sup>SM</sup> Somatic Movement Education Program Course

*SME Competency Course* BMC<sup>SM</sup> Somatic Movement Education Program Course

*SME Professional Issues* BMC<sup>SM</sup> Somatic Movement Education Program Course

BASI Pilates Comprehensive Teacher Training Program Foundation Program Modules 4-6 (Audit)

*Infant Development Educator (IDME) 1B Course* BMC<sup>SM</sup> Infant Development Movement Education Program Course Hyatt Regency Bellevue, WA September29-October 1, 2024

Dance Program & Integrated Pilates Movement Lab University of Idaho BASI Faculty: Lauren Hovik August 31-September 1, 2024

School of Body-Mind Centering® (BMC<sup>SM</sup>) Sonder Movement Project, WildHeart, Wallkill, NY Amy Matthews, Sarah Barnaby July 10-21, 2024

School of Body-Mind Centering® (BMC<sup>SM</sup>) Moving Within, Studio in the Woods, Lorane, OR Mary Lou Seereiter, Rebecca Haseltine June 16-21, 2024

BYU-Idaho, Rexburg, ID October 13-14, 2023 Keynote: Eric Franklin

Integrated Pilates Movement Lab University of Idaho BASI Faculty: Lauren Hovik July 28-30, Aug 4-6, Aug 12-18, 2023

School of Body-Mind Centering® (BMC<sup>SM</sup>) Moving Within, Studio in the Woods, Lorane, OR Mary Lou Seereiter, Amy Matthews June 24-July 4, 2023

School of Body-Mind Centering® (BMC<sup>SM</sup>) Moving Within, Studio in the Woods, Lorane, OR Mary Lou Seereiter, Amy Matthews, Rebecca Haseltine June 7, 2023

School of Body-Mind Centering® (BMC<sup>SM</sup>) Moving Within, Studio in the Woods, Lorane, OR Mary Lou Seereiter, Amy Matthews, Rebecca Haseltine June 8-9, 2023

Dance Program & Integrated Pilates Movement Lab University of Idaho BASI Faculty: Lauren Hovik January 6-8, 2022

School of Body-Mind Centering® (BMC<sup>SM</sup>) Sonder Movement Project & Babies Project, NYC Amy Matthews, Sarah Barnaby, Satu Palokangas September 12-17, 2022

*BASI Pilates Comprehensive Teacher Training Program* Foundation Program Modules 1-3 (Audit)

*Nervous System* BMC<sup>SM</sup> Somatic Movement Education Program Course

*Ligaments System* BMC<sup>SM</sup> Somatic Movement Education Program Course

*Ontogenetics Development* BMC<sup>SM</sup> Somatic Movement Education Program Course BMC<sup>SM</sup> Infant Development Movement Education Program Course

*Infant Development Educator (IDME) 1A Course* BMC<sup>SM</sup> Infant Development Movement Education Program Course

*IDME & SME Study Sessions* Weekly virtual study sessions, ongoing

Idaho Dance Education Organization 2021 Conference Workshops, seminars, lectures, membership meeting, and presentations focused on *A Life in Dance: Lessons in Creativity, Possibility, & Community (*Keynote: Bill Evans)

Brain Compatible Dance Education Workshop Series: BCDE & BrainDance Foundations BCDE for Early Childhood BCDE for Elementary School

American College Dance Association (ACDA) Conferences Four-day conference of movement classes, current events, research presentations, adjudicated dance works, informal concerts, and panel discussions

Idaho Dance Education Organization 2019 Conference Workshops, seminars, lectures, membership meeting, and presentations focused on *Building Bridges Through Collaboration and Composition*  Dance Program & Integrated Pilates Movement Lab University of Idaho September 2-4, 2022 Lauren Hovik

School of Body-Mind Centering® (BMC<sup>SM</sup>) Moving Within, Studio in the Woods, Lorane, OR Mary Lou Seereiter, Rebecca Haseltine June 30-July 7, 2022

School of Body-Mind Centering® (BMC<sup>SM</sup>) Moving Within, Studio in the Woods, Lorane, OR Mary Lou Seereiter, Amy Matthews June 20-27, 2022

School of Body-Mind Centering® (BMC<sup>SM</sup>) Moving Within, Studio in the Woods, Lorane, OR Mary Lou Seereiter, Amy Matthews June 12-17, 2022

School of Body-Mind Centering® (BMC<sup>SM</sup>) Sonder Movement Project & Babies Project, NYC Amy Matthews, Sarah Barnaby, Satu Palokangas May 1-6, 2022

Sonder Movement & Babies Project Amy Matthews Ongoing

Boise State University, Boise, ID October 2, 2021

Creative Dance Center, Virtual Workshops Anne Green Gilbert July 2021

Modesto Junior College, 2025 Weber State University, 2024 Gonzaga University, 2020 University of Utah, 2019 University of Oregon, 2017 University of Wyoming, 2016 Iowa State University, 2015 University of Montana, 2014 El Camino College, 2013 University of Wisconsin, 2012 University of Idaho, 2011

BYU-Idaho, Rexburg, ID October 10-11, 2019

Senses and Perception 1 BMC<sup>SM</sup> Somatic Movement Education Program Course BMC<sup>SM</sup> Infant Development Movement Education Program Course

Skeletal System BMC<sup>SM</sup> Somatic Movement Education Program Course

Developing Movement for Babies: Body-Mind Centering® Approach to Developmental Patterns

Idaho Dance Education Organization 2018 Conference Workshops, seminars, lectures, membership meeting, and presentations focused on *Deepening through Dialogue* (Keynote: Cassie Meador, Dance Exchange)

Idaho Dance Education Organization 2017 Conference Workshops, seminars, lectures, membership meeting, and presentations focused on *Embodying Healthy Practices* (Keynote: Mary Lou Seereiter)

*Reflexes, Righting Reactions, and Equilibrium Responses* BMC<sup>SM</sup> Somatic Movement Education Program Course BMC<sup>SM</sup> Infant Development Movement Education Program Course

*Organ System* BMC<sup>SM</sup> Somatic Movement Education Program Course

*Idaho Dance Education Organization 2016 Conference* Workshops, seminars, lectures, membership meeting, and presentations focused on *The Language of Dance* 

Basic Neurocellular Patterns BMC<sup>SM</sup> Somatic Movement Education Program Course BMC<sup>SM</sup> Infant Development Movement Education Program Course

*Fluids System* BMC<sup>SM</sup> Somatic Movement Education Program Course

*Idaho Dance Education Organization 2015 Conference* Workshops, seminars, lectures on trends and improvements in dance education with a focus on the *Brain Dance*  School of Body-Mind Centering® Studio in the Woods, Lorane, OR Mary Lou Seereiter, Amy Matthews July 6-9, 2019

School of Body-Mind Centering® Studio in the Woods, Lorane, OR Mary Lou Seereiter, Amy Matthews, Olive Bieringa June 23-July 3, 2019

Yoga Shala of Portland Amy Matthews December 7-8, 2018

College of Southern Idaho, Twin Falls, ID September 14-15, 2018

University of Idaho, Moscow, ID October 27-28, 2017

School of Body-Mind Centering® Moving Within, Studio in the Woods, Lorane, OR Mary Lou Seereiter, Amy Matthews, Rebecca Haseltine June 28-July 4, 2017

School of Body-Mind Centering® Moving Within, Studio in the Woods, Lorane, OR Mary Lou Seereiter, Wendy Hambidge, Amy Matthews June 19-26, 2017

Ballet Idaho, Boise, ID September 26, 2016

School of Body-Mind Centering® Moving Within, Studio in the Woods, Lorane, OR Mary Lou Seereiter, Wendy Hambidge, Amy Matthews July 5-12, 2016

School of Body-Mind Centering® Moving Within, Studio in the Woods, Lorane, OR Amy Matthews, Mary Lou Seereiter, Mark Taylor June 27-July 3, 2016

Idaho State University, Pocatello, ID September 26, 2015

*Ontogenetics Development* BMC<sup>SM</sup> Somatic Movement Education Program Course BMC<sup>SM</sup> Infant Development Movement Education Program Course

Bartenieff Fundamentals/Body-Mind Centering® Professional Development Workshop

DanceBARN Festival Professional development retreat in creative practices

*International Association for Dance Medicine & Science* Annual conference: research paper presentations, movement sessions, round table discussions, poster presentations

*Day for Teachers, IADMS Special Interest Day* Research presentations and workshops regarding the use of dance science and healthy practice in dance education.

Authentic Movement 3-day Authentic Movement Workshop

*Voice and The Fluids* Somatic Movement Educator Course

*Dance Kinesiology Teachers' Group Conference* Sharing teaching tools and practices in Dance Science and Somatics, Research Presentations, Movement sessions

Introduction to Avalon Exercises 1-day workshop on new Pilates equipment

*Pilates Knee to Toe* 1-day Pilates workshop with PT and former professional dancer School of Body-Mind Centering® (BMC<sup>SM</sup>) Moving Within, Studio in the Woods, Lorane, OR Mary Lou Seereiter, Amy Matthews, Rebecca Haseltine August 5-9, 2015

Moving Within Studio in the Woods, Lorane, OR Amy Matthews & Mary Lou Seereiter July 30-August 2, 2015

Battle Lake, MN, July 22-26, 2015

October 17-19, 2013, Seattle, WA

Seattle, October 20, 2013 Presenters: Kitty Daniels, Bill Evans, Donna Krasnow, Virginia Wilmerding, Margaret Wilson

Studio in the Woods, Lorane, OR Mary Lou Secreiter August 17-19, 2012

Studio in the Woods, Lorane, OR Mark Taylor and Mary Lou Seereiter June 14-18, 2012

College at Brockport, NY, 2011 Highlighted presenters: Glenna Batson, Bill Evans, Pamela Geber, Anne Burnidge, Harkness Center for Dance Injuries

Pilates Denver, Amy de Sa December 2009

Pilates Denver, Amy Anderson June 2009

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