

Upcycling Project

Nifty but Thrifty

Cassia County TA & GW 24

"Nifty but Thrifty" means being careful and economical with money (thrifty) while still achieving stylish or impressive results (nifty), essentially getting a lot of value for your money without sacrificing quality or appearance.

- Thrifty: implies being frugal, not wasting money, and looking for deals.
- Nifty: suggests something is clever, stylish, or well-done.
- Finding a unique outfit at a thrift store that looks like it came from a high-end boutique - "Thrifty but Nifty!"

For this project you can purchase an ensemble from yard sales, thrift stores, second hand store or even consignment stores.

You can do this as a two year project. Here is the breakdown:

- Year 1 – You have \$30 to spend on one outfit, which could include a skirt and blouse, or a shirt and jeans and if you have a little extra leftover a pair of shoes or a bag/purse. Make sure to keep your receipts to show proof of your purchases and the total amount cannot go over \$30.
- Year 2 – You have \$50 to spend on a 5 piece ensemble, which could include a skirt, a pair of pants, two shirts/blouse and a Blazer/jacket/vest. Make sure to keep your receipts to show proof of your purchases and the total amount cannot go over \$50. You will also need to create a "Wardrobe Capsule" photo page of you wearing the wardrobe showing five different outfits, out of the five pieces you bought. So be choosy on your purchases, to make sure it will all go together.

Must include receipts of purchases.

Complete the Checklist questions and add them to your record book.

Year 2 must include the "Wardrobe Capsule" picture page.

Encouraged to participate in the Cassia County 4-H Sewing Showcase

Tips: (do not add the cost of repairs into your budget)

- Makes sure that there are no stains on your clothing item(s) and they have been cleaned properly (i.e. dry cleaned, spot cleaned, etc.)
- Have you fixed any broken buttons, zippers and repaired holes (make sure your patches are sewn on)

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Checklist Questions

Purchase a "Nifty but Thrifty" ensemble(s). Year one Budget \$30. Year 2 Budget \$50
 Answer the following questions.

	Date Completed	Leaders Initials
Where did you purchase your ensemble(s)?		
Compare the cost of your purchase to what it would cost brand new?		
Why did you purchase your ensemble(s)? (Was is for the season, travel, school, etc.)		
What are the care instructions for your ensemble(s)?		
List three positive points about your ensemble(s)?		

List two negative points about your ensemble(s)?		
What accessories did you find to go with your ensemble(s)?		
Why does thinking about what you can and can't buy help you make better decisions?		
How can prioritizing the needs versus wants help when clothes shopping?		
What causes the price to vary for similar items in different types of stores?		

Here are some pictures of ideas for the "Wardrobe Capsule".

CAPSULE WARDROBE 101

1. START WITH NEUTRAL BASICS



2. ADD NEUTRAL LAYERS



3. ADD ACCENT COLORS



4. ADD SHOES



ClassyYetTrendy.com



fargeporten.no

GIRL'S Back To School Capsule Wardrobe 16 Pieces - 76 Outfits

Fall 2021 Collection - Sizes 2T-10



ClassyYetTrendy.com



Laundry Guide to... Common Care Symbols

Developed by
Textile Industry Affairs. www.carelabels.com

Machine Wash,
Warm

Non-chlorine
Bleach

Iron, Steam
or Dry, with
Medium Heat

Tumble Dry,
Low Heat

Care Labels: Your Guide to Easy Care

Care labels provide helpful information that can save you time and money.

Cleaner, fresher clothes means longer-wearing apparel.

And clothes that are bleachable are easier to get clean.

When a care label doesn't mention bleach or says "Bleach when needed," it means it is safe to use Clorox liquid bleach. When the label says "Non-chlorine bleach when needed" use a non-chlorine (color-safe) bleach like Clorox 2®.

Because clothes can be mislabeled, follow the easy directions on bleach container labels to test fabrics for colorfastness.



Machine Wash,
COLD



Machine Wash,
COLD
Permanent Press



Machine Wash,
COLD
Gentle Cycle



Hand
Wash



Machine Wash,
WARM



Machine Wash,
WARM
Permanent Press



Machine Wash,
WARM
Gentle Cycle



Do Not
Wash



Machine Wash,
HOT



Machine Wash,
HOT
Permanent Press



Machine Wash,
HOT
Gentle Cycle



Bleaching
INSTRUCTIONS



Bleach as needed
Any bleach, like Clorox®, may be safely used



Non-chlorine Bleach as needed
Use only a color-safe bleach, like Clorox 2®



Do Not Bleach
No bleach product should be used including detergents with bleach - or follow bleach package test procedures to test for bleach safety.



Drying
INSTRUCTIONS



Tumble Dry,
NO HEAT



Tumble Dry,
Permanent Press,
NO HEAT



Tumble Dry,
Gentle Cycle,
NO HEAT



Do Not
Tumble Dry



Tumble Dry,
LOW HEAT



Tumble Dry,
Permanent Press,
LOW HEAT



Tumble Dry,
Gentle Cycle,
LOW HEAT



Line Dry



Tumble Dry,
MEDIUM



Tumble Dry,
Permanent Press,
MEDIUM



Tumble Dry,
Gentle Cycle,
MEDIUM



Drip Dry



Tumble Dry,
HIGH



Dry Flat



Ironing
INSTRUCTIONS



Iron, Steam or Dry, with
LOW HEAT



Iron, Steam or Dry, with
MEDIUM HEAT



Iron, Steam or Dry, with
HIGH HEAT



Do Not Iron
with Steam



Do Not Iron



Drycleaning
INSTRUCTIONS



Dryclean
May appear with additional
letters and/or lines
Take this item to a
professional drycleaner



Do Not Dryclean