

CURRICULUM VITAE FOR EXTENSION EDUCATOR FACULTY

University of Idaho

NAME: Paige Wray

DATE: October 30, 2023

RANK OR TITLE: Assistant Extension Professor/ Extension Educator

DEPARTMENT: University of Idaho Extension, Eastern District

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DATE OF FIRST EMPLOYMENT AT UI: June 12, 2022

DATE OF TENURE: Untenured

DATE OF PRESENT RANK OR TITLE: June 12, 2022

EDUCATION BEYOND HIGH SCHOOL:

Degrees:

MS, 2017, Agriculture Extension and Education, Utah State University, Logan, Utah. Thesis:
Evaluating the effectiveness of Utah farm field days.

BS, 2014, Agriculture Education, Brigham Young University-Idaho, Rexburg, Idaho.

Certificates and Licenses:

University of Florida/Utah State University, Program Planning and Evaluation, 2020.

Botvin Lifeskills, 2020.

Iowa State University, Strengthening Families, 2020.

National Council on Mental Wellness, Mental Health First Aid, 2018.

Guiding Good Choices, 2018.

Collaborative Institutional Training Initiative (CITI), Investigator/Student Researcher Certificate, 2018.

Utah 4-H, Shooting Sports Leader, 2017.

Utah State University Extension, Nutrition Education Assistant, 2014.

EXPERIENCE:

Teaching, Extension and Research Appointments:

Extension Assistant Professor, University of Idaho, Bonneville County, Idaho Falls, Idaho, 2022-present.

Extension Assistant Professor, Utah State University, San Juan County, Monticello, Utah, 2017-2022.

Academic Administrative Appointments:

County Director, Utah State University, San Juan County, Monticello, Utah, 2019-2022.

Non-Academic Employment including Armed Forces:

Website Assistant, Utah Agriculture in the Classroom, Logan, Utah, 2016-2017.

Extension Program Assistant, Cache County Extension, Logan, Utah, 2015-2017.

Nutrition Education Assistant, Cache County Extension, Logan, Utah, 2014-2017.

4-H Intern, Bannock County Extension, Pocatello, Idaho, 2013.

After School Teacher, Madison School District, Rexburg, Idaho, 2011-2014.

TEACHING ACCOMPLISHMENTS:**Areas of Specialization:**

Agricultural Literacy
 4-H & Youth Development
 Foods & Nutrition
 Health & Wellness

Interns/Students Advised:

Fitzgerald, Gavin, University of Idaho, Health Science, 2023
 Murdock, Madeline, Belmont University, Music Business, 2023.
 Mayo, Mary-Catherine, Brigham Young University-Idaho, Animal Science, 2022.
 Ben, Shaila, Utah State University, Rangeland Management, 2021.
 Dayish, Jordan, Utah State University, Agribusiness, 2021.
 Grover, Brooklyn, Utah State University, Elementary Education, 2019-2020.
 Monson, Mikell, Utah State University, Agriculture Education, 2018.

Materials Developed:**Workbooks, Manuals:**

Wray, P., C. Meier, J. Huber, and J. Dayish. (2022). Youth Community Needs Assessment Manual. Utah State University Extension and University of Idaho Extension.
https://issuu.com/usuextension/docs/youth_community_needs_assessment_manual

Video Productions:

Wray, P., L. Cady, and E. Smith, (2022). Bean puree as a fat replacement in recipes. Utah State University Extension.
 Dallin, J., C. Ward, J. Hadfield, T. Howard, **P. Wray**, (2021). Farm Stress and Mental Health. YouTube Video. <https://youtu.be/uiFTVNcljC0>
 Howard, T., **P. Wray**, (2022). UTAC: A Model for Response to Mental Health. YouTube video. <https://youtu.be/RuOLH22UUmU>
 Dallin, J., C. Ward, J. Hadfield, T. Howard, **P. Wray**, (2021). Farm Stress and Mental Health. YouTube Video. <https://youtu.be/6nqgtrNfW5o>
 Killian, T., **P. Wray**, (2020). *Rural Mental Health*. Select Health Award Videos. <https://youtu.be/2eGDWDU6Hz4>

PowerPoint/Slide Presentations:

Howard, T., **P. Wray**, B. Morrisroe, 4-H Mental Health Upholding Fences. 2023.
 Howard, T., **P. Wray**, B. Morrisroe, 4-H Mental Health Mending Fences. 2023.
 Howard, T., **P. Wray**, B. Morrisroe, 4-H Mental Health Building Fences. 2023.
 Howard, T., **P. Wray**, Utah talks, answers, & connects, 4-H volunteer presentation. 2022.
 Howard, T., **P. Wray**, C. Ward, J. Dallin, and J. Hadfield, Mending fences: Utah talks, answers, & connects, Ag Wellness curriculum. 2021.
 Howard, T., **P. Wray**, The biggest asset is you, Ag Wellness curriculum. 2020.

Non-Credit Classes, Presentations, Workshops, Seminars, Invited Lectures, etc.:

4-H Youth Development and Volunteer Development

- Wray, P., Lead 2 Change, Idaho 4-H LEADS Summit. Cascade, Idaho. Invited, 2023.
- Wray, P., Spheros, Elementary Schools, taught 26 times, Idaho Falls, Idaho. 2023.
- Wray, P., Pressure Canning, One jar at a time club meeting, Idaho Falls, Idaho. 2023.
- Wray, P., Prepare for fair, Idaho Falls, Idaho, 2023.
- Wray, P., T. Howard, 4-H Building Fences, STAC Training, Moscow, Idaho. Invited, 2023.
- Wray, P., T. Howard, 4-H Fences, STAC Steering Committee Training, Moscow, Idaho. Invited, 2023.
- Wray, P., Pickleball, Blitz Week, Idaho Falls, Idaho. 2023.
- Wray, P., Cloverbud Living, Blitz Week, Idaho Falls, Idaho. 2023.
- Wray, P., Sphero Mini-Golf, Blitz Week, Idaho Falls, Idaho. 2023.
- Wray, P., Cloverbud Citizenship, Blitz Week, Idaho Falls, Idaho. 2023.
- Wray, P., Pinch Bowl, Adult Sewing Training, Idaho Falls, Idaho, 2023.
- Wray, P., YQCA ethics training, taught 2 times, Idaho Falls, Idaho, 2023.
- Strupp, H., C. Willmore, and **P. Wray**, Alpine Camp Counselor Training, 4 meetings, Blackfoot, Idaho 2023.
- Wray, P., Resources for 4-H Leaders, Idaho Falls, Idaho 2023.
- Wray, P., Frozen Pizzas, Spring Fling, Idaho Falls, Idaho. 2023.
- Wray, P., Sphero Mini-Golf, Spring Fling, Idaho Falls, Idaho. 2023.
- Wray, P., Makey Makey Circuits, Spring Fling, Idaho Falls, Idaho. 2023.
- Wray, P., Quilling, Spring Fling, Idaho Falls, Idaho. 2023.
- Wray, P., Papercrafts, Spring Fling, Idaho Falls, Idaho. 2023.
- Wray, P., Robotics, Homeschool 4-H Club, taught 3 times, Idaho Falls, Idaho 2023.
- Pollock, M. C. M., and **P. Wray**, Spheros, Elementary Schools, taught 10 times, Idaho Falls, Idaho 2023.
- Wray, P., County youth leadership council, met 6 times, Idaho Falls, Idaho, 2023.
- Wray, P., T. Howard, 4-H Mending Fences Workshop, Central District 4-H Meeting, Burley, ID. Invited, 2023.
- Wray, P., Stop Motion Filming, STEAM Camp, Idaho Falls, Idaho 2022.
- Wray, P., Spheros, STEAM Camp, Idaho Falls, Idaho 2022.
- Wray, P., Water Bath Canning, One jar at a time club meeting, Idaho Falls, Idaho 2022.
- Wray, P., Food safety, One jar at a time club meeting, Idaho Falls, Idaho, 2022..
- Wray, P., County youth leadership council, Idaho Falls, Idaho, 2022.
- Wray, P. and K. Weiland., Ethics training, Idaho Falls, Idaho, 2022.
- Wray, P., County youth leadership council, Idaho Falls, Idaho, 2022.
- Wray, P., New leader training, Idaho Falls, Idaho, 2022.
- Wray, P. & C. Meier, Youth led community needs assessment, Utah State University Extension 4-H Inservice, St. George, Utah, 2022.
- Ben, S., **P. Wray**, and R. Wytsalucy, Discover 4-H, Aneth, Utah, 2021.
- Ben, S., **P. Wray**, and R. Wytsalucy, Discover 4-H, Delivered 4 times, Blanding, Utah, 2021.
- Wray, P., Tech Tuesday, Delivered 6 times, Blanding, Utah, 2021.
- Wray, P., Afterschool STEM activities, Blanding, Utah, 2021.
- Wray, P. & R. Wytsalucy, 4-H ambassadors, Blanding, Utah, 2020.
- Wray, P., 4-H programming in san juan county, Program Planning and Evaluation Course, Virtual, 2020.
- Ward, C., **P. Wray**, A. Schmutz, K. Heaton, and B. Scow, Unplugged teen leadership, National Extension Association of Family and Consumer Sciences, Virtual, 2020.
- Wray, P., S. MacArthur, S. Sulzer, S. Prevedel, and T. Keady, Utilizing a peer mentorship model to teach healthy living practices to native American youth, International Hawaiian Conference on Education, Honolulu, Hawaii, 2020.
- Nay, K. and **P. Wray**, Healthy Living TRY Team, Blanding, Utah, 2019

4-H Youth Development and Volunteer Development cont.

- Wray, P., and C. Ward, STEM concepts in family and consumer sciences, Jumpstart Afterschool Conference, St. George, Utah, 2019.
- Ward, C. and **P. Wray**, Discover 4-H, Jumpstart Afterschool Conference, St. George, Utah, 2019.
- Wray, P., Using 4-H in the classroom, Utah Family and Consumer Science Teachers Fall Conference, Orem, Utah, 2018.
- Wray, P., Science in the kitchen, Utah 4-H leadermete, Vernal, Utah, 2018.

Agricultural Literacy

- Ward, C. and P. Wray, Discover agriculture, Jumpstart Afterschool Conference, St. George, Utah, 2019.
- Wray, P. and D.M. Spielmaker, What kids want to know about agriculture: Reevaluating the farm field day model, National Agriculture in the Classroom Conference, Kansas City, Missouri, 2017.

Health and Wellness

Healthy Relationships

- Wray, P. and S. Sherrow, Strengthening families, Virtual, 2021.
- Wray, P. and S. Sherrow, Strengthening families, Blanding, Utah, 2021.
- Wray, P., LifeSkills, Delivered 13 times, Blanding, Utah, 2021.
- Wray, P. and S. Sherrow, Guiding Good Choices, Delivered 5 times, Virtual, 2021.
- Wray, P., Family traditions: Create a positive atmosphere and guide good choices in your family, Utah State University Extension Virtual Date Night, Virtual, 2020.

Mental Health

- Howard, T. and **P. Wray**, *UTAC: Utah talks, answers, & connects*. Utah State University Extension Mental Health Website, 2022.
- Howard, T. and **P. Wray**, Mental health advocacy and awareness, Utah State University Extension 4-H Inservice, St. George, Utah, 2021.
- Murza, G., M. Jewkes, **P. Wray**, and T. Keady, Sharing your best practices for creating big impacts in a short timeframe: Lessons learned from the COVID messaging grant, Utah State University Extension Home & Community Inservice, Virtual, 2021.
- Jewkes, M., **P. Wray**, and T. Hunsaker, Food preservation and emergency preparedness working group update, Utah state University Extension Home & Community Inservice, Virtual, 2021.
- Wille, C., G. Murza, M. Jewkes, E. Parkhurst, T. Hunsaker, T. Keady, A. Yaughner, **P. Wray**, C. Lyman, M. Whitesides, and D. Hinkamp, Utah extension's COVID-19 messaging campaigns show impact and reach through strong collaboration, National Extension Association of Family and Consumer Sciences, Virtual, 2021.
- Wille, C., G. Murza, M. Jewkes, E. Parkhurst, T. Hunsaker, T. Keady, A. Yaughner, **P. Wray**, C. Lyman, M. Whitesides, and D. Hinkamp, Government, university and community organizations partner to prevent the pandemic's effects on mental and emotional health: Covid 19 messaging campaigns show reach and impact through strong collaboration, International Conference on Health, Wellness & Society, Paris, France, 2021.
- Wray, P. and A. Schmutz, Get a handle on your workload: Strategies to help boost productivity and balance, Joint Council of Extension Professionals Extension Leadership Conference, Virtual, 2021
- Killian, T., J. Dallin, **P. Wray**, C. Ward, J. Hadfield, *The biggest asset is YOU*. Grouse Creek Community Info Night, 2021.
- Killian, T., **P. Wray**, and C. Ward, Best practices: A cross-discipline approach to rural stress, Utah State University Extension Home & Community Inservice, Virtual, 2020.
- Killian, T., P. Wray, Mental Health First Aid, Snowville, UT. 2020

Mental Health cont.

- Killian, T., **P. Wray**, and E. Parkhurst, Wellness Triangle, Utah State University Annual Conference, Logan, Utah, 2019.
- Wray, P. and C. Ward, Hitting reset: Ideas for prioritizing and focusing, Western Region Leaders' Forum, San Diego, California, 2018

Physical Health

- Ward, C., **P. Wray**, C. Nelson, D. Bolton, C. Dakin, B. Thompson, D. DasGupta, M. Vierimaa, and S. Sulzer, Pickleball for sedentary mid-life and older adults in rural Utah: A pilot study, National Extension Association of Family and Consumer Sciences, Virtual, 2021.

Foods & Nutrition

- Wray, P., T. Hunsaker, and A. Schmutz, Examining the safety of low acid canning in “smart cookers”, Consumer Food Safety Education Conference, Virtual, 2021.
- Wray, P. and C. Jenkins, Canning tomatoes, Utah State University Extension, Virtual, 2021.
- Wray, P., Cultivate Better Health, Delivered 10 times, Navajo Nation Special Diabetes Program, virtual, 2021.
- Wray, P., Create better health, Women, Infants, & Children, Delivered 12 times, Blanding, Utah, 2021.
- Wray, P., Create better health, Department of Workforce Services, Blanding, Utah, 2021.
- Wray, P., Freeze drying 101, Blanding, Utah, 2021.
- Ward, C. and **P. Wray**, Freeze drying 101, Montana State University Extension, Virtual, 2021, Invited.
- Ward, C. and **P. Wray**, Harvest right home food freeze dryers, National Extension Association of Family and Consumer Sciences, Virtual, 2020.
- Merrill, C., S. Haws, T. Hunsaker, T. Mathis, E. Serfustini, **P. Wray**, and K. Allen, Examining food safety of low-acid canning “smart cookers”, National Extension Association of Family and Consumer Sciences, Hershey, Pennsylvania, 2019.
- Merrill, C., and **P. Wray**, The dangers of canning in an “instant pot” style pressure cooker, Utah Extension Association of Family and Consumer Sciences Inservice, Provo, UT, 2019.

Extension Presentations

- Wray, P., Budgeting 101, Iina Bihooaah Program, Virtual, 2021.
- Bravo, A.W., P. Hill, W. Garcia, **P. Wray**, and T. Killian, eXtension impact collaborative, Utah State University Annual Conference, Logan, UT, 2019
- Wray, P., and T. Killian Impact collaborative explanation, Utah State University Extension New Faculty Retreat, Kaysville, Utah, 2018.

SCHOLARSHIP ACCOMPLISHMENTS:**Publications, Exhibitions, Performances, Recitals:****Refereed:****Journals:**

- Murza, G., M. D. Jewkes, A. Yaughner, C. G. Wille, **P. Wray**, and C. Meier, (2021). COVID-19 messaging campaigns show impact and reach through strong collaborations. Journal of the National Extension Association of Family and Consumer Sciences, 16, 78-82.
- Wray, P., C. Ward, C. Nelson, D. Bolton, C. Dakin, B. Thompson, D. DasGupta, M. Vierimaa, and S. Sulzer., & Bolton, D. (2021). Pickleball for inactive mid-life and older adults in rural Utah: A feasibility study. International Journal of Environmental Research and Public Health, 18(16), 8374.

Journals cont.

- Hadfield, J., M. Wierda, **P. Wray**, T. Howard, C. Ward, J. Dallin, (2021). Incorporating Mental Health CEU's in Statewide Virtual Pesticide Workshops. Journal of National Association of Agricultural Agents, 14(1).
- Merrill, C., S. Haws, T. Hunsaker, T. Mathis, E. Serfustini, **P. Wray**, and K. Allen (2020), Food safety of low acid canning in electric pressure cookers. Journal of the National Extension Association of Family and Consumer Sciences, 15, 27-31.
- Swinton, J. J., T. Killian, and **P. Wray**, 2020, Importance of Adding Objective Data to Stakeholder Data in Needs Assessments. Journal of Extension. 58(3). 1-8. (5,6)

Extension Publications:**University of Idaho Extension Impact Statements:**

- Fisher, M., M. Knutz, M. Toomey, R. Baumgartner, T. Miller, **P. Wray**, A. Statz, C. Lockhard, C. Carter, and T. Tverdy. 2023. Idaho's 4-H Learn, Engage, Act, Develop, Summit (LEADS) builds youth leadership. <https://www.uidaho.edu/-/media/UIDaho-Responsive/Files/Extension/admin/Impacts/2023/55-23-mfisher-youth-leadership.pdf?la=en&hash=610F8F405322CB94A50235B761E5831E1FC37A78>
- Gibbons, J., **P. Wray**, H. Strupp, and B. Henderson. 2023. Alpine 4-H Camp: The height of youth development, <https://www.uidaho.edu/-/media/UIDaho-Responsive/Files/Extension/admin/Impacts/2023/36-23-jgibbons-alpine-camp.pdf>
- Buck, J., L. Blanch, K. Hickok, L. Sant, and **P. Wray**. 2023. Sewing workshop provides training to local youth volunteers. <https://www.uidaho.edu/-/media/UIDaho-Responsive/Files/Extension/admin/Impacts/2023/34-23-jbuck-sewing-workshop.pdf?la=en&hash=451BFCD2F7ACA66CA5505A9EDC2252C20831B440>

Utah State University Fact Sheets:

- Keady, T., **P. Wray**, K. Zaman, G. Murza, G. Glissmeyer, E. Elsmore, M.W. Voss, S. Prevedel, and S. Sulzer, (2021). Opioid fast facts for parents. Utah State University.
- Wray, P.** and L Cady, (2021). Boost the benefits with beans. Utah State University.
- Merrill, C. K. Allen, S. Haws, T. Hunsaker, P. Mathis, and **P. Wray**, (2020). Why electric pressure cookers are not pressure canners. Utah State University. <https://digitalcommons.usu.edu/cgi/viewcontent.cgi?article=3097&context=vextensionxcurall>
- Merrill, C., C. Jessen, **P. Wray**, and C. Ward, (2019). Buying a home freeze-dryer: what to know before you go. Utah State University. <https://digitalcommons.usu.edu/cgi/viewcontent.cgi?article=2999&context=vextensionxcurall>
- LeBlanc, H., C. Brennand, and **P. Wray**, (2017). Preserving corn. Utah State University, <http://digitalcommons.usu.edu/cgi/viewcontent.cgi?article=2134&context=vextensionxcurall>.

Other:**Curricula:**

- Wray, P.** and T. Killian (2020). The biggest asset is you: A person-based approach to mental health, Utah State University Extension.
- Wray, P.**, & D. Stewardson, (2018). Discover 4-H agricultural literacy. Utah State University Extension4-H. <https://utah4h.org/discover/>

Utah State University Outcomes and Impacts Quarterly:

- Wierda, M., C. Zesiger, J. Hadfield, M. Pace, and **P. Wray**, (2021), Providing pesticide license holders CEU credits during the COVID 19 pandemic, Outcomes and Impacts Quarterly 1(4), 2.

Utah State University Outcomes and Impacts Quarterly cont.

- MacArthur, S., T. Keady, **P. Wray**, C. Jensen, M. Sorensen, C. Warnick, and L. Narine, (2021), A substance misuse prevention program to youth in rural Utah, *Outcomes and Impacts Quarterly* 1(2), 3.
- Howard, T, **P. Wray**, J. Hadield, J. Dallin, and C. Ward, (2021). USU extension's focus on stress and mental health in rural agriculture, *Outcomes and Impacts Quarterly*, 1(2), 1.

Scholarly Presentations and Other Creative Activities:

Displays and Posters:

- Howard, T., **P. Wray**, Addressing Mental Health through a Social -Ecological Approach with 4-H Youth and Volunteers. Epsilon Sigma Phi Annual Conference, Billings, MT. 2023.
- Meier, C. and **P. Wray**, Youth Led-Community Needs Assessment: Introducing a Facilitator Manual. National Association of Community Development Extension Professionals, Coeur' D'Alene, ID. 2023
- Howard, T. and **P. Wray**, 4-H Building Fences Program, Extension Annual Conference, Sun Valley, ID. 2023.
- Wray, P., Youth Led Needs Assessment Manual, Extension Annual Conference, Sun Valley, ID. 2023
- Wray, P., S. MacArthur, T. Keady, C. Jensen, M. Sorensen, C. Warnick, and L. Narine, Helping kids PROSPER in Utah: An evidence based, community approach to prevention. National Extension Association of Family and Consumer Sciences, Virtual, 2021.
- Hadield, J. A., J. Dallin, **P. Wray**, T. Howard, and C. Ward, Combating stress and promoting mental health in rural agricultural communities. Extension Risk Management Education, Virtual, 2021.
- Wytsalucy, R. and **P. Wray**, Cooking native foods and talking careers with indigenous chef Craig, National Association of Extension 4-H Youth Development Professionals, Memphis, Tennessee, 2021.
- Wray, P. and C. Ward, What kids really want to know about agriculture? An innovative approach to program evaluation and efficacy, National Association of Extension 4-H Youth Development Professionals, Virtual, 2020.
- Ward, C., **P. Wray**, A. Schmutz, K. Heaton, and B. Scow, Unplugged teen leadership, National Association of Extension 4-H Youth Development Professionals, Virtual, 2020. Virtual.
- Killian, T., Z. Garcia, and **P. Wray**, Mental health first aid-an ecological approach to mental health, National Council on Family Relations, Virtual, 2020.
- Wray, P., C. Ward, C. Nelson, S. Sulzer, D. DasGupta, C. J. Dakin, B. J. Thompson, M. Vierimaa, and D. A. E. Bolton, Pickleball for sedentary mid-life adults in rural Utah-a pilot study, Utah State University Extension Annual Conference, Logan, UT, 2020.
- MacArthur, S., N. Brower, C. Ward, **P. Wray**, and C. Nelson, Teaching youth through hands-on discover 4-H clubs, International Hawaiian Conference on Education, Honolulu, Hawaii, 2020.
- Wray, P. and S. MacArthur, Healthy living programming with native American youth, Epsilon Sigma Phi, Colorado Springs, CO, 2019.
- Wray, P. Native American STEM camps, Utah State University Annual Conference, Logan, UT, 2019.
- Merrill, C., S. Haws, T. Hunsaker, T. Mathis, E. Serfustini, **P. Wray**, and K. Allen, Examining food safety of low-acid canning "smart cookers", Utah State University Annual Conference, Logan, UT, 2019.
- Wray, P. and D. M. Spielmaker, Farm field days as a learning model for agricultural literacy, Utah State University Extension Annual Conference, Logan, UT, 2017.

Scholarship Honors and Awards:

- Food Safety Award 1st Place Region and 2nd Place National Winner, National Extension Association of Family and Consumer Science, 2023.
- Distinguished Team Award, Epsilon Sigma Phi: Western Region, 2022

Scholarship Honors and Awards cont.

Achievement in Service, National Association of Extension 4-H Youth Development Professionals, 2022

Distinguished Team Award, Mental Health Literacy and Awareness for Rural Agriculture Youth Organizations, Epsilon Sigma Phi: IOTA Chapter, 2022

Diversity Team: Second Place, Mental Health Literacy and Awareness for Rural Agriculture Youth Organizations, Utah Association of Extension 4-H Youth Development Professionals, 2022

Search for Excellence in Teen Programming Team Award, Mental Health Literacy and Awareness for Rural Agriculture Youth Organizations, National Association of Extension 4-H Youth Development Professionals, 2022

Excellence in Teamwork, Utah state university extension combine efforts to create and disseminate covid-19 health guidance, Utah Extension Association of Family and Consumer Sciences, 2021

Diversity Program Team Award: Second Place, The Biggest Asset is YOU, Utah Extension Association of Family and Consumer Sciences, 2021

Marketing/Public Relations Team, Virtual date nights, Utah Extension Association of Family and Consumer Sciences, 2021

Innovation in Programming, Covid-19 educational campaign, Utah Extension Association of Family and Consumer Sciences, 2021

Excellence in 4-H Healthy Living Programming, Unplugged teen leadership, Utah Association of Extension 4-H Workers, 2021

Hermes Creative Awards-Platinum, Covid Billboards, Association of Marketing and Communication Professionals, 2021

First Class of the National Extension Association of Family and Consumer Sciences Leadership Cohort, Leadership Experience, National Extension Association of Family and Consumer Sciences, 2021

Innovation in Programming: 3rd Place Western Region, Utah state university expands covid-19 health guidance messaging to show the spread, National Extension Association of Family and Consumer Sciences, 2021

36th Annual Educational Advertising Award-Merit, Covid response materials, Covid billboards, Utah Media Group, Utah State University Extension, EduADAWARDS, 2021

Communication Written Media Team, 2nd Place Western Region, Electric cookers are not for canning, National Extension Association of Family and Consumer Sciences, 2020

Marketing Team, Create an active winter, Utah Extension Association of Family and Consumer Sciences, 2019

Diversity Individual, Create better health on the Ute reservation, Utah Extension Association of Family and Consumer Sciences, 2019

Diversity Team, Relationship education for incarcerated females, Utah Extension Association of Family and Consumer Sciences, 2019

Marketing Team, Create an active winter, National Extension Association of Family and Consumer Sciences, 2019

Crowdfunding Award with LikeMinded, Impact Collaborative Summit, 2019

Grants and Contracts Awarded:**External Funding Awarded:**

Lindstrom, J. and **P. Wray** Idaho Community Program Grant, Idaho Department of Health & Welfare, 2022-2023, \$60,000. (\$60,000 spending authority).

Meier, C., C. Jensen C., and **P. Wray**, Utah's Culture of Health, Robert Wood Johnson Foundation, Culture of Health Grant, 2022, \$19,000. (\$7,500 spending authority).

Ward, C., T. Howard, J. Dallin, **P. Wray**, and J. Hadfield, State Farm Ranch Assistance Network Grant. USDA-NIFA through Utah Department of Agriculture and Foods. 2022, \$500,000. (No spending authority).

External Funding Awarded cont.

- Wray, P. 4-H Afterschool at Blanding Elementary, Utah State Board of Education. Sub award of San Juan Foundation. 2021-2024. \$402,726. (Spending Authority \$402,726).
- Arungwa S., **P. Wray**, and D. Ivie, UT, USU, Prevention Science Extension COVID-19 Education, USDA-NIFA. 2021-2022. \$24,178. (No spending authority).
- Mitchell, A. and **P. Wray** Expanding the Guiding Good Choices Program in San Juan County. 2020-2021. \$5000. (No spending authority).
- Parent, V., K. Romney, D. Ivie, Teen Spheres of Influence. Department of Workforce Services. 2020. (Spending authority \$1,000).
- Dallin, J., J. Hadfield, T. Killian, C. Ward, and **P. Wray**, IPM/ Sustainable Agriculture Mini Grant. 2020-2025, \$5,000 (\$1000 spending authority).
- Meier, C., S. Sulzer, S. MacArthur, S. Prevedel, Z. Garcia, C. Jensen and **P. Wray**, Utah's Culture of Health. Robert Wood Johnson Foundation, Culture of Health Grant. 2019-2021. \$65,000. (Spending authority \$18,000).
- MacArthur, S., T. Keady, L. Narine, L. C. Jensen, **P. Wray**, and M. Sorensen, Opioid Prevention for Rural Utah Youth Through PROSPER. United States Department of Agriculture and the National Institute of Food and Agriculture. 2019. \$324,841 (Spending authority 0).
- Mitchell, A. and **P. Wray**, Expanding the Guiding Good Choices Program in San Juan County. Utah State Opioid Response. Utah Department of Human Services. 2019. \$39,085. (Spending authority 0).
- Simmons, R. and **P. Wray**, Promoting Economic Development on the Navajo Reservation. Partnership between San Juan County 4-H and the Dine Enterprise Education and Development course, American Express. 2019 \$51,325. (Spending Authority, \$15,000).
- Sulzer, S. and **P. Wray**, Partnership between Utah State University Extension and Blue Cross. Funded by Blue Cross. 2019. \$14,800. (Spending authority \$8,000).
- Sulzer, S., S. Prevedel, E. Madden, M.W. Voss, T. Keady, A. Yaughner, Translating Effective Opioid Harm Reduction and Wellness Training to Tribal and Rural Utah. Substance Abuse and Mental Health Services Administration (SAMHSA1H79TI081890-01. 2018. (Spending authority 0).
- MacArthur, S., D. Francis, and **P. Wray**, Teens Reaching Youth to Innovate Healthy Living in Utah, National 4-H Council/Walmart Foundation. 2018. \$86,000. (Spending Authority \$5,000).
- Nay, K. and **P. Wray**, National Rifle Association. 2018. \$6,297. (Spending authority, 0).

Internal Funding Awarded:

- Wray, P., T. Howard, B. Morrisroe, Teens Reaching Youth Mental Health 4-H Pilot Program. University of Idaho. 2023. \$6,950. (Spending authority \$6,950).
- Wray, P. and R. Wytsalucy. 4-H Clubs in San Juan County. Utah State University Extension 4-H. 2022. \$20,000. (Spending authority \$20,000).
- Wray, P. & R. Wytsalucy, 4-H Clubs in San Juan County. Utah State University Extension 4-H. 2021. \$20,000. (Spending authority \$20,000).
- Litchford, A., K. Allen, C. Jenkins, E. Timothy, E., and **P. Wray**, Increasing Access to Acceptable and Affordable Gluten-Free Baked Goods. Utah State University Extension Grant. 2021. \$7,250. (Spending authority 0).
- Scow, B., K. Hepworth, S. Krieger, T. Beddes, C. Jenkins, J. Hadield, D. Miner, D., **P. Wray**, J. Dallin, J. Hadfield, B. Mills, and C. Wille, Agventures with Terry Tomato Video Series. Utah State University Extension Grant. 2021. \$30,000. (Spending authority 0).
- Wray, P., T. Howard, J. A. Hadield, J. Dallin, and C. Ward Mental Health Literacy and Awareness for Rural Agricultural Youth Organizations. Utah State University Extension Grant. 2021. \$18,500. (Spending authority \$18,500).
- Wray, P. and R. Wytsalucy, 4-H Clubs in San Juan County, Utah State University Extension 4-H. 2020. \$20,000. (Spending authority \$20,000).
- Coombs, C., C. Meier, H. LeBlanc, L. Jimenez, S. Prevedel, **P. Wray**, A. Henderson, and C. Nelson, Thumbs Up for Healthy Choices Program Expansion: Improving Healthy Food Access and Program Sustainability in Utah's Rural Food Pantires. Utah State University Extension Grants. 2020. \$29,760. (Spending authority 0).
- Bolton, D. A. E., **Wray, P.**, C. Ward, C. Nelson, S. Sulzer, D. DasGupta, C. J. Dakin, B. J. Thompson, and M. Vierimaa, Pickleball for Sedentary Mid-Life Adults in Rural Utah. Utah State University Extension Grants. 2019. \$29,740. (Spending authority 0)

Internal Funding Awarded cont.

Wray, P. San Juan County Family and Consumer Science Programs. Utah State University Extension Grant. 2018. \$10,000. (Spending Authority \$10,000).
 2018 Merrill, C. & P. Wray. Food Safety of Low-Acid Pressure Canning in electric Programmable Pressure Cookers. Utah State University Extension Grants. 2018. \$8,400 (Spending authority 0).

In-kind and Industry Support:

Use of facilities. San Juan County Library. 2021. \$400.
 Use of facilities. USU Eastern Blanding. 2021. \$200.
 Use of facilities. Bluff Community Center. 2021. \$200.
 Use of facilities. USU Eastern Blanding. 2019. \$1,000.
 Use of facilities. San Juan County Library. 2018. \$400.
 Use of facilities. USU Eastern Blanding. 2018. \$1,800.
 Use of facilities. USU Eastern Blanding. 2017. \$1,230.
 Use of facilities. San Juan County Library. 2017. \$50.

SERVICE:**Major Committee Assignments:****Extension:**

University of Idaho Extension Advisory Committee, 2023
 Idaho 4-H Inservice Planning Committee, 2023
 Idaho 4-H STAC Steering Committee, 2023
 Utah State University Extension Faculty Search Committee Member, Grand County, 2021
 Utah State University Extension Food Preservation and Emergency Preparedness, Leadership 2020-2022
 Utah State University Extension Nutrition Working Group, Member, 2020-2022
 Utah State University Extension Health and Wellness 4-H Working Group, Member, 2019-2022
 Utah State University Extension State 4-H Horse Demonstrations, Facilitator, 2018-2019
 Utah State University Extension Grant Panel, Reviewer, 2018
 Utah State University Extension State 4-H Shop Smart Challenge, Facilitator, 2017

National:

National 4-H Positive Youth Development Academy Planning Committee, 2023

District:

Extension, Eastern District ZSuite Representative, 2023

County/Local:

Bonneville County 4-H Advisory Council, 2022-Present
 Bonneville County 4-H Family and Consumer Science Council, 2022-Present
 Bonneville County 4-H Horse Council, 2022-Present
 Bonneville County 4-H Livestock Council, 2022-Present
 Alpine 4-H Camp Board, President, 2023.
 San Juan County Prevention Action Collaboration Coalition Health and Wellness Subcommittee, Chairman, 2020-2021
 San Juan County Prevention Action Collaboration Coalition, Member, 2017-2022

Professional and Scholarly Organizations:

National Extension Association of 4-H Youth Development Professionals, 2017-present
 Idaho Extension Association of 4-H Youth Development Professionals, 2022-present
 Epsilon Sigma Phi, 2017-present
 Epsilon Sigma Phi: Theta Chapter, 2022-present

Secretary, 2023
National Extension Association of Family and Consumer Sciences, 2017-2022
Idaho Extension Association of Family and Consumer Sciences, 2022

Professional and Scholarly Organizations cont.

Utah Extension Association of Family and Consumer Sciences, 2017-2022
President, 2021
President Elect, 2020
Secretary/ Treasurer, 2019
Epsilon Sigma Phi, Utah Chapter, 2017-2022
Utah Extension Association of 4-H Youth Development Professionals, 2017-2022

Outreach Service:

Classes, Workshops, Seminars, Share Fairs and Tours Organized:

Bonneville County Volunteer Fair, Idaho Falls, Idaho, August, 2023.

Miscellaneous Extension Publications:

Bonneville County 4-H Newsletter:
Announcements about upcoming activities and need to knows, September-August 2022-2023.

Bonneville County Extension Newsletter:
Extension happenings, Distributed Quarterly, 2023

Webpages/Social Media:

Bonneville County Extension Facebook page, 2022-present.

Review Activities:

University of Idaho Extension Publishing, FastTrack reviewer.
2023, one publication.
Utah State University Extension FastTrack, Reviewer, 2019-2022

Community Service:

Youth Leader, Sandcreek LDS Ward, 2023

Service Honors and Awards:

Coalition Champion, San Juan Prevention Action Collaboration Coalition, 2019

PROFESSIONAL DEVELOPMENT:

Scholarship:

New Faculty Orientation, Moscow, Idaho, 2022
Extension Foundation Impact Collaborative, Virtual, 2021.
Program Planning and Evaluation Course, University of Florida, and Utah State University, Virtual, 2020.
Extension Impact Collaborative, Indianapolis, Indiana, 2018.
Utah State University Faculty Grant Writing Seminar, Virtual, 2017.
Tenure Academy, Virtual 2017

Outreach:

4-H Thriving Model Training, Idaho Falls, ID. 2023
University of Idaho Extension, Eastern District Fall Meeting, Swan Valley, ID. 2023
National Association of Community Development Professionals, Coeur' D' Alene, ID. 2023
University of Idaho Extension Annual Conference, Sun Valley, ID. 2023
University of Idaho Extension, Eastern District Spring Meeting, Pocatello, ID. 2023
Idaho Out-of-School Network, Library Resources for Out-of-School Professionals, Virtual, 2023.
Idaho 4-H Inservice, Boise, ID. 2022
Idaho Out-of-School Network, Continuous Quality Improvement, Virtual, 2022.
Idaho Out-of-School Network, Behavior Management, Virtual, 2022
National Extension Association of Family and Consumer Sciences, Virtual, 2021
National Extension Association of Family and Consumer Sciences Leadership Experience, Virtual, 2021.
Public Issues Leadership Development, Virtual, 2021.
Joint Council of Extension Professionals, Virtual, 2021.
National Association of Extension 4-H youth Development Professionals, Virtual, 2020.
National Extension Association of Family and Consumer Sciences, Virtual, 2020.
Joint Council of Extension Professionals, San Antonio, Texas, 2020.
Hawaii International Conference on Education, Honolulu, Hawaii, 2020.
Epsilon Sigma Phi, Colorado Springs, Colorado, 2019.
National Extension Association of Family and Consumer Sciences, Hershey, Pennsylvania, 2019.
Native American Nutrition Conference, Minneapolis, Minnesota, 2019.
Rural Stress Summit, Atlanta, Georgia, 2018.
Master Food Preserver Training, Richfield, Utah, 2018
Western 4-H Institute, Fort Collins, Colorado, 2018
National Agriculture in the Classroom, Kansas City, Missouri, 2017.