
BIOGRAPHICAL SKETCH

NAME: **Bridget Morrisroe**

eRA COMMONS USER NAME (credential, e.g., agency login):

POSITION TITLE: **Associate Professor, Family and Consumer Sciences, University of Idaho Extension**

EDUCATION/TRAINING *(Begin with baccalaureate or other initial professional education, such as nursing, include postdoctoral training and residency training if applicable. Add/delete rows as necessary.)*

INSTITUTION AND LOCATION	DEGREE (if applicable)	Completion Date MM/YYYY	FIELD OF STUDY
Boise State University, Boise, ID	BSW	05/1998	Social Work, Mexican-American Studies
Boise State University, Boise, ID	MSW	05/2011	Social Work

Please refer to the Biographical Sketch instructions in order to complete sections A, B, C, and D of the Biographical Sketch.

A. Personal Statement

Ms. Morrisroe is an extension professional, dedicated to working with individuals, families and communities to build healthy homes and environments. She has worked with children, youth, and families in the University of Idaho (UI) Extension programs for over 20 years. Her work includes coordinating the Children, Youth, and Families At-risk program and the Eat Smart Idaho program for 16 years. Starting in 2016, she transitioned into the position of a Family and Consumer Sciences (FCS) Associate Professor, developing and leading programs in nutrition, health, food safety, and youth development. She currently leads the UI Extension Diabetes Prevention Program, a district Master Food Safety Advisor program and 4H Youth Yoga/Healthy Habits programming.

B. Positions, Scientific Appointments, and Honors

Positions

Associate Professor: College of Agriculture and Life Sciences, University of Idaho, Extension (Current)

- Health, Nutrition, Food Safety and Preservation

Program Coordinator – Eat Smart Idaho and 4-H, University of Idaho Extension (May 2001- Nov.2016)

- Supplemental Nutrition Assistance Program Education (SNAP-Ed)
- Expanded Food and Nutrition Extension Program (EFNEP)
- Children, Youth, and Families At-Risk (CYFAR)

Professional Activities

- National Extension Association of Family and Consumer Sciences, 2016-present.
 - o Idaho Affiliate, President Elect 2022-2023
- Diabetes Alliance of Idaho, 2021-present.
- Idaho Healthy Eating, Active Living, (HEAL) Network, 2015 - 2021
- Idaho Hunger Relief Taskforce, 2007-2020
- National Association of Social Work, 1998-2000, 2011-2016

Awards and Honors

- Howard, T., L. Blanch, **B. Morrisroe**, K. Tift, J. Buck, L. Sant, K. Jensen, 2024. Dementia Friends, National Extension Association of Family & Consumer Sciences, Regional Third Place Winner, 2024.
- Morrisroe, B., S. Martinez, A. Noriega-Trujillo, L. Grigg, N. Telford, G. Manker, J. Peutz, Mary W. Wells Memorial Diversity Award – Extension Diabetes Prevention Program “Prevenga el T2”, National Extension Association of Family & Consumer Sciences, Regional Second Place Award Winner, 2024.
- DaSilva, V., C. Rafie, **B. Morrisroe-Aman**, Multi-State Team Award - Cooperative Extension National Diabetes Prevention. National Extension Association of Family & Consumer Sciences, National First Place Award Winner, 2020.
- Greenway, S., A. Robertson, **B. Morrisroe-Aman**, J. Peutz, S. Martinez, N. Telford. Master Family & Consumer Sciences Volunteer Program Award - *Idaho Master Food Safety Advisor Program*. National Extension Association of Family & Consumer Sciences, National First Place Award Winner, 2020.
- Buck, J., H. K. Jang, L. Sant, S. Johnson, **B. Morrisroe-Aman**, G. Wittman. Effect of Cleaning Education on Microbiological Quality of Reusable Water Bottles. Program Excellence Through Research Award, National Extension Association of Family and Consumer Sciences, Third Place Western Regional Winner, 2020.
- Morrisroe-Aman, B., J. Amende, G. Manker, J. Peutz, S. Martinez, B. Hutchings. Diabetes Prevention program, Distinguished Team Award, Epsilon Sigma Phi, Chapter Winner, 2020.
- Hutchings, R., A. Robertson, S. Greenway, J. Peutz, J. Buck, **B. Morrisroe-Aman**, S. Martinez, Innovation in Programming - Cooking Under Pressure, National Extension Association of Family and Consumer Sciences, Third Place National Winner, 2019.
- Hutchings, R., A. Robertson, S. Greenway, J. Peutz, J. Buck, **B. Morrisroe-Aman**, S. Martinez, Innovation in Programming - Cooking Under Pressure, National Extension Association of Family and Consumer Sciences, First Place Regional Winner, 2019.
- B. Morrisroe-Aman, A. Roe, K. Hansen, E. Comer, N. Telford, S. Johnson, and J. Buck, R. Lanting, Marketing Package - Long Live Idaho!, National Extension Association of Family and Consumer Sciences, Second Place National Winner, 2018.
- J. Peutz, **B. Morrisroe-Aman**, A. Roe, K. Hansen, E. Comer, N. Telford, S. Johnson, and J. Buck, R. Lanting, Marketing Package - *Long Live Idaho!*, National Extension Association of Family and Consumer Sciences, First Place Western Region Winner 2017
- Wittman, G., M. Toomey, S. Johnson, J. Peutz, R. Lanting, J. Buck, D. Gillespie, S. Greenway, L. Vega, **B. Morrisroe-Aman**, A. Roe., National Extension Association of Family and Consumer Sciences. Florence Hall Award 1st place Western Region Food Smart Families, 2017.
- Toomey, M., G. Wittman, S. Johnson, J. Peutz, R. Lanting, J. Buck, D. Gillespie, S. Greenway, L. Vega, **B. Morrisroe-Aman**, A. Roe. 4-H Food Smart Families. National Association of Extension 4-H Agents, Excellence in Healthy Living Programming Award, Western Region and National Award, 2017.
- Toomey, M., S. Johnson, J. Peutz, R. Lanting, J. Buck, D. Gillespie, G. Wittman, S. Greenway, L. Vega, K. Hansen, K. Gardiner, **B. Morrisroe-Aman**, C. Jayo, S. Hulse, J. McShane, J. Cavazos, and M. Crookham. 4-H Food Smart Families, University of Idaho Extension Diversity Award, 2016.
- Morrisroe-Aman, B. University of Idaho Extension, Excellence in Extension, 2013.
- Morrisroe-Aman, B. Outstanding Employee Award, University of Idaho, 2012.
- J. Peutz, **B. Morrisroe**, M. Toomey, A. Nauman and D. Lowber. Idaho and National Extension Association of Family and Consumer Sciences, Afterschool Programming State and Western Region Award, 2006.
- J. Peutz, **B. Morrisroe**, Toomey, M., Nauman, A., and Lowber, D. Idaho Association of Extension 4-H Agents, 4-H Technology Award, 2005.

C. Contribution to Science

Ms. Morrisroe-Aman is a member of the Cooperative Extension National Diabetes Prevention Program collaborative. She worked with a multi-state team to develop and deliver professional training, present at national and international conferences, co-authored articles and contributed to research on the Extension Diabetes Prevention Programs.

Ms. Morrisroe-Aman worked with a team of extension educators and food safety specialist to develop a water bottle safety research study on the cleaning practices of middle school youth. Following the study she was the lead author on a journal article and an Extension Bulletin “H2O to Go: Staying Hydrated Safely!” that included an infographic for youth on how to safely clean and use reusable water bottles.

Ms. Morrisroe-Aman worked with a team of extension educators and coordinators to research and conduct a cost-benefit analysis of the Eat Smart Idaho (SNAP-ed) program. She studied the participation rates and barriers, for older adults in the U.S. and Idaho, in nutrition assistance programs for her master’s research project. Additionally, in her graduate practicum with the Idaho Hunger Relief Taskforce, she worked with a

team to design, conduct, and evaluate food stamp participant focus groups in each of Idaho's health districts.

Research Support

- Martinez S., Clarich, C.R.J., **B. Morrisroe-Aman**, T. Ewers, J. Lindstrom, Creating a Spark in Treasure Valley Youth, Idaho Community Program Grant, 2022-2023, \$737,997.95 (\$138,000 spending authority).
- Morrisroe-Aman, B., Idaho Department of Health and Welfare, Improving the Health of Americans through Prevention of Diabetes Grant, 2022-2023, \$11,964 (\$11,964 spending authority).
- Amende, J., J. Peutz, M. Chahine, M. de Haro Martí, S.G. Lee, J.H. Kim, **B. Morrisroe-Aman**. Extension Collaborative on Immunization Teaching & Engagement (EXCITE) CDC. 2021-2023. \$199,898.
- J. McShane, **B. Morrisroe-Aman**, Idaho Department of Health and Welfare, Outreach to Military Youth Grant, 2021-2022, \$1,000,000. (500,000 spending authority)
- Martinez S., Clarich, C.R.J., **B. Morrisroe-Aman**, T. Ewers, J. Lindstrom, Creating a Spark in Treasure Valley Youth, Idaho Community Program Grant, August 2021, \$749,000 (\$35,000 spending authority).
- Amende, J., J. Peutz, M. Chahine, M. de Haro Martí, S.G. Lee, J.H. Kim, **B. Morrisroe-Aman**. Extension Collaborative on Immunization Teaching & Engagement (EXCITE): Activity 1.CDC 2021-2022. \$24,174.
- Morrisroe-Aman, B., J. Amende, Idaho Department of Health and Welfare, Prevent T2 Grant, 2021-2022, \$11,020 (\$11,020 spending authority).
- Morrisroe-Aman, B., J. Amende, Idaho Department of Health and Welfare, Prevent T2 Promotion Grant, 2020-2021, \$13,196 (\$13,196 spending authority).
- Morrisroe-Aman, B., J. Amende, Idaho Department of Health and Welfare, Prevent T2 Grant, 2019, \$10,000.
- **Morrisroe-Aman, B.** University of Idaho, Margaret Ritchie School of Family and Consumer Sciences Mildred Haberly Endowment Award, April 2017, \$1500.
- **Morrisroe-Aman, B.** University of Idaho, Margaret Ritchie School of Family and Consumer Sciences Margret Hepworth Endowment Award, April 2017, \$550.
- **Morrisroe-Aman, B.**, and B. Hutchings. University of Idaho Critical Issues: Idaho Diabetes Prevention Program, January-December 2017, \$5,000.
- Peutz, J., **Morrisroe-Aman, B.**, and McCawley, P. USDA Food & Nutrition Services Supplemental Nutrition Assistance Program Education Grant FY2016. \$250,000 spending authority.
- Peutz, J., **Morrisroe-Aman, B.**, and McCawley, P. USDA Food & Nutrition Services Supplemental Nutrition Assistance Program Education Grant FY2015. \$182,617 spending authority.
- Peutz, J., **Morrisroe-Aman, B.**, and McCawley, P. USDA National Institute of Food and Agriculture Expanded Food and Nutrition Education FY2015. \$129,784 spending authority.
- Peutz, J., Aman, B., and McCawley, P. USDA Food & Nutrition Services Supplemental Nutrition Assistance Program Education Grant FY2014. \$180,671 spending authority.
- Peutz, J., **Aman, B.**, and McCawley, P., USDA Food & Nutrition Services Supplemental Nutrition Assistance Program Education Grant FY2013. \$195,689
- Peutz, J., **Aman, B.**, and Raidl, M., USDA Food & Nutrition Services Supplemental Nutrition Assistance Program Education Grant FY2012. \$228,967.00.
- Peutz, J., **Aman, B.**, and Raidl, M., USDA Food & Nutrition Services Supplemental Nutrition Assistance Program Education Grant FY2011. \$225,188.00. (modified April 2011)
- Peutz, J., **Aman, B.**, Raidl, M., and Denham, M. USDA Food & Nutrition Services. Food Stamp Nutrition Education. Idaho Health and Welfare. District II Extension Nutrition Program. FY2010. \$227,757.
- Peutz, J., **Aman, B.**, Raidl, M., and Denham, M. USDA Food & Nutrition Services. Food Stamp Nutrition Education. Idaho Health and Welfare. District II Extension Nutrition Program. FY2009. \$248,00.00.
- Peutz, J., **Aman B.**, Raidl, M., and Denham, M. USDA Food & Nutrition Services. Food Stamp Nutrition Education. Idaho Health and Welfare. District II Extension Nutrition Program. FY2008. \$240,00.00.
- Peutz, J., **Aman. B.**, Raidl, M., and Denham, M. USDA Food & Nutrition Services. Food Stamp Nutrition Education. Idaho Health and Welfare. District II Extension Nutrition Program. FY2006. \$226,668.00.
- Nauman, A. (PI), Peutz, J., **Aman, B.**, and Toomey, T. Developing Workforce Preparation and Leadership Skills Through Technology. Federal CYFAR (Children, Youth and Families At-Risk) New Communities Grant. USDA CSREES. \$135,000.00. April 2005-March 2006.
- Nauman, A. (PI), Peutz, J., **Aman, B.**, and Toomey, M. Developing Workforce Preparation and Leadership Skills Through Technology. Federal CYFAR (Children, Youth and Families At-Risk) New Communities Grant. USDA CSREES. \$135,000.00. April 2004-March 2005.

Biographical Sketch

- Nauman, A. (PI), Peutz, J., **Aman, B.**, Toomey, M., and Morrison, E. Developing Workforce Preparation and Leadership Skills Through Technology. Federal CYFAR (Children, Youth and Families At-Risk) New Communities Grant. USDA CSREES. \$150,000.00. April 2003-March 2004.
- Nauman, A., (PI) Benesh, C., Cheldelin, K., Peutz, J., **Aman, B.**, and Morrison, E. Developing Workforce Preparation and Leadership Skills Through Technology. Federal CYFAR (Children, Youth and Families At-Risk) New Communities Grant. USDA CSREES. \$150,000.00. April 2002-March 2003.

Publications

Journals

- Amende, J., **B. Morrisroe-Aman**, J. Buck, A. Bingham. 2021. Nutrition for Healthy Aging: A one-time, nutrition-centered program reaching aging adults, *Journal of Nutrition Education & Behavior*. ISSN 1499-4046. <https://doi.org/10.1016/j.jneb.2021.04.464>.
- Morrisroe-Aman, B., L. Sant, S. Johnson, J. Buck, J.H. Kim, G. Wittman. (2021). H2O to Go – Staying Hydrated Safely: A Reusable Water Bottle Safety Project. *Journal of National Extension Association of Family and Consumer Sciences*, 16, 110–115.
- Roe, A. J., **B. Morrisroe-Aman**, L. Foist, S. Johnson, S. G. Lee, J. Peutz, & K. Hansen. (2021). Long Live Idaho!: Lessons Learned from a Supplemental Nutrition Assistance Program Education Social Marketing Campaign. *Journal of National Extension Association of Family and Consumer Sciences*, 16, 110–115. (<https://neafcs.memberclicks.net/assets/documents/journal/2021-jneafcs/2021-JNEAFCS-Final-Web.pdf>)
- Carlin Rafie, Nikki Johnson, Soghra Jarvandi, Alison C. Berg, Vanessa da Silva, **Bridget Morrisroe-Aman**, Kate Welshons. (2021) Distance Learning for Delivery of the Diabetes Prevention Program: Experiences of the Cooperative Extension National Diabetes Prevention Program Working Group (CE-NDPP). *Journal of National Extension Association of Family and Consumer Sciences*, 16, 116-121. (<https://neafcs.memberclicks.net/assets/documents/journal/2021-jneafcs/2021-JNEAFCS-Final-Web.pdf>)

Extension Bulletins

- Howard, T., **B. Morrisroe**. 2023 Practical Coping Skills for Managing Stress, University of Idaho. BUL1053
- Morrisroe-Aman, B., L. Sant, S. Johnson, J. Buck, J.H. Kim, G. Wittman. 2020. H2O to Go – Staying Hydrated Safely, University of Idaho. BUL 971
- Amende, J., **B. Morrisroe-Aman**, J. Buck. 2020. Nutrition for Healthy Aging: Four Key Nutrition Messages for the Older Adult. BUL 975.