



Enroll in ZSuite Under this Project Name: CTD-KNITTING

Approved for 2024-25 Project Year

Project Description: This project is designed to be taken multiple years, building your skills each year. Youth will progress from basic cast on, knit, purl and bind off techniques to knitting in the round, fair aisle colorwork and creating fitted garments.

REQUIRED YOUTH CURRICULUM

[Knitting, Member's Guide and Project Requirements \(#32023\)](#), 2003

[ZSuite 4-H Involvement Report](#)

[ZSuite 4-H Project Record Book](#)

REQUIRED VOLUNTEER CLUB LEADER CURRICULUM

none

SUPPLEMENTAL RESOURCES

Susan B. Anderson's Kids' Knitting Workshop: The Easiest and Most Effective Way to Learn to Knit! By Susan B. Anderson

Knitting & Crochet: A Beginning Guide to Methods and Techniques. By Charlotte Gerlings

tincanknits.com (patterns, tutorials, etc.)

YouTube videos (search for how to knit or a specific technique you are wanting to learn)



PROJECT COMPLETION CHECKLIST

STATE REQUIREMENTS	
	Select the unit appropriate for your skill level and learn the skills listed for that unit in the project guide and requirement book.
	Complete the 4-H Project Record Book for this project in your ZSuite Member Account
	Fill out your 4-H Involvement Report in your ZSuite Member Account
	Give an oral presentation (speech, demonstration, or illustrated talk) to your 4-H peers on a topic related to this project. Recommended guidelines for length of oral presentations are: <ul style="list-style-type: none"> • Junior: 5-8 minutes • Intermediate: 8-10 minutes • Senior: 10-12 minutes

ADDITIONAL LOCAL REQUIREMENTS	

FAIR EXHIBIT CHECKLIST	
	Completed Idaho 4-H Involvement Report (ZSuite)
	Completed Idaho 4-H Project Record Book for this project (ZSuite)
	Supplemental forms or materials required at the county level, submitted to the county Extension office by date specified
	For Beginning Levels (A & B): Exhibit one item you have made using skills learned during the project year. Be sure to include yarn content (ex: 50% acrylic, 50% wool) and care instructions for the exhibited item in your record book.
	For Intermediate Levels (A & B): Exhibit two small OR one large item made using the skills learned during the project year. Be sure to include yarn content (ex: 50% acrylic, 50% wool) and care instructions for the exhibited item in your record book.
	Optional: You may want to include sample swatches of skills learned that are not included in your exhibit project.