

One Sky One Earth Food Coalition

VISION: HEALTHY FOOD + HEALTHY PEOPLE = THRIVING COMMUNITY



The One Sky One Earth Food Coalition serves the people of the Coeur d'Alene Reservation population 6,600, 2,255 Tribal members

Mission: Promoting healthy lifestyles through education, community involvement, food production and preparation.

UNDERSTAND THE FOOD SYSTEM

Access to healthy, nutritious food is limited on the Reservation (rural north). Many health issues exist in the community related to diabetes & obesity. Tribe faces disruption of access to traditional Native food sources.

Nutrition Environment Measures Survey

1. Opened the door for dialogue about healthy options in our stores & restaurants with managers.
2. Provides a measurable baseline.

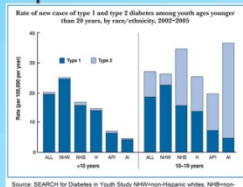
NEMS URL: <http://www.med.upenn.edu/nems/measures.shtml#nemsr>

Community Food Access

Survey

1. Access to fruits & vegetables a barrier.
2. Majority travel over 30 minutes for shopping.
3. High interest in cooking, canning, preserving and cultural food.
4. Factor that most impacted food decisions was price.

Youth Needs



Source: SEARCH for Diabetes in Youth Study. http://www.cdc.gov/diabetes/pubs/pdf/factsheet11_figures.pdf

COALITION

Native & non-Native Community Members
Benewah Medical/Wellness Center
(Diabetes Prevention/Native Lifestyle Balance Community Transformation Grant)
Coeur d'Alene Tribe Natural Resources
Local Schools
University of Idaho Extension & other faculty

Horizons community development grant from NW Area Foundation 2006-2008

One Sky North Idaho community group 2007

Committees formed (eg. Arts council, economic development)

One Sky One Earth Food Coalition grew from a One Sky North Idaho committee

2010

Began with small community garden
Now in five locations - 22 raised beds
400 pounds of produce in 2012
Monthly meetings
Multiple projects

4-H Fishing

Coeur d'Alene Tribe Land & Water Restoration Projects

IMPROVE THE FOOD SYSTEM

Monthly Community Education Events

Youth Vendors

4-H Cooking

Cooking & Nutrition Education

Farmer's Market

New Economic Opportunity

STEM Education

4-H Gardening

Gardening Education

Community Gardens

Access to Fresh Produce



University of Idaho Extension

