

# EHS Guidance

## Nasal Naloxone (Narcan)

### **Purpose**

This guidance document establishes guidelines and regulations governing the use of Nasal Naloxone (Nasal Narcan) as administered by University of Idaho employees for emergency opioid overdoses. It is the policy of the University of Idaho that individuals who will be administering Nasal Narcan be properly trained in the deployment and use of Nasal Narcan according to the laws of the State of Idaho.

### **Background**

All units interested in having Nasal Naloxone in their first aid kits are responsible for purchasing and maintaining it.

Units should assign a designated Nasal Naloxone Coordinator who is responsible for the following:

- Acquiring the kits.
- Ensuring the Naloxone is current and not expired.
- Replacing any Naloxone that is either damaged, unusable, expired or administered.
- Ensuring all personnel that will be using Nasal Naloxone have received appropriate EHS training.
- Ensuring that any administration of Nasal Naloxone to a subject will have a corresponding incident report. (<https://www.uidaho.edu/dfa/division-operations/ehs/accident-incident-form>)

### **Nasal Narcan use**

All employees should be trained in First Aid, available from Environmental Health and Safety. When using the Nasal Narcan kit, employees will use universal precautions and perform an assessment of the individual suspected of opioid overdose, including determination of unresponsiveness, absence of respiration and/or pulse. Employees should call 911 and notify emergency responder staff that the individual is in a potential overdose state.

# Nasal Narcan Administration Protocol

## Assess victim for responsiveness and status of breathing.

- If unresponsive and not breathing, call 911 and initiate CPR and AED as per first aid protocol.
- If responsive and the victim is unconscious, assess breathing status:
  - If breathing is adequate (>8 per minute, no cyanosis) and there are no signs of trauma, place in the recovery position:
    - Extend left arm away from body at right angle with palm up.
    - Place right palm down on ground above left shoulder.
    - Bend right knee at a right angle and gently turn body to the left side.
    - Place right knee on ground, keeping at a right angle to their body.
    - Raise chin to open their airway.
    - Use right hand to cushion their face.
  - If breathing is decreased or signs of low oxygen (cyanosis) are present and overdose is suspected (based on history, evidence on scene, bystander reports, physical examination), proceed with Narcan administration.

## Retrieve Nasal Narcan kit

- Administer a maximum of 4 mg Nasal Narcan in each nostril for a total of 8 mg.
- Initiate breathing support with pocket mask if available in your first aid kit/AED supplies.
- If no response after 3-5 minutes and a second dose of Nasal Narcan is available, repeat the administration.
- Continue to monitor breathing and pulse – if breathing increases and there is no evidence of trauma, place in the recovery position.
- If at any time breathing stops or the pulse is lost, initiate CPR and AED as per normal protocol.
- Keep emergency medical services advised of patient status when able to do so.
- Give full report to emergency medical personnel when they arrive.
- Complete [Accident Incident Report Form \(uidaho.edu\)](https://uidaho.edu) found on the EHS website, contact the Department's Nasal Narcan Coordinator for restocking of the Nasal Narcan supply, and notify EHS.