

Recommended Vegetable Varieties for Northern Idaho

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IDAHO
master
GARDENER
UNIVERSITY OF IDAHO
EXTENSION PROGRAM

Master Gardener and Kootenai County Farmer's Market Gardener favorites.

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Thanks to Market Gardeners, Ellen Scriven, of Killarney Farms, Barbara Arnold of Nothing but Herbs, and Jennifer Parent of Parent Pastures for their contributions to this list. Their initials will appear in parenthesis after their favorite varieties. Others on the list are Master Gardener preferred varieties and other varieties hardy to our area.

General information: The USDA Plant Hardiness Zone Map places Kootenai County in zone five, with some micro-climates listed as zone six. Sunset Publications has a different zoning system and they place us in zone two. There are roughly 120 frost free days, with the last frost in the spring occurring about May 15, and the first frost in the fall occurring about September 15. These are general guidelines only, as the dates can vary from year to year. Some areas in the county have only 90-110 frost free days. To ensure a successful harvest purchase garden varieties that have the fewest number of days to maturity and consider our area as a zone 4 instead of a 5. VFN on the seed packages indicate that the varieties are verticillium, fusarium, and nematode resistant.

P=Perennial

S=Seed

T= Transplant

ASPARAGUS (P/T)

Martha Washington	Jersey Giant (ES)	Jersey Knight	Purple Passion
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BEANS (S)

Bush beans:

Atlantic	Blue Lake	Burpee's Tenderpod	Derby	Everbearing
Greensleeves	Jade	Maxibel (ES)	Oregon 54	Oregon Trail
Provider (ES)	Roc Dor Yellow (ES)	Royalty (purple) (ES)		Slenderette
Star (JP)	Strike	Tender Crop	Top Crop	Venture (ES)

French Fillet:

Nickel	Grenoble	Straight 'n' Narrow
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Wax beans:

Burpee's Brittle Wax	Cherokee	Gold Crop	Goldenrod
Goldrush	Golden Wax	Indy Gold	Pencil Pod Black Wax
Slenderwax	Triumph deFarcy Filet (ES)		Filet

Pole Beans:

Blue Lake	Cascade Giant	Kentucky Blue	Kentucky Wonder
Noreaster (ES)	Oregon Giant	Romano	Tendergreen
Fortex			

Shelled or Dried Beans:

Appaloosa (ES)	Black Turtle (ES)	Cannelini (ES)	Cranberry
Jacob's Cattle (ES)	Mexican Red (ES)	Pinto	Red Kidney (ES)
White Kidney			

Lima, bush, lg. seeded:

Ford Hook 242, or any Ford Hook.

Lima, bush, small seeded:

Thorogreen	Baby Ford Hook	Jackson Wonder
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Edible Soybeans or Eadname:

Butterbean	Envy	Early Hakucho	Butterbean
Sayamusume	Misono Green		

BEETS (S)

Crosby's Egyptian	Detroit Red (ES)	Early Wonder	Kestrel
Little Ball	Little Egypt	Lutz Green Leaf	Pacemaker III
Red Ace	Red Cloud	Ruby Queen	Warrior

Cylindrical:

Cylindra (ES)	Fororo
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Golden:

Golden

Novelty White:

Blankoma

Grown for greens:

Big top	Bull's Blood	Early Wonder	Tall top
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BROCCOLI (T)

Arcata (ES)	Bonanza	Cruiser	DiCicco
Early Dividend	Emerald Pride	Emperor	Everest
Green Comet	Green King (ES)	Goliath (ES)	Green Valient (ES)
Gypsy	Italian Green	Packman (ES)	Regal
Premium Crop (ES)	Sprouting	Waltham	Windsor
Rosalind (purple)	Calabrese (heirloom)		

Romanesco type, sometimes called 'broccoflower:

Romanesco	Minaret	Serrento Raab
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BRUSSELS SPROUTS (T)

Jade Cross	Oliver	Prince Marvel	Tasty Nuggets
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CABBAGE (T)

Early to mid-season:

Blues (ES)	Boc Choy or Joi- Choy (ES)	Burpee Earliana	Copenhagen Chinese
Danish Ballhead	Dynamo (ES)	Early Flat Dutch	Cabbage (ES)
Early Jersey	Wakefield* (ES & JP)		

Early cone shaped:

Golden Acre	Lasso Red (ES)	Mammoth Red Rock(ES)	Perfect Ace
Perfect Action	Perfect Ball (ES)	Puma	Red Empress (ES)
Red Ruby Perfection	Salurite	Savoy	Stonehead (ES)
Storage #4 (ES)	Wisconsin Hollander		

Late season cabbage:

Danish Ballhead	Savoy	Storage #4	Blue Thunder
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Late red cabbage:

Mammoth Red Rock (ES)	Red Acre	Red Empress	Red Lasso (ES)
Ruby Queen	Ruby Perfection		

Chinese Cabbage:

Michihili	Monument	China Express
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Bac choy:

Mei Qing Choy	Joi Choy (ES)	Tat Soy (baby)
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CARROTS (S)

Apache	Nevis	Artist	Red Core Chantenay
Bolero	Royal Chantenay	Danver ½ long	Ithica
Scarlet Nantes	Kurado	Sugarsnax 54	Milan
Sweetness II	Minicore (ES)	Yaya	Mokum (ES)
Nantes Coreless (ES)	Nantindo	Napa	Napoli Nelson (ES)

Yellow:

Yellowstone

White:

White Satan

Finger carrots:

Gold Nugget Golden Heart Ladyfingers Little Fingers

Baby Carrots:
Babette Minicore Parmex Thumbelina (round Golf ball size)

CAULIFLOWER (T)

Amazing (ES) Apex Burpeanna Callisto
Candid Charm Dominant (ES) Early Snowball Early White Hybrid
Garant Imperial Rushmore (ES) Sails
Snowball “Y”Improved Snow Crown Hybrid (ES)

Purple:
Violet Queen Graffiti

Green:
Alvenda Panther

CELERY (T)

Utah Green (ES) Ventura (ES)

CHARD

Broadstem Green Forkhook Giant Five Color Silverbeet Bright Lights
Rhubarb Bright Yellow Silverado

CHICORY

Green:
Crystal Hat (tall slender heads) Catalogna (non-heading asparagus type)

Red, known as Raddiccio:
Chiogga Palla Rosa Red Preco Special

COLLARDS

Hi-Crop Vates Mustard Red Giant (ES)

CORN (S) Supersweets must be isolated from other types of corn

Yellow:
Bodacious Butterfruit (supersweet early) Classic Touch Daybreak
Early Golden Giant Early 65 Earlivee Early Sunglow
Golden Bantam Golden Jubilee Kandy King Kandy Korn (BA)
Kwik Kandy Korn (early variety Kandy Korn) (BA) Illini Incredible
Legend Sugar Buns Yukon Chief Northern Extra Sweet (ES)
Precocious Seneca Horizon (ES)

White: (must be isolated from yellow and bicolor to get all white)

Argent Frosty How Sweet it is Pristine
Silver Lining Silver Queen Sugar Snow Whiteout
White Satin Xtratender 378A

Bicolor:

Breeder’s Choice Bocade Candy Corner Delectable
Double Gem Double Standard Fleet Honey and Cream

Honey and Pearl	Mystique	Naantasket	Native Gem
Sweet Rhythm	Phenomenal	Quickie	Serendipity
Sweet Chorus	Sweet Symphony	Temptation	Trinity
Xtratender 277			

Dry Corn:

Big Timber Flint (ES)

Ornamental: (must be isolated from other corn)

Wampum Chinook

CUCUMBER (S or T)

Pickling:

Bush Pickle
 Burpless Hybrid
 Burpee Pickler
 Sweet Slice Burpless
 Tasty Green
 Burpless Tasty Green (ES)
 Bush Master
 Clinton
 Cool Breeze
 County Fair
 Northern (JP)
 Pioneer
 Regal
 SMR 58

Slicing:

Amira
 Burpee Hybrid
 Japanese Climbing
 Mediterranean 'Garden Oasis'
 Bush Whopper
 Dasher II
 Genuine
 Greensleeves
 Improved Long Green
 Intimidator
 Jazzer (ES)
 Marketmore 86 & 97
 Orient Express
 Poinsett

Slicemaster
 Slicemore
 Sweet Slice Burpless
 Straight eight
 Tasty Jade
 Ultrapak (Novelty)
 Armenian Lemon (ES)
 Suyo Long (grows to 15") (ES)
 Raider

EGGPLANT (T)

Black Beauty	Meti (Japanese Eggplant (BA))	Dusky
Black Bell	Listada de Gandia (Purple striped)	
Burpee Hybrid	Orient Express (ES)	
Ichiban	Twilight	

ENDIVE

Green Curled	Batavian	Salad King	Neos
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FENNEL

Zefa Fino (ES)

GARLIC (T)

Chesnok Red (ES)	Chet's Italian (ES)	Music
Killarney Red (ES)	Spanish Roja	Red K
Elephant garlic		

GOURDS (Ornamental)

Corsican	Harrowsmith Select	Hopi Rattle Gourd	Turk's Turban
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KALE (T)

Blue Ridge	Cavolo Palmizio (ES)	Dwarf Blue Curled Scotch (ES)
(Tall) Blue Curled Scotch (ES)	Improved Vates	Konserva (ES)
Nero di Toscana	Red Bor	Red Russian
Red Ursa	White Russia	Winterbor
		Winter Red

KOHLRABI (S)

Eder	Early Purple Vienna	Early White Vienna
Kolibri	Kongo	Purple Skin

LEEK (S or T)

American Flag	Kilima	King Richard
Pancho	Titan	

LETTUCE (S or T)

Anuenue (ES)	Berenice	Black Seeded Simpson
Burpee Bibb	Buttercrunch (ES)	Centennial
Cocarde	Dark Green Boston	Devil's Tongue (Romaine)
Ermosa	Esmeralda (ES)	Freckles (Romaine)
Grand Rapids	Great Lakes	Green Forest (ES)
Green Towers (Romaine)	Iceberg	Little Gem (Romaine)
Mascara	Marvel of Four Seasons	Merlot
Mesclun	Oak Leaf lettuce	Nevada
New Red Fire	New York	Paris Island Cos (Romaine) (ES)
Paris White CosPirate (ES)	Oaky Red Splash	Optima
Outredgeous (Romaine)	Ovation	Pom Pom
Prizehead	Red Sails (ES)	Redina
Royal Oakleaf	Ruby Oakleaf	Salad Bowl (ES)
Salinas	Sangria	Sierra
Slobolt	Summer Time (ES)	Tom Thumb (ES)
Two Star (ES)	Valmaine (Romaine)	Vista (ES)

MELONS (S or T)

Cantelope:

Alaska	Athena (ES)	Chipman Lake Champlain
Early Dew (ES)	Early Queen (ES)	Galia (ES)
Heart of Gold	Honey Bush	Maine Rock
Midget	Passport (ES)	Savor (ES)
Scoop	Short and Sweet	Spartan Rock
Sweet and Early	Sweet Granite (ES)	Stars

Watermelon:

Minnesota Midget (ES)	Sugar Baby (ES)	Yellow Doll (ES)
Black Tail Mountain (heirloom, bred for northern Idaho)		

ONIONS (S or T)

Alisa Craig (lg., mild, short storage life) (ES)	Banner (ES)	Bennies Red
Blanco Duro	Buffalo, early, lg yellow	Candy, yellow (ES)
Copra, stores up to a yr, can start from seed	Ebenzer, yellow-Good early, green onion, good storage	
First Edition	Frontier, yellow (ES)	Lisbon (white bunching use as scallions)
Mars, red (ES)	Millenium	New York Early, yellow
Prince	Purplette (mini-pearl, ready with peas)	
Red Hamburger*(red- skin, white meat Will keep several months)		Red Bull

Redman, red, good storage(ES)	Redwing, red	Spartan
Sweet Sandwich, gets sweeter with storage		Sweet Spanish, white or yellow
Superstar	Tango (red, good storage)	Walla Walla Sweet

Green Bunching onions:

IshikuraTokyo Long White	He-shi-ko
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PARSNIPS (S)

All American	Andover	Cobham Improved Morrow	Gladiator
Harris Model	Hollow Crown	Lancer	

PEAS (S)

Blue Bantam	Cascadia (ES)	Coral	Dwarf Early Grey
Edula	Early Alaska, needs support		Frosty
Green Arrow, shelling pea (ES & JP)		Home Freezer	Knight (ES)
Little Marvel	Maistro (ES)	Maxigolt, shelling pea	Novella II, shelling pea
Oregon Giant, edible pod (ES)		Oregon Sugar Pod, edible pod	
Oregon Sugar Pod II, edible pod		Oregon Trail, shelling pea (ES)	
Oregon Pioneer, shelling pea		Progress	Sparkle
Sugar Ann (ES)	Sugar Daddy	Super Snappy	
Sugar Sprint	Sugar Snap, or Super Sugar Snap, pole (virus susceptible, plant early)		

PEPPERS (T)

Ace (sweet, high yield) (ES)-green to red		Anaheim TMR 23, spec. hot
Andy, cayenne	Apple, spec. sweet	Ariane- green to orange
Bananarama, spec. sweet	Banana Supreme, spec. sweet	Bellboy- green to red
Big Jim (med-hot) (ES)	Biscayne, spec. sweet	California Wonder (best for cool climates)
Bulgarian Carrot, spec. hot	Camelot- green to red	Caribbena Red Habanero, spec. hot
Carmen, spec. sweet	Cayenne Long Slim	Cayenne (hot)
Cherry Bomb, spec. hot	Chocolate (sweet) (ES)	Conchos, jalapeno
Conquest- green to red	Early Jalapeno (hot) (ES)	Elisa –green to red
Euro Jumbo Sweet Cherry, spec. sweet	Fat and Sassy, green to red	Flamingo- green to red
Flash (ES)	Garden Salsa (ES)	Giant Marconi, spec. sweet
Gypsy (ES), spec. sweet	Hero, cayenne	Hershey- green to chocolate
Hot Paper Lantern, spec. hot	Hungarian Hot Wax (ES)	Ivory
Islander- green to lavender to red	Ivory, novelty, orn.	Jingle Bells (sweet)
Jupiter- green to red	King Arthur green to red	Lady Bell- green to red
Lantern- green to red	Lilac Bell- green to purple	Lipstick (ES), spec. sweet
Mandarin- green to orange	Marbles, novelty, orn.	Mariachi, paprika
Niagara Giant (BA)	Northstar (sweet)- green to red	Paprika Supreme, spec. sweet
Mucho Natcho, Jalepeno (sweet)	King of the North	Park’s Early Thickset-green to red
Park’s Whopper, improved	Pizza, spec. sweet	Portos (ES)
Pretty in Purple, novelty, orn	Prolific (BA)	Purple Beauty- green to purple
Sunrise (ES)	Red Bull’s Horn, spec. sweet	Riot, novelty orn.
Round of Hungary, spec. sweet	Serrano, spec. hot	Snow White- ivory to red
Stoked, spec. hot	Super Cayenne II, cayenne	Sweet Banana, spec. sweet
Sweet Cayenne, spec.	Tam Jalapeno	Sweet Chocolate (heirloom)
Tequila- green to red	Thai Dragon (hot) (ES)	The Godfather, spec. sweet
Valencia (ES)	Vanguard (sweet)	Vidi (ES)- green to red
Whopper Improved (sweet)	Yankee Bell (ES)- green to red	

POTATOES

All Blue (purple)	Bintje (yellow)	Butte
Cranberry Red	Desiree (yellow)	Netted Gem (white)
Goldrush (white)	Kennebeck (white)	Russet Burbank (white)
Norland (red)	Pontiac (red)	Sangre (red)
Superior (white)	Yukon Gold	French Fingerling
German Butter Gold	Russian Banana Fingerling	La Soda (red)
Yellow Finn Fingerling	Fred Meyer Organic Fingerling	Red Rose Fingerling

PUMPKIN (S or T)* Require over 100 days to maturity

Autumn Gold (ES)	Baby Bear (hulless) (ES)	y Pam (ES)
Big Max (T)	Bushkin	Cinderella (T)
Connecticut Field (T) old variety	Dill's Atlantic Giant (T)	Howden (T)
Jack- Be- Little (mini-orn.)	Jack O' Lantern	Kakai (hulless)
Li'l Pump-ke-mon (mini- orn.)	Lumina (white)	Magic Lantern
New Rocket	Orange Smoothie	Oz
Prime Winner Hybrid	Prizewinner (T)	Rock Star
Small Sugar (ES)	Small Sugar Pie	Snack Jack (hulless)
Sorcerer	Spookie	Tom Fox (T)
Trickster (hulless)	Triple Treat (hulless)	We-Be-Little (mini-orn)

RADISHES (S)

Red:			
Champion	Cherry Belle	Comet	Early Scarlet Globe
Easter Egg (array of color)		French Breakfast (ES)	Sora
Ruego	Red Bell (ES)		
White):			
Burpee White	Snow Belle	White Icicle	White Tip
Lg. Japanese type:			
Daikon	Sakurajima	Mammoth	

RHUBARB (T)

Canadian Red	Crimson Red	Valentine	Victoria
Victory Red			

RUTABAGA (S)

American Purple Top	Laurentian
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SPINACH (S)

Avon Hybrid (ES)	Baby Whale	Bloomsdale Long Standing	Ford Hook
Giant Winter (ES)	Hector (ES)	Italian Summer	New Zealand (ES)
Nordic IV	Olympia	Tyee Hybrid (ES)	Teton
Dash			

Fall planting:

Oriental Giant	Mount Rushmore
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Savoy:

Correnta	Jive	Melody	Skookum	Unipak 151
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SQUASH (S or T)

Summer Squash:			
Cocozelle (ES)	Crookneck	Early Prolific	Fancycrook

Goldbar	Gold Nugget	Gold Rush (ES)	Multipik
Patty Pan (scallop)	Peter Pan (ES)	Scaloppini (scallop)	Seneca (ES)
Straight Neck	Sunburst (scallop) (ES)	Sunray	Supersett zucchini
Tromboncino	White Lebonese (ES)		

Winter Squash:

(Acorn)			
Bush Table Queen	Festival (acorn\sweet dumpling cross)		Cream of the Crop (white)
Jersey Gold	Mesa Queen	Table Ace	Taybelle
Table Gold	Table Queen		
(Buttercup/Kabocha)			
Amber Cup	Autumn Cup	Black Forest	Bonbon
Burgess Strain (ES)	Moregold (ES)	Sugar Loaf (ES)	Supreme Delight
Sweet Mama (ES)	Sweet Meat (ES)		
(Butternut)			
Early Butternut	Nicklow's Delight	Ultra JWS 6823	Waltham
(Delicata)			
Sugar Loaf (ES)	Honey Boat		
(Misc. Winter Squash)			
Banana	Blue Ballet, sm hubbard (ES)	Blue Hubbard	Golden Delicious
Sweet Dumpling small, round (ES)			

TOMATO

(Early)	(Medium)	(Late)
Early Cascade (ES)	Big Beef	Aussie (heirloom)
Black Krim (heirloom)	Daybreak (ES)	Beef Steak
Bloody Butcher	First Lady (ES)	Big Boy
Celebrity (ES)	First Lady II	BHN 444
Early Girl (ES/JP)	Floramerican (ES)	Better Boy (ES)
Fourth of July	Gallina	Bush Big Boy
Glacier	Medford	Fantastic
Legend	Mountain Spring	Whopper
Ida Gold (ES)	Sunleaper	
Oregon Eleven	Tuscany (ES)	
Oregon Spring	Williamette	
Oregon Star		
Rushmore		
Rutgers (ES)		

Cherry, grape tomatoes:

Cherry Roma	Oregon Pride	Black Cherry
Cherry Grande	Early Cherry	Gold Nugget
Sun Sugar	Sweet Olive	Sun Gold

Paste and Sauces:

Amish Paste (old variety)	Bellstar (ES)	Heinz
Principe Borghese, best for drying, prolific Heirloom (BA/ES)		Roma
Santiam	Saucy (ES)	Siletz
Viva Italia (ES)		Stupice