

January 2025				
Mon	Tues	Wed	Thurs	Fri
13	14	15	16	17
20	GRG 21 CIRTL	MH 22	23	GPSA 24
HT: 27 PLANS	28	29	PDI 30 IGSE	31

February 2025				
Mon	Tues	Wed	Thurs	Fri
HT: 3 STEPS	GRG 4	5	6	GPSA 7
10	CIRTL 11	12	GRG* 13	14
17	MH 18 PFW	GWS 19	PDI 20	GPSA 21
HT: 24 FORMAT	GRG 25 PFW	26	PDI 27	28

March 2025				
Mon	Tues	Wed	Thurs	Fri
HT: 3 AWARDS	MH 4	5	GRG* 6	GPSA 7
10	11	12	13	14
HT: 17 FUND	GRG 18 CIRTL	GWS 19	20	GPSA 21
24	25	26	GRG* 27 IGSE	28

April 2025				
Mon	Tues	Wed	Thurs	Fri
31	GRG 1	2	3	4
7	8	9	PDI 10 GRG*	GPSA 11
14	GRG 15 CIRTL	16	17	18
21	22	MH 23	IGSE 24	25

COGS Spring 2025 Graduate Student Support Programs

- **Grad Researcher Community Group (GRG)**
Tuesdays 1 – 2 p.m. IRIC Atrium
January 21, February 4 & 25,
March 18, April 1 & 15
Thursdays 5 – 6 p.m. via Zoom (GRG*)
February 13, March 6 & 27, April 10
 - **CIRTL Workshop Series (CIRTL)**
Tuesdays 5 – 6 p.m. via Zoom
January 21, February 11,
March 18, April 15, May 6
 - **Grad Student Mental Health Series (MH)**
Tuesdays/Wednesdays 12 – 1 p.m. via Zoom
January 22, February 18, March 4
 - **GPSA Coffee Hour (GPSA)**
Fridays 8:30 – 10:00 a.m. IRIC Atrium
January 10 & 24, February 7 & 21,
March 7 & 21, April 11
 - **International Grad Student Essentials (IGSE)**
Thursdays 4–5 p.m. IPO Conference Room
January 30, March 27, April 24
 - **Prestigious Fellowship Workshops (PFW)**
Tuesdays 3 – 4 p.m. via Zoom
February 18 & 25
 - **Professional Development Initiative (PDI)**
Thursdays 10 – 10:45 a.m.
ISUB 329 and via Zoom
January 30, February 20 & 27, April 10
 - **Graduate Writing Symposium (GWS)**
Wednesdays 1 – 2 p.m.
IRIC 321 and via Zoom
February 19 & March 19
 - **Grad Student HOW TO Series:**
Mondays 10 – 11 a.m. via Zoom
 - Study Plans and Degree Audit (PLANS)**
January 27
 - Steps to Your Graduate Degree (STEPS)**
February 3
 - Format Your Thesis/Dissertation (FORMAT)**
February 24
 - Apply for GPSA Awards (AWARDS)**
March 3
 - Fund Your Graduate Education (FUND)**
(ideally for prospective students)
March 17
- Note: All times listed are in Pacific Time*

College of Graduate Studies

Spring 2025 Graduate Student Support Programs

Note: all times are in the Pacific Time Zone

Professional Development Initiative

The Professional Development Initiative (PDI) includes events, workshops, and classes intended to provide opportunities to promote the academic and professional success of graduate students, postdocs and other early career trainees. This series of events is facilitated by the Career Services office.

<https://uidaho.zoom.us/j/81923089223> | Meeting ID: 819 2308 9223

10-10:45 a.m. Thursdays | ISUB 329 and via Zoom

January 30: *Landing Your Dream Academic Job: Tips for Applications and Interviews*

February 20: *Breaking into Industry: Tips for Applications and Interviews*

February 27: *Conference Networking: Proven Tips for Building Professional Relationships*

April 10: *You are Worth It: Strategies for Salary Negotiations*

Graduate Writing Symposium

The Graduate Writing Symposium, led by the Graduate Writing Consultants in partnership with the College of Graduate Studies, focuses on breaking down genre-specific writing topics into practical, easy-to-understand strategies. These interactive sessions are designed to help graduate students confidently begin their writing process with actionable tips and techniques. Topics include effectively approaching and organizing literature reviews, with an emphasis on synthesizing—rather than simply listing—source material. Additionally, the symposium will explore the use of artificial intelligence (AI) in graduate-level writing, addressing both practical applications and the ethical considerations surrounding AI usage.

<https://uidaho.zoom.us/j/87630895130> | Meeting ID: 876 3089 5130

1-2 p.m. Wednesdays | IRIC 321 and via Zoom

February 19: *Literature Reviews*

March 19: *Artificial Intelligence Ethics and Use Cases in Writing*

Graduate Student Mental Health Series

Led by Faculty from the Counseling and Mental Health Center (CMHC), these monthly presentations center around mental health topics especially relevant to graduate and professional students.

<https://uidaho.zoom.us/j/86598180151> | Meeting ID: 865 9818 0151

12 – 1 p.m. Tuesdays and Wednesdays | via Zoom

January 22: *Addressing the Elephant in the Room: Managing Financial Stress in Graduate School*

February 18: *Refresh Your Mind: A Guided Workshop for Mindfulness and Mood Boosting*

March 4: *Reclaim Your Focus: How Technology is Stealing Our Attention – and What to Do About it*

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Prestigious Fellowship Workshop Series

The Prestigious Fellowship Workshop series, led by Dean Jerry McMurtry, prepares students to submit federal fellowship applications in the upcoming funding cycle, 2025 - 2026. Students in the final stages of writing an application for the GRFP, National Defense, or F31- NIH fellowships are encouraged to attend these sessions. Attendees may bring in-progress application documents and any questions they have about the application process. Additionally, students will learn the differences between the major prestigious fellowships, how to determine which fellowship is the best fit, and how to effectively plan for the 2025 - 2026 application cycle. Any students in need of faculty reviewers for fellowship application components may contact Michael Decker (mdecker@uidaho.edu) for assistance.

<https://uidaho.zoom.us/j/83450865632> | Meeting ID: 834 5086 5632

3-4 p.m. Tuesdays | via Zoom

February 18: *Introduction to Fellowship Applications*

February 25: *The Application Process and Components*

GPSA Coffee Hours

Led by students in the Graduate and Professional Student Association (GPSA), Coffee Hours are held about twice a month in the IRIC Atrium. Coffee hours provide opportunities for networking, social connections, and learning about ways to become involved in graduate student leadership. A wide array of food and drinks will be provided. Graduate students, staff, faculty, and postdocs are encouraged to attend.

8:30-10:00 a.m. Fridays | IRIC Atrium

January 10 & 24

February 7 & 21

March 7 & 21

April 11

International Grad Student Essentials

The International Graduate Student Essentials Series is designed to address key topics that are especially relevant to international students. This series covers critical areas such as pathways to work sponsorship, mental health and well-being, and strategies for navigating global job markets. Participants will gain valuable skills while fostering connections and building a supportive community here at the University of Idaho.

4-5 p.m. Thursdays | IPO Conference Room

January 30: *Cultural Differences Among Job Hiring Practices*

March 27: *Fellowships and Grants for International Students*

April 24: *Pathways to Work Sponsorship*

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CIRT Network Workshop Series

The Center for the Integration of Research, Teaching and Learning (CIRT) and the College of Graduate Studies present a series of workshops relevant to graduate students and postdocs seeking future faculty positions. These workshops will explore Teaching as Research (TAR) and Learning Through Diversity (LTD) pedagogical frameworks. Workshops will be led by Michael Decker and Dr. Jen Elbeck. This is a valuable opportunity for graduate students and postdocs to become involved in CIRT levels, opportunities, and credentials. For more information about the benefits of becoming involved in the CIRT network, contact Michael Decker at mdecker@uidaho.edu.

<https://uidaho.zoom.us/meeting/86407211044> | Meeting ID: 864 0721 1044

5-6 p.m. Tuesdays | via Zoom

January 21 - *Practices of Reflective/Scholarly Teaching*: Participants will explore strategies for developing their pedagogical approach, as well as learn about inquisitive and reflective teaching methods, which may potentially produce publishable or presentable results.

February 11 - *Universal Design for Learning*: Participants in this session will learn evidence-based practices for adapting, adopting, and integrating techniques that support multiple means of engagement, representation, and expression of knowledge.

March 18 - *Culturally Responsive Pedagogy*: Participants will develop insight into the role that culture plays in framing student presence, participation, and success, and strategies for identifying and navigating both multiple barriers to, and opportunities for, inclusive learning mindful of the impact cultural differences play in engaged learning.

April 15 - *Inclusion by Design*: Participants will apply a simple but effective methodology for embedding inclusive teaching and learning principles and practices in all aspects of a class, from the syllabus to the first day to final grades and everything in-between.

May 6 – *Sharing and Developing Next Steps*: This conversational session is reserved for participants to share what they have learned, to answer any remaining questions, to seek input, and to share inspiration and tactics for making a difference in the learning and lives of their students.

Grad Researcher Community Group

Graduate researchers can find support, share resources, and build community at the Grad Researcher Community Group, led by the College of Graduate Studies and graduate faculty members. This group is ideal for graduate students who wish to discuss their struggles and successes during the research process. Any graduate student or postdoc who is currently planning or conducting research is encouraged to join.

In person: 1-2 p.m. Tuesdays | IRIC Atrium

January 21, February 4 & 25, March 18, April 1 & 15

Virtual: 5-6 p.m. Thursdays | <https://uidaho.zoom.us/j/83482423165>

February 13, March 6 & 27, April 10



10 a.m. Mondays | via Zoom

<https://uidaho.zoom.us/j/82268562320> | Meeting ID: 822 6856 2320

HOW TO: Create a Study Plan and Check your Degree Audit

January 27

In this program, College of Graduate Studies staff will show students where they can access study plan resources, in addition to demonstrating some strategies for the study plan development process. Students will also learn how to interpret their Degree Audit and use this function as a tool to inform their study plan.

HOW TO: Steps to Your Graduate Degree

February 3

The College of Graduate Studies presents this workshop to guide currently enrolled graduate students through every step of the master's and PhD processes, including dates, deadlines, planning documents, and explanations of COGS forms and procedures. Students should bring their questions!

HOW TO: Format Your Thesis or Dissertation

February 24

This workshop helps graduate students understand how to start formatting a thesis or dissertation, provides helpful tips and guidelines, and describes all required components of a finished product. The workshop includes troubleshooting any problems students encounter during the formatting process.

HOW TO: Apply for GPSA Awards

March 3

Led by students from the Graduate and Professional Student Association (GPSA), this workshop will guide graduate students through the process of applying for Travel, Publication, or Exhibition Awards through GPSA. Covered topics will include eligibility, deadlines, application requirements, and helpful tips to make the process go smoothly.

HOW TO: Fund Your Graduate Education

March 17

Join members of the College of Graduate Studies team along with other prospective students to learn the process of grad school funding. This session takes a close look at opportunities and resources for funding your graduate education. *(ideally for prospective students)*

College of Graduate Studies Spring 2025 Graduate Student Support Programs

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Additional Graduate Student/Postdoc Support Opportunities

Canvas Graduate Student and Postdoc Support “Course”

All graduate students, postdocs, and graduate faculty should receive a Canvas invitation to the College of Graduate Studies support course: [UIDAHO] 2024-2025 COGS SUPPORT. Within the resource course, graduate students and postdocs will find information related to support programming and offices, schedules and recordings of COGS workshops, detailed lists of forms and COGS degree steps (with direct links), as well as frequently updated funding opportunities. For Moscow-based or Online graduate students, there are also resources related to the Graduate and Professional Student Association (GPSA), including meeting dates and financial award information. For any questions - or if you did not receive an invitation to the course - please contact Amanda Palmer (acpalmer@uidaho.edu) or Michael Decker (mdecker@uidaho.edu).

Writing Support from the Graduate Writing Tutors

The Writing Center employs two Graduate Writing Tutors, Jason Cahoon and Spencer Young. Jason and Spencer can provide feedback on any type of writing for graduate school, whether you are working on a weekly response paper, a literature review, or a dissertation. They can also support your writing at any phase of the writing process; graduate students and postdocs are welcome to schedule up to two appointments a week with a Graduate Writing Tutor for help generating ideas, planning responses, or developing drafts. You can make a Graduate Writing Center appointment using the Writing Center's [online calendar](#) and selecting the schedule for Graduate Writing Support. For questions, email writingcenter@uidaho.edu or drop by the Writing Center office in ISUB 323.
