

# CURRICULUM VITAE FOR EXTENSION EDUCATOR FACULTY

University of Idaho

**NAME:** Deanna Crandall Poulsen

**DATE:** October 31, 2024

**RANK OR TITLE:** Assistant Extension Professor/Extension Educator

**DEPARTMENT:** University of Idaho Extension, Eastern District

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**DATE OF FIRST EMPLOYMENT AT UI:** 2008-2010

**DATE OF TENURE:** Untenured

**DATE OF PRESENT RANK OR TITLE:** February 5, 2024

## EDUCATION BEYOND HIGH SCHOOL:

### Degrees:

M.S., 2021, Curriculum and Instruction, Western Governors University, Salt Lake City, Utah.

B.S., 2006, Family and Consumer Science Education Composite, Brigham Young University-Idaho, Rexburg, Idaho.

### Certificates and Licenses:

State of Idaho Safe Food Handlers Permit, 2024.

Idaho State Teaching License, 2006-2011.

## EXPERIENCE:

### Teaching, Extension and Research Appointments:

Assistant Extension Professor and County Extension Educator, University of Idaho, Jefferson County, Rigby, Idaho 2024-present.

Adjunct Family Consumer Sciences (FCS) Instructor, Brigham Young University-Idaho, Rexburg, Idaho, 2019-2023.

Assistant FCS, University of Idaho, Bonneville County, Idaho Falls Idaho, 2008-2010.

Secondary FCS Education Teacher, Hillcrest High School, Bonneville County, Ammon, Idaho, 2006-2007.

### Non-Academic Employment including Armed Forces:

Owner, Seamstress, The Thimble Tailor, LLC, Rexburg, Idaho, 2020-present.

Assistant Swim Coach, Madison High School, Rexburg, Idaho, 2022-present.

Independent Contracted Seamstress, Idaho Falls, Idaho, 2010-2019.

Head Swim Coach, Skyline High School, Idaho Falls, Idaho, 2017-2019.

## TEACHING ACCOMPLISHMENTS:

### Areas of Specialization:

Food Safety and Food Preservation

Nutrition and Health

General Family and Consumer Sciences

Youth Financial Literacy

4-H Youth Development

**TEACHING ACCOMPLISHMENTS (cont.):****Courses Taught:**

- Poulsen, D. Foodservice Management, FCS 351, 2019-2023.
- Poulsen, D. Introduction to Interior Design, FCS 140, 2019-2023.
- Poulsen, D. Introduction to Family and Consumer Sciences, FCS 101, 2020-2023.

**Non-Credit Classes, Presentations, Workshops, Seminars, Invited Lectures, etc.:****Food Safety and Food Preservation**

- Poulsen, D. Getting started with canning, Rexburg, Idaho, July 19, 2024
- Poulsen, D. and V. Hayman, Preserve@Home foodborne illness, Online, June 6, 2024.
- Poulsen, D. Hands-on low acid canning, Rigby, Idaho, May 9, 2024.
- Poulsen, D. Hands-on high acid canning, Rigby, Idaho, May 8, 2024.
- Poulsen, D. Hands-on low acid canning, Malad, Idaho, April 24, 2024.
- Poulsen, D. Hands-on high acid canning, Malad, Idaho, April 18, 2024.
- Poulsen, D. Hands-on high acid canning, Rigby, Idaho, April 17, 2024.
- Buck, J. and **D. Poulsen**. Hands-on low acid canning, Blackfoot, Idaho, March 28, 2024.
- Poulsen, D. and J. Buck. Hands-on high acid canning, Blackfoot, Idaho, March 27, 2024.
- Poulsen, D. and K. Ure. Preserve@Home, Online, February 29, 2024.
- Poulsen, D. Food Preservation for high and low acid produce, Eastern District, 17 sessions, 2008-2010.

**Nutrition and Health**

## Nutrition

- Poulsen, D. and M. Raymond. Grain guy, Ririe, Idaho, 3 sessions, March 7, 2024.
- Hickman, A. and **D. Poulsen**. Grain guy, Rigby, Idaho, March 5, 2024, 3 sessions.
- Poulsen, D. and L. Hansen. MyPlate, Sugar City, Idaho, February 15, 2024, 4 sessions.
- Hansen, L. and **D. Poulsen**. MyPlate, Sugar City, Idaho, February 13, 2024, 2 sessions.

## Healthy Living

- Poulsen, D. Fitness made simple, Rigby, Idaho, October 31, 2024.
- Poulsen, D. Fitness made simple, Rigby, Idaho, October 29, 2024.
- Poulsen, D. Fitness made simple, Rigby, Idaho, October 24, 2024.
- Poulsen, D. Fitness made simple, Online, October 24, 2024.
- Poulsen, D. Fitness made simple, Rigby, Idaho, October 22, 2024
- Poulsen, D. Fitness made simple, Rigby, Idaho, October 3, 2024
- Poulsen, D. Fitness made simple, Rigby, Idaho, October 1, 2024
- Poulsen, D. Fitness made simple, Online, May 2, 2024
- Poulsen, D. Fitness made simple, Online, June 6, 2024
- Poulsen, D. Fitness made simple, Online, June 20, 2024
- Poulsen, D. Fitness made simple, Online, June 27, 2024
- Poulsen, D. and M. Raymond. Germ bug, Hamer, Idaho, February 27, 2024

**General Family & Consumer Sciences**

## Financial Literacy

- Poulsen, D. and A. Hickman. Junior achievement, Rigby, Idaho, October 2, 2024, 5 segments.
- Hansen, L. and **D. Poulsen**. Night of the living debt, Ammon, Idaho, February 22, 2024.
- Poulsen, D. and L. Hansen. Night of the living debt, Ammon, Idaho, February 22, 2024.
- Hansen, L. and **D. Poulsen**. Welcome to the real world, Ammon, Idaho, February 21, 2024.
- Poulsen, D. and L. Hansen. Welcome to the real world, Ammon, Idaho, February 21, 2024.
- Hansen, L. and **D. Poulsen**. Employment feud, Ammon, Idaho, February 20, 2024.
- Poulsen, D. and L. Hansen. Employment feud, Ammon, Idaho, February 20, 2024.
- Poulsen, D. and L. Erickson. Welcome to the real world, 24 sessions, Eastern District, 2008-2010.

## Family &amp; Consumer Sciences Education

- Poulsen, D. Sewing workshop: bandana backpack, May 11, 2024.

**Non-Credit Classes, Presentations, Workshops, Seminars, Invited Lectures, etc. (cont.):****4-H Youth Development**

- Poulsen, D. Jefferson county style revue, Rigby, Idaho, August 12, 2024.
- Poulsen, D. Confidence and poise workshop, Rigby, Idaho, August 6, 2024.
- Poulsen, D. Pajama pants day camp, Rigby, Idaho, July 16-18, 2024, 3 classes.
- Poulsen, D. Hoodie day camp, Rigby, Idaho, July 16-18, 2024, 3 classes.
- Poulsen, D. Bandana bag day camp, Rigby, Idaho, July 10, 2024.
- Poulsen, D. Pajama Pants day camp, Rigby, Idaho, July 1-3, 2024.
- Poulsen, D. Sweet pie day camp, Rigby, Idaho, June 19, 2024.
- Poulsen, D. Savory pie day camp, Rigby, Idaho, June 19, 2024.
- Poulsen, D. Patriotic treats day camp, Rigby, Idaho, June 5, 2024.
- Poulsen, D. Savory pie day camp, Rigby, Idaho, June 5, 2024.
- Poulsen, D. Breakfast day camp, Rigby, Idaho, June 4, 2024.
- Poulsen, D. Sweet pie day camp, Rigby, Idaho, June 4, 2024.
- Poulsen, D. and M. Raymond, In-school home arts and crafts, Hamer, Idaho, April 30, 2024.
- Poulsen, D. Sour dough starters day camp, Mud Lake, Idaho, March 8, 2024.
- Poulsen, D. Sour dough starters day camp, Rigby, Idaho, March 1, 2024.
- Raymond, M. and **D. Poulsen**. String art, Terretton, Idaho, February 15, 2024.

**SCHOLARSHIP ACCOMPLISHMENTS:****Publications, Exhibitions, Performances, Recitals:****Other:****University of Idaho Extension Impact Statements:**

Buck, J., C. Carter, **D. Poulsen**, L. Sant, P. Wray. 2024. Sewing workshop participants learned new skills and gained confidence. <https://www.uidaho.edu/-/media/uidaho-responsive/files/extension/admin/impacts/2024/16-24-jbuck-sewing-workshop.pdf?la=en&rev=e4d4f7ca5aa047148c3ee1424d6b9663>

Poulsen, D. 2024. Secondary FCS teachers and UI Extension educators connect through sewing. <https://www.uidaho.edu/-/media/uidaho-responsive/files/extension/admin/impacts/2024/19-24-dpoulsen-sewing-connection.pdf?la=en&rev=b68a0313494e401f9ac42a5f80b85804>

**Internal Funding Awarded:**

- Poulsen, D. UI Extension Eastern District, Enhancement gift to register for National Extension Association of Family & Consumer Sciences 2024 Annual Session, 2024. \$525.
- Poulsen, D. Joint Council of Extension Professionals for travel costs for National Extension Association of Family & Consumer Sciences 2024 Annual Session, 2024. \$300.
- Poulsen, D. University of Idaho Extension Innovative Project Award to purchase sewing machine for Jefferson County 4-H programing, 2024. \$326.
- Poulsen, D. Health and Well-Being Professional Extension Team to purchase equipment for Fitness made simple programming. 2024. \$500.

**SERVICE:****Major Committee Assignments:****Regional:**

Western Region Food Preservation Working Group, 2024

**State:**

State Horse Contest Demonstration Event Facilitator, 2024

**College:**

Hiring Committee for Eat Smart Idaho Position, Bannock County, 2024

**Major Committee Assignments (cont.):**

**Extension:**

University of Idaho Extension Health and Wellness Priority Extension Theme, 2024  
University of Idaho 4-H Youth Development Priority Extension Theme, 2024  
University of Idaho Food Preservation Working Group Committee, 2024

**District:**

Eastern District Family & Consumer Sciences Working Group Secretary, 2024  
Eastern Idaho State Fair Horse Committee, 2024

**County/Local:**

Rigby County Fair Demonstration Facilitator, 2024  
Rigby High School Family & Consumer Sciences Program Advisory Committee, 2024

**Professional and Scholarly Organizations:**

Joint Council of Extension Professionals, 2024  
National Extension Association of Family & Consumer Sciences, 2024  
Membership and Life Members Committee, 2024  
Idaho Affiliate National Extension Association of Family & Consumer Sciences, 2024  
VP Public Affairs, 2024-2025

**Outreach Service:**

**Classes, Workshops, Seminars, Share Fairs and Tours Organized:**

Style Revue Practice, Rigby, Idaho, August 2024.  
Connecting Extension and Secondary Education, Rigby, Idaho, June 17, 2024.  
Jefferson County 4-H Camp, Alpine, Wyoming, June 2024.

**Miscellaneous Extension Publications:**

Jefferson County Extension Newsletter  
Freezer Meal Tips. October 2024.  
Health-full Harvest. September 2024.  
Are you in the danger zone? July 2024.  
Hydration Hacks for Health. May 2024.  
Milling grains at home. April 2024.  
Microgreens. March 2024.

**Webpages/Social Media:**

Jefferson County Extension Facebook Page, 2024.

**Judging:**

Bonneville County Fair, Open Class Home Food Preservation, Idaho Falls, Idaho, July 31, 2024.

**Review Activities:**

Award applications, Idaho Affiliate of the National Extension Association of Family & Consumer Sciences, 2024.

**PROFESSIONAL DEVELOPMENT:**

**Teaching:**

Train the trainer, Fitness made simple, University of Idaho Bonneville County Extension, Idaho Falls, Idaho, February 23, 2024.  
StrongPeople, Utah State University, Orem, Utah, May 7, 2024.

**Scholarship:**

University of Idaho new faculty orientation, Moscow, Idaho, August 11-14, 2024.

**PROFESSIONAL DEVELOPMENT (cont.):**

**Outreach:**

Eastern District Extension Fall Professional Development Meeting, Fort Hall Indian Reservation, Fort Hall, Idaho, October 8-9, 2024.

Chamber of Commerce Report, Rigby, Idaho September 11, 2024.

Eastern District Extension Spring Professional Development Meeting, Idaho Falls, Idaho, April 25, 2024.

University of Idaho Extension Annual Conference, Moscow, Idaho, April 8-11, 2024.

University of Idaho Extension Food Preservation topic team planning meeting, Moscow, Idaho, April 10, 2024, September 24, 2024.