

# First Aid Kits

## Contents and Responsibility

### First Aid Kit Responsibility:

Departments are responsible for purchase of first aid kits and restocking supplies. A procedure needs to be established to ensure that fully stocked first-aid kits are available and accessible to all employees, and that kits are maintained in a serviceable condition at all times.

### First Aid Kit Contents

There are two classes of first aid kits, A and B, scaled to the level of hazard associated with a workplace. The lists below are minimum requirements for each kit.

#### Class A first aid kit

For workplaces such as offices and other locations with relatively low hazards.

- 16 Adhesive Bandage 1" x 3" (2.5 x 7.5 cm)
- 1 Adhesive Tape 2.5 yd (2.3 m) total
- 10 Antibiotic Application 1/57 oz (0.5 g)
- 10 Antiseptic 1/57 oz (0.5 g)
- 1 Burn Dressing (gel soaked) 4" x 4" (10 x 10 cm)
- 10 Burn Treatment 1/32 oz (0.9 g)
- 1 Cold Pack 4" x 5" (10 x 12.5 cm)
- 1 CPR Breathing Barrier
- 2 Eye Covering w/means of attachment 2.9" sq (19 sq cm)
- 1 Eye/Skin Wash 1 fl oz total (29.6 ml)
- 1 First Aid Guide
- 1 Foil Blanket 52" x 84" (132 x 213 cm)
- 10 Hand Sanitizer 1/32 oz (0.9 g)
- 4 pair Medical Exam Gloves
- 1 Roller Bandage 2" x 4 yd (5 cm x 3.66 m)
- 1 Scissors
- 2 Sterile pad 3" x 3" (7.5 x 7.5 cm)
- 2 Trauma pad 5" x 9" (12.7 x 22.9 cm)
- 1 Triangular Bandage 40" x 40" x 56" (101 x 101 x 142 cm)

#### Class B first aid kit

For higher hazard workplaces, e.g., working with tools and machinery or working outdoors.

- 50 Adhesive Bandage 1" x 3" (2.5 x 7.5 cm)
- 2 Adhesive Tape 2.5 yd (2.3 m) total
- 25 Antibiotic Application 1/57 oz (0.5 g)
- 50 Antiseptic 1/57 oz (0.5 g)
- 2 Burn Dressing (gel soaked) 4" x 4" (10 x 10 cm)
- 25 Burn Treatment 1/32 oz (0.9 g)
- 2 Cold Pack 4" x 5" (10 x 12.5 cm)
- 1 CPR Breathing Barrier
- 2 Eye Covering w/means of attachment 2.9" sq (19 sq cm)
- 1 Eye/Skin Wash 4 fl oz total (118.3 ml)
- 1 First Aid Guide
- 1 Foil Blanket 52" x 84" (132 x 213 cm)
- 20 Hand Sanitizer 1/32 oz (0.9 g)
- 8 pair Medical Exam Gloves
- 2 Roller Bandage 2" x 4 yd (5 cm x 3.66 m)
- 1 Roller Bandage 4" x 4 yd (10 cm x 3.66 m)
- 1 Scissors
- 1 Splint 4" x 24" (10.2 x 61 cm)
- 4 Sterile pad 3" x 3" (7.5 x 7.5 cm)
- 1 Tourniquet
- 4 Trauma pad 5" x 9" (12.7 x 22.9 cm)
- 2 Triangular Bandage 40" x 40" x 56" (101 x 101 x 142 cm)

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### Supplemental Items

Additional items may be added to first aid kits that might be of use in specific work environments and conditions. Examples of such items are chemical cold packs, topical bee sting medication, saline eyewash solution, and specialty bandages routinely contained in kits.

### Ingestible Medications

Due to the possibility that some persons may experience serious allergic or drug interaction reactions if certain over-the-counter medications are taken, ingestible medications are limited to three specific items: aspirin, glucose, and nasal Narcan. The life-saving potential of these medications outweighs possible risks associated with their use. Departments using these ingestible medications carry the responsibility to monitor quality and expiration dates and promptly remove items past any expiration date.

### Suitability of Occupation-specific Items

If there is any question as to the suitability of items in relation to injuries which are common to a specific occupation, please call Environmental Health and Safety at 208-885-6524 or email [safety@uidaho.edu](mailto:safety@uidaho.edu).

### First Aid Kit Locations:

Any area where tools (including paper cutters and scissors) are present must have a first aid kit readily visible and accessible.

It is required that all university vehicles used to transport employees be equipped with first aid kits of sufficient size to meet the needs of employees transported in that vehicle. First aid kits also are required at jobsites where first aid supplies, stations, or their equivalent are not readily accessible or available. At least one first aid kit must be available to employees working on construction jobs, line crews, and other transient or short-term jobs.